

Lesson Plan, Grade 8 - Chapter 6

Catechist Background

Doctrinal Content

- The unity of our souls and bodies makes us who we are. As temples of the Holy Spirit, we need to take care of our souls like we take care of our bodies. (CCC, 364-365)
- Baptism and Confirmation strengthen us to be witnesses for Christ. (CCC, 1303, 1304)
- The Gifts of the Holy Spirit help us to live as faithful disciples. Opening our hearts to the Gifts of the Holy Spirit will help us grow into mature faith. (CCC, 1830-1832)
- The Church is both a visible, structured organization and the Mystical Body of Christ, in which the Holy Spirit lives uniting the Church, guiding her and each of us, and giving the community and each of us life. (CCC, 791, 1396)

Catechist Background

"The word you hear is not mine but that of the Father who sent me. I have told you this while I am with you. The Advocate, the holy Spirit that the Father will send in my name—he will teach you everything and remind you of all that (I) told you. Peace I leave with you; my peace I give to you."—John 14:24-27

Reflect How is the Holy Spirit leading you?

Jesus promised his disciples that he would send the Holy Spirit to guide and strengthen them as they began the mission of spreading his Good News throughout the world. Throughout the centuries the Holy Spirit has continued to guide the Church through the proclamations of Church councils, through defined infallible teachings, through the conscientious leadership of the popes and bishops, and through the inspired teaching of great theologians like Saint Augustine, Saint Catherine of Siena, Saint Hildegard of Bingen, Saint Thomas Aquinas, and Saint Therese of Lisieux. The guidance of the Holy Spirit has been a consistent source of comfort to the Church through some very stormy times.

It is amazing to think that God dwells in us, but he does. And it is this indwelling of the Holy Spirit in each of us, and in the Church as the Body of Christ, that makes it possible for us to believe and live our faith. The Holy Spirit sanctifies us and the Church, making us holy as he is holy, giving us gifts to grow in that holiness as we go about our daily work and family life. How we know that the Spirit is with us, uniting us, and helping us to be disciples: through his gifts of wisdom, courage (Fortitude), understanding, knowledge, right judgment (Counsel), reverence (Piety), wonder and awe (Fear of the Lord).

Reflect In what ways do the gifts of the Holy Spirit influence your catechetical ministry?

Catechist's Prayer

Holy Spirit, Giver of Life, you have guided and inspired the Church throughout the ages. Help me to be an honorable vessel for handing on the faith of our ancestors, the faith given to them by Christ. Amen.

Sharing the Message

How Eighth-Graders Understand Chapter Topics

Eighth-graders sometimes feel invincible, and are at a point in their lives when their quest for autonomy can lead them to consider risky choices. Remembering that we are a union of body and soul can help them appreciate that even when bad decisions don't harm our bodies, they can harm our souls. The Holy Spirit helps us grow to be the people God made us to be, but taking even a few steps down the wrong path can sometimes put us in a position in which it is difficult for us to find our way back.

Teaching Tip

One of the best ways you can make faith personal for the youth is to share your own journey of faith. What does being Catholic mean to you? What has helped you come to appreciate the Church? Remember, your purpose is not so much to get them to know your story as it is to help them begin to get in touch with their own.

Sharing the Message with Eighth-Graders

Young adolescents sense the Spirit through emotion and imagination more than through intellect.

- Eighth-graders understand and articulate everything through the lens of their own experience. It is important to help expand their experiences in ways that reflect the Gospel message.
- Remember, catechesis and evangelization go hand in hand; one can't be done in any meaningful way without the other. Make sure you consistently work to touch both the heads and hearts of the young people.

