

The Catholic Youth Bible[®]

Leader Guide



saint mary's press
touching hearts. enlivening minds.

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Welcome!

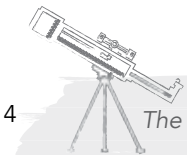
Welcome to the leader guide for the fourth edition of *The Catholic Youth Bible*® (*CYB*). This guide is designed to provide you with an array of tools to engage young people in their study of Scripture, to help them see the relevancy of Scripture to their own lives, and to walk with today's young people on their faith journey, all using the *CYB*.

In the pages that follow, you will learn about all of the exciting new features of this updated edition and how this *CYB* builds on the best of the previous editions. You will also be offered countless practical ideas and examples for using this Bible with youth in a way that will engage their minds and touch their hearts.

This guide is divided into six major sections:

- **Discover It!** provides a basic overview of the latest edition of the *CYB*, including detailed illustrations of the features and articles.
- **Pray It!** includes a deeper exploration of features and components of the *CYB* with tips and ideas to engage teens in prayer and reflection, as well as short articles to help them connect with and share their faith.
- **Study It!** focuses on the catechetical and academic resources in the *CYB* and provides suggestions to pursue any level of scholarship. Brief considerations of science and the Bible and biblical literacy round out the section.
- **Live It!** illustrates *CYB* articles that challenge and empower youth to see faith as a way of life and concludes with advice for engaging all youth.
- **Explore It!** provides sample lesson plans for studying current issues in light of Scripture.
- **Find It!** offers various indexes to help you locate exactly what you need in the *CYB*. This section might even help you identify materials you didn't know you needed but would be effective in your particular setting.

Each section of the leader guide points directly to the *CYB*, providing a powerful and comprehensive resource for all faith leaders and mentors. With the *CYB* in the hands of your youth and this leader guide in yours, you have all the tools you need to develop an encounter with Scripture that transforms hearts and minds.



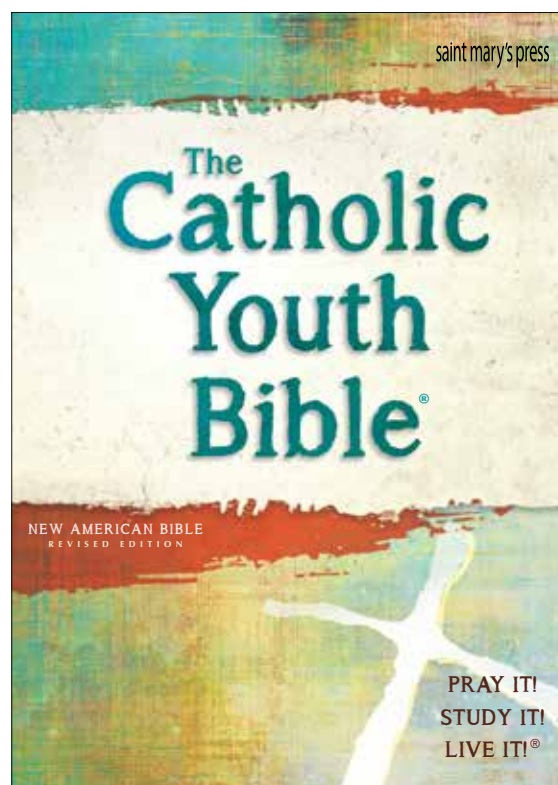
Meet the *New Catholic Youth Bible*®

The Catholic Youth Bible® was first published in 1999 and brought about a transformation for Catholic youth and youth leaders, helping millions interact with and understand Scripture in a whole new way. Modifications and improvements have been made with each subsequent edition to make sure the features and articles continue to inform, engage, and speak to the lives of contemporary youth. This fourth edition continues that tradition and provides articles, artwork, design, and other content that is current, relevant, and in touch with the experience of young people, providing a solid foundation in the midst of an ever-changing world. The *CYB* continues to be the very best Catholic Bible for youth to date!

The *CYB* is a study Bible with an incredible depth of information and background to assist any serious student of Scripture, but it is also designed for use as a personal Bible. The design and features were intentionally created to make this Bible as effective and cherished in the home and personal space as it is in the classroom. As the young people write in it, color in it, reflect in it, and highlight passages that are meaningful, the *CYB* becomes a companion for their unique journey of faith and a resource they can return to time and time again in the midst of their everyday lives.

