

# PERSONAL PRAYER FOR KIDS

# HOW TO PRAY



## **THANK**

Thank God for something.

1. Everyone in the family participates from the parents to the toddlers.
2. Keep it short. Begin by setting a timer for just 3 minutes. Eventually the 3 minutes can be extended to 5, then 7, etc.
3. Give everyone a battery-operated candle.
4. Tell them to find a place in the house. A toddler might need to sit next to Mom or Dad and be coached along quietly.
5. Follow the 5 steps. Talk to God silently.
6. Leave the rest up to God.



## **TELL**

Tell Him something you are excited about or worried about.



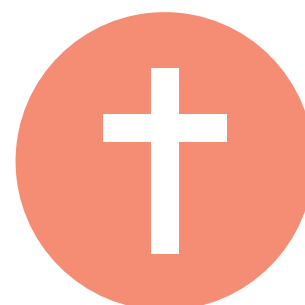
## **ASK**

Ask Him for something.



## **HUM**

If you still have time, hum a song about Jesus.



## **CROSS**

When you hear the timer, make the sign of the cross and say, "Amen."