Chapter Connections

Tasks of Catechesis

Helping children grow in a faith that is "known, celebrated, lived, and expressed in prayer" (NDC, 20). This chapter focuses on the following tasks of catechesis:

- Promoting Knowledge of the Faith
- Liturgical Education

NCEA IFG: ACRE Edition

Knowledge of the Faith

- Objectives: To know the origin, mission, structure, and communal nature of the Church; to know the rights and responsibilities of the Christian faithful

Moral Formation

- Objectives: To recognize the centrality of evangelization as the Church's mission and identity embodied in vocation and service; to be aware of how cultures are transformed by the Gospel

Catholic Faith Literacy

Gifts of the Holy Spirit

Catholic Social Teaching

To integrate Catholic Social Teaching into your lesson, choose one of the following features: Life and Dignity of the Human Person, pages 334–335; or Solidarity of the Human Family, pages 344–345.

- Start the Live step of the process by talking about Blessed Cyprian Michael Iwene Tansi on page 124. Then move directly to the Catholic Social Teaching feature.
- Or, to expand the lesson, complete page 124, then move to the Catholic Social Teaching feature.
- Return to Chapter 6 for the prayer on page 125.

Music Option

- Use the following song to enhance catechetical learning or for prayer.
 - "Come, Holy Spirit," Live, Page 125

Catechist Instruction, Grade 8 – Chapter 6

Invite Page 115

Objective

- Reflect on God's personal invitation through Scripture

♥Let Us Pray

Invite the young people to gather in the prayer space and make the Sign of the Cross. Pray the leader prayer.

Invite a volunteer to read aloud the Psalm verse. Prompt the group's response.

Have the youth move from the prayer space back to their seats. Explain that we cannot hide from the presence of God. He is always present through the Holy Spirit.

Say: As the Church, we are temples of the Holy Spirit. God the Holy Spirit lives within each of us.

† Scripture

Guide children through the process of Scripture reflection.

Invite the young people to be still, close their eyes, and focus on their breathing.

Encourage them to open their minds and hearts to what God is saying to them.

- Proclaim the Scripture and have the youth sit in silence.
- Ask: What did you hear God say to you today?
- Allow volunteers to share.

► You may play instrumental music to begin the reflection.

Remember, this is a spiritual discipline that takes practice. The young people will grow in their capacity to sit in silence. Throughout the year, build to four minutes.

Have you ever thought...

Say: The Holy Spirit unites the Church, guiding her and giving her life.

- Invite the young people to respond to the questions.

Discover (1) Pages 118-119

Objectives

- Explain Paul's description of the body as a Temple of the Holy Spirit
- Relate the health of the body to the health of the soul

Teaching Activity: Body, Mind, and Spirit

Participants will hear Saint Paul's description of the body as a Temple of the Holy Spirit. They will work together in small groups to role-play different scenarios that show various ways that emphasize the connection between body, mind, and spirit.

Before the Lesson

Materials Needed

✦ Go to aliveinchrist.osv.com and download the Role-Play Scenarios handout, and Catholic Faith Words page
Bible, tape

Preparation

- Post the Catholic Faith Words page on the board for reference during the activity.
- Do an Internet search for images of temples in Jesus' time. Project the images of the temples on the board or wall.
- Select a reader to proclaim 1 Corinthians 19–20 and have him or her read it before the activity begins.

Activity Directions

Begin the activity by showing the group the images of different Temples during Jesus' time.

Say: King David had the idea that his son Solomon should build a "home" for God—a home for the Arc of the Covenant. The Arc was the sacred chest that contained the tablets of the Ten Commandments, manna from the desert and Aaron's rod. The Arc was the sign of God's presence amidst his People. It was the most sacred and revered article for the Israelites. The Arc sat inside the Holy of Holies—the inner sanctuary of the Temple. No one except a priest of Israel could enter the room. The Israelites came to offer sacrifice, their most important act of worship and praise, at the Temple. I want you to think about that as we hear these words from Saint Paul. Ask the reader to stand and proclaim 1 Corinthians 19–20 from the Bible.

Say: Saint Paul is teaching us that our bodies and souls are very sacred. Your soul is that individual, spiritual, everlasting part of you that needs the same kind of attention that you give to your body. Your body is also to be respected and revered. Your body and soul together make you who you are. Your body, mind, and soul are connected.