For those familiar with previous editions of the *CYB*, diving in to this fourth edition will look and feel updated and modern. However, it will also feel a bit like meeting an old friend. Much of what you know and love about the *CYB* can still be found.

In this new edition, we've kept the best articles and features, but we've also added more and changed the look to be even more inviting and engaging. Explore the coming pages to see how the *CYB* can help you walk with the young people and truly engage them with Scripture on their journey of faith!



Explore the New Elements

Attractive and Engaging Color

One of the first things you will notice is that the new edition of *The Catholic Youth Bible*® is the full-color images and designs. Color offers a modern, eye-catching, exciting, and attractive way to bring the Bible to life. New images and designs found throughout are current, diverse, and reflective of the lives of today's youth.

Easy-to-Use Navigation

Genesis 2:1-26

26

Genesis

“...that from any of the trees in the garden?”² The woman answered the snake: “We may eat of the fruit of the trees in the garden; ³it is only about the fruit of the tree in the middle of the garden that God said, ‘You shall not eat it or even touch it; else you will die.’”⁴ But the snake said to the woman: “You certainly will not die!”⁵ God knows well when you eat of it your eyes will be opened and will be like gods, who know good and evil.”⁶ The woman saw that the tree was good for food and pleasing to the eyes, and the tree was desirable for gaining wisdom. So she took some of its fruit and ate it; and she also gave some to her husband, who was with her, and he ate it.⁷ Then the eyes of both of them were opened, and they knew that they were naked; so they sewed fig leaves together and made a loincloth for themselves.

your wife and ate from the tree about which I commanded you, You shall not eat from it,

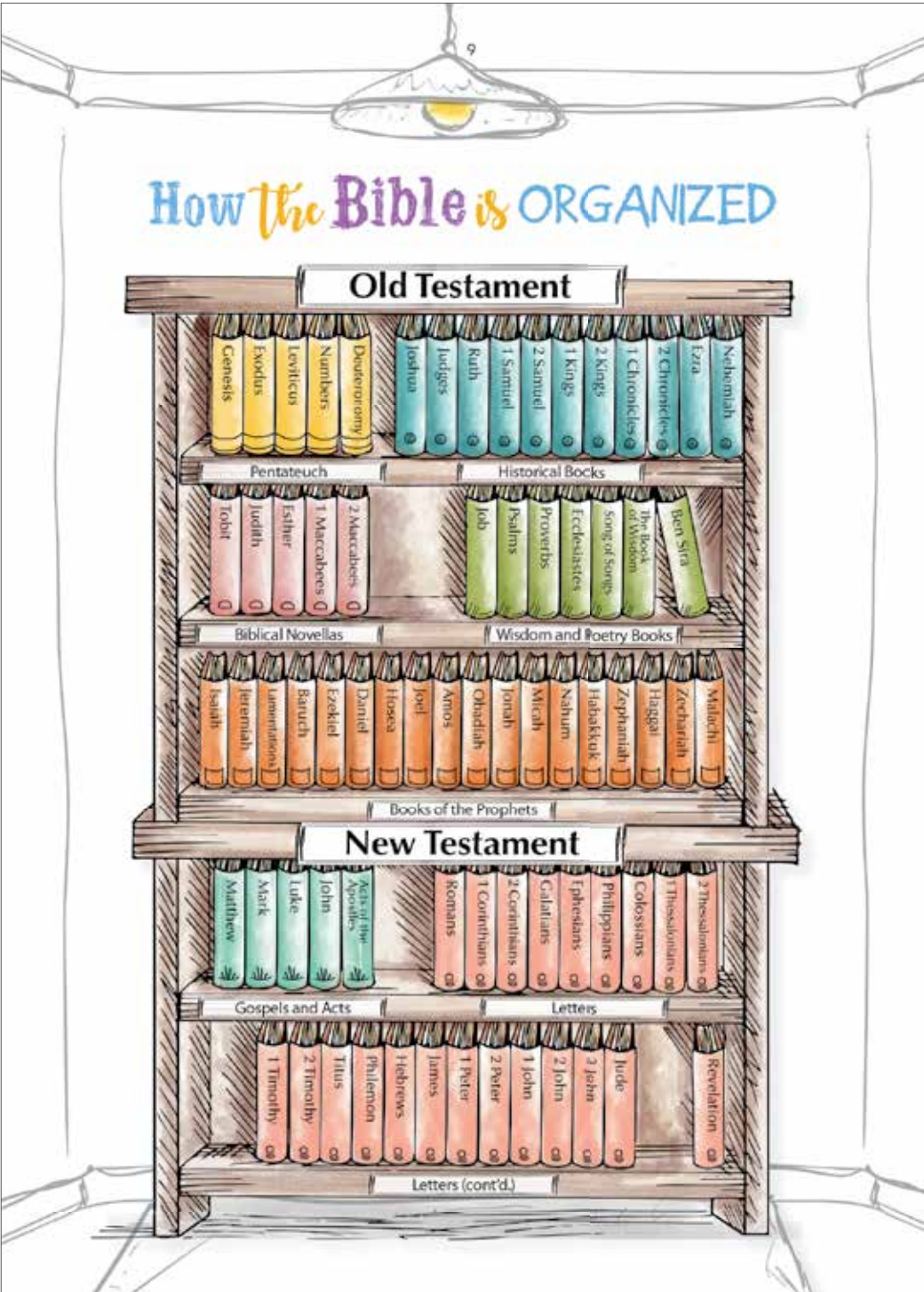
Cursed is the ground[†] because of you!
In toil you shall eat its yield
all the days of your life.²

A band of color at the bottom of each page indicates the particular section of the Bible (Pentateuch, Historical Books, etc.) it belongs to. The young people can look at a particular page and immediately connect the book to a particular section.

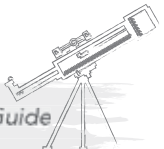
3:15 They will strike . . . at their heel: the antecedent for “they” and “their” is the collective noun “offspring,” i.e., all the descendants of the woman. Christian tradition has seen in this passage, however, more than unending hostility between snakes and human beings. The snake was identified with the devil (Wis 2:24; Jn 8:44; Rev 12:9; 20:2), whose eventual defeat seemed implied in the verse. Because “the Son of God was revealed to destroy the works of the devil” (1 Jn 3:8), the passage was understood as the first promise of a redeemer for fallen humankind, the protoevangelium. Irenaeus of Lyons (ca. A.D. 130–200), in his *Against Heresies* 5.21.1, followed by several other Fathers of the Church, interpreted the verse as referring to Christ, and cited Gal 3:19 and 4:4 to support the reference. Another

3:16 The man gives his wife a more specific name than “woman” (2:23). The Hebrew name *hawwa* (“Eve”) is related to the Hebrew word *hay* (“living”); “mother of all the living” points forward to the next episode involving her sons Cain and Abel.

3:17 Rev 12:9. **3:18** Rom 16:20; 1 Jn 3:8; Rev 12:17. **3:19** Gn 2:7; Jn 10:9; 3d 15; Ps 90:3; 103:14; Eccl 3:20; 12:7; Wis 15:8; Sir 10:9; 17:2; Rom 5:12; 1 Cor 15:21; Heb 9:27. **3:22** Gn 2:9; Rev 22:2, 14.



The bookshelf image on page 9 of the *CYB* is a new navigation tool that shows all the books of the Bible. Books are displayed in order and color-coded by section.







Connecting the Bible: Old Testament to New Testament

Another new feature of the fourth edition is this **Old Testament to New Testament** chart located at the beginning of the New Testament. This chart helps the youth understand that Christians read the Bible in a certain way—they recognize the New Testament as the fulfillment of the Old Testament. In this chart, important connections between the Old and New Testaments are made through various Scripture verses, helping the young people to fully explore this Christian understanding.

1228

The Relationship between the Old and New Testaments

Christians understand the Old Testament as preparing us for the coming of Jesus Christ. The authors of the New Testament incorporated Old Testament texts in their writings to demonstrate how this is seen. Below are some of the passages that are connected in the Old Testament and the New Testament. What other connections between the Old and New Testaments can you identify as you read through the Bible?