Distribute the Role Play Scenarios handout to the young people and ask them to organize themselves into five groups. Assign a scenario to each group and ask them to role-play it for the larger group. Give them a couple of minutes to prepare and one minute for each group to role-play their scenario for the larger group.

After each group presents their scenario, emphasize the connection between body, mind, and spirit.

Say: Like the Arc of the Covenant was held inside the most sacred part of the Temple, God's presence lives inside of you, and therefore inside of each person. By taking good care of your body, mind and soul and respecting others, you give praise and glory to God.

Discover (2) Pages 120-121

Objectives

- Examine how Baptism and Confirmation strengthen us to be Christ's witnesses
- Explore how the seven Gifts of the Holy Spirit help us to live as disciples

Point out the title and question and tell the youth that this is what they'll be learning about.

Food for the Soul

Read all three paragraphs in this section, giving the young people an opportunity to comment and ask questions.

The Gifts of the Holy Spirit

Invite a volunteer to read all of this section, which continues at the top of page 121.

Discuss how your parish celebrates Confirmation. If the young people are preparing for this Sacrament, give them an opportunity to share how they are being prepared.

Using the Gifts

Select seven readers to read aloud each of the seven Gifts of the Holy Spirit.

* Ask the youth to write one way they can use each of the Gifts in their lives right now.

† Scripture Background

Isaiah 11:1–5

The revelation of the Gifts of the Holy Spirit is rooted in the prophecy of Isaiah about the coming Messiah. These seven Gifts are the signs that the Messiah will be guided by the Spirit. The relation of these gifts to the Sacrament of Confirmation becomes clear when we remember that the word Messiah (Christos in Greek) means "anointed." Jesus was "anointed" and filled with the Holy Spirit at his baptism. At Confirmation we are anointed with the Holy Spirit.

Fullness of the Spirit

Invite a volunteer to read the opening paragraph.

- Ask the youth to respond to the question, "Why does your relationship with God need to deepen?" You may wish to record the responses on the board or on chart paper.

Have four volunteers read the bullet points naming why we need the Holy Spirit and his gifts. Review the rest of the text with the group.

- To capture responses to the question at the end of the page, create two lists on the board: one entitled "Ways to Become More Involved" and the other "Ways We Are Already Involved."

Activity

Read aloud the directions.

- Have the young people work in pairs to discuss situations and then role-play some of the ideas they came up with.

Quick Review

The Gifts of the Holy Spirit play an important role in our maturing as Christians. We all need to use these Gifts, just as we use other things we learn as we grow, in order for them to have a lasting impact on our lives.

Extend the Lesson

Use **Activity Master 6: Gifts Bear Fruit** to extend the lesson; it is not included in the timed estimate for this section of the Lesson Plan.

Discover (3) Pages 122-123

Objectives

- Describe the Mystical Body of Christ as an image of Church, which unites all believers
- Explain how the Holy Spirit animates the Mystical Body of Christ

A Temple Not Built by Human Hands

Organize the youth into small groups.

- Write on the board or on chart paper, "The Church is..." and ask each group to come up with their own response. Record the responses and discuss.

Ask a volunteer to read both paragraphs.

- Invite comments and questions.

What the Church Is

Say: The Church is the *Mystical Body of Christ*.

Read aloud the definition of *Mystical Body of Christ*.

Ask the youth to read the first two paragraphs in this section.

† Scripture Background

Ephesians 2:19–22

The Letter to the Ephesians is another Scripture concerned with our union with God and one another for now and all eternity. • Jesus is the cornerstone holding the entire structure together, creating a solid and unified “temple” where the Spirit dwells. • Ephesians is also known as a “captivity letter,” that is, written by Paul while he was in jail. • Some modern scholars believe this letter could also be written by an associate or later follower of Paul to apply Paul’s teachings to new situations in the early Christian communities.