From the House of David	Born of a Virgin	Ruler of Israel to Come from Bethlehem	Wise Men
			
Old Testament Isaiah 11:1-7 "A shoot shall sprout from the stump of Jesse, / and from his roots a bud shall blossom" (verse 1).	Old Testament Isaiah 7:14 "The Lord himself will give you a sign; the young woman, pregnant and about to bear a son, shall name him Emmanuel."	Old Testament Micah 5:1-5 "But you, Bethlehem . . . / From you shall come forth for me / one who is to be ruler in Israel" (verse 1).	Old Testament Isaiah 60:1-6 "The wealth of nations shall come to you . . . / bearing gold and frankincense, / and heralding the praises of the Lord" (verses 5-6).
New Testament Matthew 1:1-17 "The book of the genealogy of Jesus Christ, the son of David, the son of Abraham" (verse 1).	New Testament Luke 1:26-38 "The angel Gabriel was sent from God to a town of Galilee called Nazareth, to a young woman" (verse 26).	New Testament Luke 2:1-14 "And Joseph too went up from Galilee from the town of Nazareth in Judea, in the month of December" (verse 1).	New Testament Matthew 2:1-12 "When Jesus was born in Bethlehem of Judea, in the days of King Herod, certain Magi from the East" (verse 1).

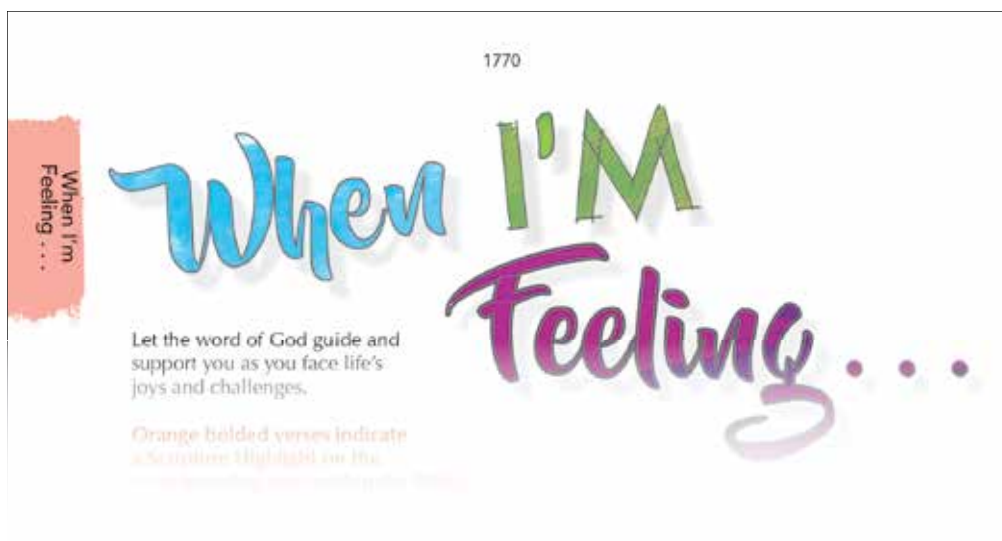
Ways to Explore the Bible

Reading plans that speak to the lives and experience of youth are located in the back of the Bible. All are designed to help teens read the *CYB*, especially teens (and leaders!) who aren't sure where to start. Each reading plan is different in scope and focus and is designed with the interests of youth in mind.



Find the Perfect Verse

The **When I'm Feeling** . . . section (p. 1770 *CYB NABRE* or p. 1554 *CYB NRSV*) is designed to help the teens connect their life experiences and emotions to Scripture. Each list centers around a specific topic or emotion and offers Scripture verses that relate or respond to that particular situation.



The Challenge Feature

The Challenge feature is an all-new feature that was added to provide engaging and practical ways for young people to live out their faith in their everyday lives. This feature connects Scripture messages and themes to action items, which can be approached individually or communally. And the Challenges can be done again and again, inviting reflection on the experience of faith in action a second or third time around. This feature provides invaluable opportunities for growth, experience, reflection, and expression of lived faith.!

Challenge themes highlight the specific focus.

Brief reflections provide insights on how Scripture calls us to action.

Scripture references tie the Challenge feature to a specific passage in the Bible.

Genesis

CHALLENGE

BE A BLESSING

Keeping a positive, upbeat attitude can be hard, but if we shift focus from our personal success and happiness to being a blessing to someone else, the impact can be amazing.

Genesis 12:2

TAKE ACTION!

- Be Affirming:** When others are trash-talking someone behind their back, join in the conversation, but do so by pointing out all the good qualities of that person.
- Create a List:** Make a list of seven people and identify one thing you will do to be a blessing for each person this week.
- Find the Positive:** Identify one person outside your circle of friends and say something positive about that person every day this week.

Circles in front of each step allow the young people to check off an action idea when they have completed it.

Take Action presents practical ideas that call the youth to bring the Scripture focus to life.

Discover Familiar Elements with a Fresh Look

Making the Connections: Articles

The articles found within *The Catholic Youth Bible*®, which serve as the hallmark of this Bible's depth of content, background, and appeal, are still present in this new edition. However, each article has been updated with color and a new design, and has been revised to ensure that it speaks to current events and experiences of young people. Additionally, some of the articles from previous editions have been categorized under new headings that speak more directly to the articles' focus. The three new categories of articles are Searching for God, Growing in Faith, and Who Is My Neighbor? The Catholic Connection and Did You Know? articles have retained the same titles. Within each category of articles, you will find opportunities for prayer, ideas for living faith, and ways to learn important information that helps bring Scripture to life.

Catholic Connection

Catholic Connection articles illustrate the relationship between the Bible and many Catholic Christian beliefs and practices, including the seven principles of Catholic social teaching and connections to the *Catechism of the Catholic Church*.

Did You Know?

Did You Know? articles provide background from biblical scholars to help explain the culture and traditions of biblical times, or the Church's interpretation of certain passages.

SEARCHING for GOD

Searching for God articles help youth learn more about who God is, what God's message is, and what a relationship with God can be.

GROWING IN FAITH

Growing in Faith articles apply the Bible's messages to relevant questions and situations youth may be facing now or will face in the future.

WHO is my NEIGHBOR?

Who Is My Neighbor? articles encourage the youth to explore their connection and responsibility to others.



Finding Other Favorites

Much of the study material you have come to know and love in the *CYB* can be found in this new edition. Each piece has been redesigned with a fresh, new look, and some have been moved to a new place within the Bible for easier navigation and use.

Being Catholic

Materials that present Catholic prayers, teachings, and understandings of concepts found throughout the *CYB* have been combined into one section in the fourth edition. The Being Catholic section examines core beliefs, attitudes, practices, spirituality, and prayers that are central to the Catholic way of seeing and understanding the world around us. Principles of Catholic social teaching, the liturgical year, understanding revelation, and much more create a section that is comprehensive in helping youth understand and embrace what it is to be Catholic.

Navigating Tools

Familiar features that help youth navigate the Bible remain in the fourth edition. The table of contents remains in the front, listing the books of the Bible in order and dividing them by sections. The alphabetical table of contents has been moved from the back to the front, next to the biblical order table of contents for easy referencing.

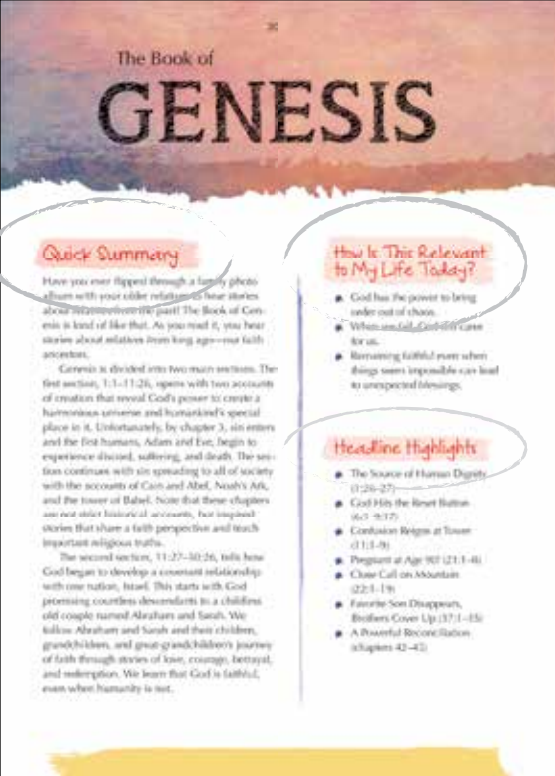
Other Study Tools

Other familiar yet redesigned resources remain in the *CYB*, including the following:

- Section introductions offer important and helpful background about a particular section of biblical books.
- Book introductions provide basic and youth-friendly background and connections. Located at the beginning of most books of the Bible, each book opener includes a **Quick Summary** of the particular book, several points under **How Is This Relevant to My Life Today?** that help the youth understand how the book is related to their lives, and **Headline Highlights**, which provide a quick overview of some of the key sections within the book using eye-catching and playful headlines (see the example).