† Scripture

Have a volunteer read 2 Corinthians 6:1 –18, which runs across both pages 122 and 123.

- Ask a volunteer to read the last paragraph on what the Church is.

The Spirit Leads Us Where We Would Not Go

Read aloud the paragraph in this section.

Activity

Invite a volunteer to share the activity instructions. • Work together as a group to brainstorm some ideas for ways to help in our neighborhoods.

In Summary

Read aloud the chapter’s key concept. • Have volunteers each read aloud one bullet point to summarize the main points of the lesson. • After each bullet is read, allow time for the young people to write one thing they want to remember from the point being made.

Live Pages 124-125

Objectives

- Create personal goals for respecting body and soul
- Explore the faith life of Blessed Cyprian Michael Iwene Tansi
- Offer the Prayer to the Holy Spirit

Our Catholic Life

Read aloud the Our Catholic Life information.

Impress upon the youth that part of our work as Catholics is keeping the Body of Christ healthy, too, by praying for her work in our communities and around the world; offering our time, talents, and money to continue that work; and celebrating God’s gifts to us.

People of Faith

Share with the young people that Pope Saint John Paul II praised Blessed Cyprian Michael Iwene Tansi for being “a prime example of the fruits of holiness.”

- Read aloud the People of Faith paragraph.
 - Review with the group the additional content in the People of Faith Background box.
- Invite the youth to reflect on the gifts that God has given to them.

Here are some additional details about Blessed Cyprian Michael Iwene Tansi to assist you in presenting this section:

- Share that Father Tansi was born in 1903 when Nigeria was still a British colony.
- During a visit to Nigeria in 1998, Pope Saint John Paul II beatified him, taking the first step toward Father Tansi’s canonization.
- Point out that Nigeria is about 50 percent Muslim, 40 percent Christian, and the other 10 percent are native religions.

Activity

Review the activity instructions with the group.

- Invite the youth to share their goal and action steps if they wish to do so.

Prayer to the Holy Spirit

♥ Select two readers. You will be the leader.

- Allow the group to review the group response.
- Gather the youth in the prayer space with their books.
- Follow the order of prayer on the prayer page.
- Pause for reflective silence at the end of the prayer.

► Conclude by inviting the young people to sing or reflect on the song “Come, Holy Spirit,” downloaded from **aliveinchrist.osv.com**.

Chapter Review

If you are using eAssessments, remind the young people that they will need to be completed by the due date. Feedback is important at this age. For the tool to be used effectively provide feedback to the young people about their work.

Chapter 6 Lesson Plan

Objectives	Process	Materials
Invite, 15 minutes		
Temple of the Holy Spirit Page 115	<ul style="list-style-type: none"> Psalm 139:7 Pray the opening prayer. John 14:24–27 Guide the youth through the process of Scripture reflection. • Discuss Have You Ever Thought questions. 	
Discover, 45 minutes		
Something More Pages 118–119 <ul style="list-style-type: none"> • Explain Paul’s description of the body as a Temple of the Holy Spirit • Relate the health of the body to the health of the soul 	<ul style="list-style-type: none"> • Teaching Activity Participants will work together in small groups to role-play different scenarios that emphasize the connection between body, mind, and spirit. 	<ul style="list-style-type: none"> Role-Play Scenarios, Catholic Faith Words <input type="checkbox"/> Bible <input type="checkbox"/> tape
Food for the Soul Pages 120–121 <ul style="list-style-type: none"> • Examine how Baptism and Confirmation strengthen us to be Christ’s witnesses • Explore how the seven Gifts of the Holy Spirit help us to live as disciples 	<ul style="list-style-type: none"> • Identify the Gifts and Fruits of the Holy Spirit. ★ Write one way to use each Gift of the Holy Spirit right now. • Activity The youth will role-play situations in which people their age rely on the Gifts of the Holy Spirit. • Activity Master Gifts Bear Fruit 	<ul style="list-style-type: none"> <input type="checkbox"/> pencils or pens <input type="checkbox"/> board or chart paper Activity Master 6
A Temple Not Built by Human Hands Pages 122–123 <ul style="list-style-type: none"> • Describe the Mystical Body of Christ as an image of Church, which unites all believers • Explain how the Holy Spirit animates the Mystical Body of Christ 	<ul style="list-style-type: none"> • Discuss some the plan the Holy Spirit has for the Church. Read 2 Corinthians 6:16–18. • Activity Brainstorm ideas for ways to help in the neighborhood. 	<ul style="list-style-type: none"> <input type="checkbox"/> pencils or pens <input type="checkbox"/> board or chart paper
Live, 15 minutes		
Our Catholic Life Page 124	<ul style="list-style-type: none"> • Discuss the question in the Our Catholic Life section. • People of Faith Learn about Blessed Cyprian Michael Iwene Tansi. • Activity Identify action steps for pursuing personal goals. 	<ul style="list-style-type: none"> <input type="checkbox"/> pencils or pens
Prayer to the Holy Spirit Page 125	<ul style="list-style-type: none"> • Select two readers. • Follow the order of prayer. 	<ul style="list-style-type: none"> “Come, Holy Spirit”