- Maps help provide visual understanding of key biblical places. These are now located in front of the books with which they correspond (the Historical Books, Gospels, and Acts of the Apostles).
- Praying with the Psalms offers ideas for prayer, and is now located in front of the Book of Psalms. The feature has been expanded to include lists to help the young people find a psalm for the many events and feelings that they experience frequently.
- The Gospel comparison chart looks at the four Gospels and explores similarities and differences. This is now positioned in front of the Gospels for easy reference.
- A liturgical calendar explains the liturgical year and provides the Sunday readings for all three cycles of the Church year.
- A glossary and an index offer key terms and definitions and an easy way to find key topics. This is located in the back of the CYB.
- The Overview of Salvation History presents an overview of the key time line events of salvation history. It has been redesigned and now includes images.
- A time line of important events and biblical time periods provides a visual time line of biblical history. This remains in the back of the CYB, but it has been expanded to include important world events to help the teens place the Bible in a larger historical context.



Quick Summary

Have you ever flipped through a family photo album with your older relatives to hear stories about important events in the past? The Book of Genesis is kind of like that. As you read it, you hear stories about events from long ago—our faith ancestors.

Genesis is divided into two main sections. The first section, 1:1–11:32, opens with two accounts of creation that reveal God's power to create a harmonious universe and humankind's special place in it. Unfortunately, by chapter 3, sin enters and the first humans, Adam and Eve, begin to experience division, suffering, and death. The section continues with sin spreading to all of society with the accounts of Cain and Abel, Noah's Ark, and the tower of Babel. Note that these chapters are not alone historical accounts, but inspired stories that share a faith perspective and teach important religious truths.


The second section, 11:32–50:26, tells how God began to develop a covenant relationship with one nation, Israel. This starts with God promising countless descendants to a childless old couple named Abraham and Sarah. We follow Abraham and Sarah and their children, grandchildren, and great-grandchildren's journey of faith through stories of love, courage, betrayal, and redemption. We learn that God is faithful, even when humanity is not.

How Is This Relevant to My Life Today?

- God has the power to bring order out of chaos.
- When we call on God, He can save for us.
- Remaining faithful even when things seem impossible can lead to unexpected blessings.

Headline Highlights

- The Source of Human Dignity (1:26–27)
- God Hits the Reset Button (6:5–7:12)
- Confusion Reigns at Tower (11:1–9)
- Pregnant at Age 90? (21:1–4)
- Close Call on Mountain (22:1–18)
- Favorite Son Disappears, Brothers Cover Up (37:1–45)
- A Powerful Reconciliation (42:1–47)



Preamble: The Creation of the World

The Story of Creation:

1 In the beginning, when God created the heavens and the earth—¹and the earth was without form or shape, with darkness over the abyss and a mighty wind sweeping over the waters—²

³Then God said: Let there be light, and there was light.⁴ God saw that the light was good. God then separated the light from the darkness. God called the light "day," and the darkness he called "night." Evening came, and morning followed—that was the first day.

⁵Then God said: Let the water under the sky be gathered into a single basin, so that the dry land may appear. And so it happened: the water under the sky was gathered into its basin, and the dry land appeared.⁶ God called the dry land "earth," and the basin of water he called "sea." God saw that it was good.⁷ Then God said: Let the earth bring forth

11–23 This section, from the Hebrew source, functions as an introduction, as script stories of the origin of the world (convergences) often did. It introduces the personal story (24–50:26), the stories of the ancestors (11–50:26), and the story of the Patriarchs. The chapter highlights the goodness of creation and the divine desire that human beings share in that goodness. God brings us orderly universe out of primordial chaos merely by sharing a word. In the binary structure of the day, the creation events in the first three days are related to those in the second three.

1. light (day) before night = 4. sunrise
2. arrangement of water = 5. life—brought from waters
3. of dry land = 6. of animals
7. vegetation

The seventh-day sabbath, God's day, the time of the account, falls outside the six-day structure. God made the earth for his use always intended. In the beginning God created the heavens and the earth. Several comparable periods (convergences), described in sacred times, have a "year," "day," "month," "week," or "season" (Genesis 1:5, 8, 12, 16, 19, 22, 23, 25, 28, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100).