CATHOLIC FAITH WORDS

Temple of the Holy Spirit, character, Gifts of the Holy Spirit, Fruits of the Holy Spirit, Mystical Body of Christ

ASSESSMENT

Chapter Review, Page 126

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Name _____

Date _____

Gifts Bear Fruit

This activity is to be done in pairs.

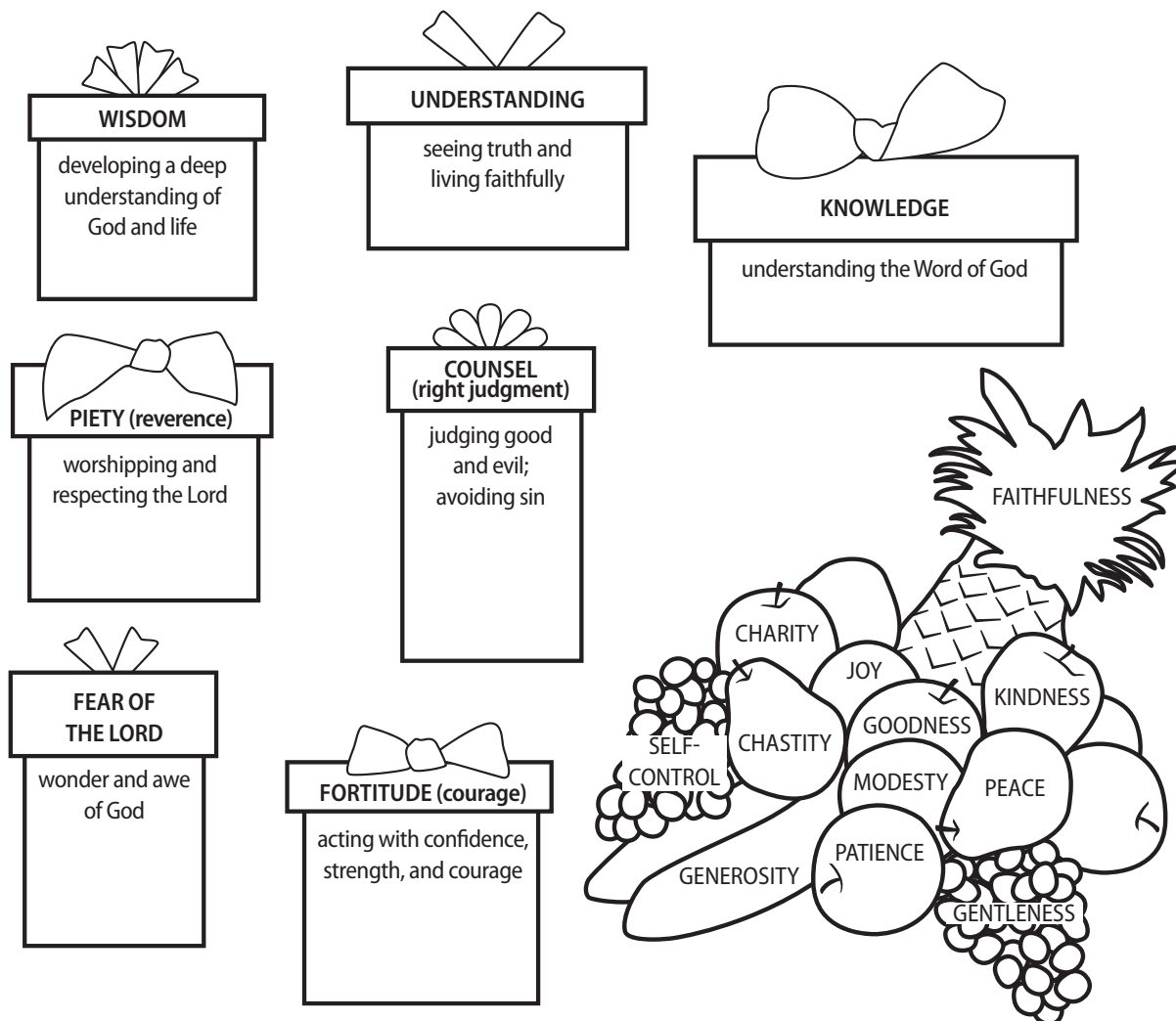
In each of the packages, you will find the name of a Gift of the Holy Spirit, along with a brief description of the Gift.

At the bottom of the page there is a picture that shows the Fruits of the Holy Spirit.

In each box, write the name of a person you know who best exemplifies each Gift and also list the Fruits that person exhibits.

If you see that you possess some of the Gifts, add your initials in the appropriate boxes.

When you both have completed this task, share two or three of the persons you named and why you picked them.



Date _____

1. We are first anointed with the Holy Spirit in Baptism, then again in _____.
2. In Baptism, we are marked with a permanent spiritual seal called a _____.
3. Your _____ is your spiritual principle that is an essential part of who you are.
4. The Church is the _____ Body of Christ because in her the Holy Spirit unites believers to Christ as one holy people.

5. ____ is the gateway into the life of the Holy Spirit.

a. Faith b. Jesus c. Ordination d. Baptism

6. The Church is both a structured organization of members and the ____.

a. mystery of Christ b. Body of Christ c. mission of God d. parish

7. Charity, joy, and peace are examples of the ____ of the Holy Spirit.

a. Fruits b. love c. Gifts d. strength

8. According to Paul, our bodies are temples of the ____.

a. Holy Spirit b. Mystical Body c. soul d. common Tradition of Christ

9. Describe the effect of Confirmation on one's relationship with God.

10. Explain this statement from Scripture: "... you are not your own. For you have been purchased at a price. Therefore, glorify God in your body."

Role Play Scenarios

1. You get a test back that you really prepared for but had a headache when you took it. You have to explain the grade to your mother who thinks you don't care about your grades.
2. Your coach is trying to tell you that you are missing "the spirit" in your dance even though all your steps are right. You think that doing the steps correctly is good enough.
3. You keep getting hives and the doctor can't figure out what the problem is. When you're talking to him he discovers that your family member has been diagnosed with cancer and figured out it is likely anxiety that is causing the rash.
4. You are telling your friend how angry you are with someone who didn't do what they promised to do. You reach for your high blood pressure medication and your friend asks you what the pills are for. You inform them that they are for your high blood pressure and your friend asks you to think about what your anger is doing to your body.
5. You are auditioning for a televised talent show and one of the judges tells you that while your voice is great you don't really sing with your heart.

Catholic Faith Words

Temple of the Holy Spirit the way Saint Paul describes how the Holy Spirit resides within the body.