Encourage Youth to Personalize the Bible

One of the unique aspects of *The Catholic Youth Bible*® is its invitation to physically interact with the Bible and personalize this new edition. The intentional design includes opportunities for the youth to put pen to paper as they explore and reflect on their faith. They can write, draw, color, reflect, highlight, journal, and question. They can add photos, sticky notes, significant items, quotes, or anything that speaks to them in this Bible, allowing it to become a more personal part of their life.

Scripture Highlight

Beautifully designed images of powerful Scripture verses are included throughout the *CYB*, inviting the young people to reflect on a various inspirational passages (a complete list of verses can be found on page 112 of this guide). The teens might even wish to add color to the design to make it a unique reflection of themselves.

The inside cover also presents the opportunity for personalization and reflection, as the youth may wish to color in phrases that illustrate key biblical principles.



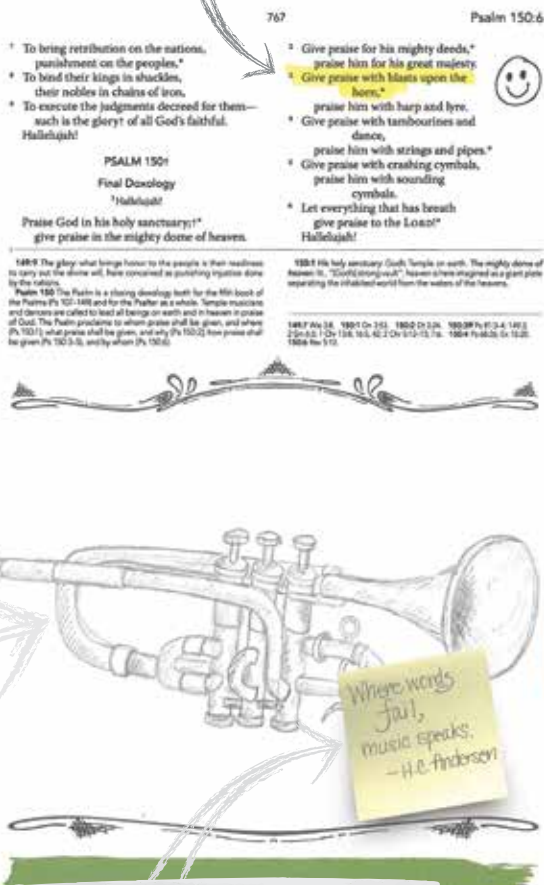
Margins and White Space

Margins and white spaces throughout the *CYB* and are ideal spaces for the youth to include reflections, meaningful quotes, and other insights that help connect the Scripture to their lives. Large areas of white space, specifically found at the end of many of the books of the Bible, offer additional space for longer journal-type reflections or prayers.

As a leader, you can encourage and model personalization by engaging with the *CYB* yourself. Personalize, interact with, and reflect in your own copy, and you will gain new insights into how this might be used even more effectively with the young people.

write

highlight



draw

sticky notes

It's All Here!

The *CYB* will be an important companion for all youth who seek to know God and enter into God's word as a scholar or a seeker. Familiarize yourself with the all-new edition by flipping through the pages, engaging with some of the features, and praying with it. The next section of this leader guide offers ideas and tips on how to best utilize the new *CYB* and its features in your setting. Examples are provided so that you can start using the *CYB* with your young people today!





The Bible presents countless people, miraculous moments, epic sagas, world-changing events, and stories of faith and failure. There is so much to learn about the Bible that we often see it as something only to study rather than something we can also use for prayer.

The fourth edition of *The Catholic Youth Bible*® includes multiple elements that engage young people directly in prayer. By giving youth different opportunities and experiences of prayer with the Bible, we can plant seeds for a developing practice of personal prayer that includes reflection on Scripture and its value for life. The **Pray It!** section of this leader guide includes the following areas of focus:

- **Pray with the Bible** offers ways to encourage and nurture personal and communal prayer with the *CYB*.
- **Encourage Personal Reflection** illustrates the many tools in the *CYB* that can encourage introspection during quiet moments.
- **Help Teens Connect with the Bible** examines how to help the youth find Scripture relevant to their own lives.
- **Prepare Young People to Share Faith with Scripture** explains some faith-sharing techniques using material in the *CYB*.

Pray with the Bible

For many people, it is easy to see prayer as something that Catholics do on Sundays at Mass. A key element of a mature faith life is the practice of personal prayer. The latest edition of *The Catholic Youth Bible*® offers many resources to meet the prayer needs of young people, regardless of where they are on their faith journey, and to help develop the practice of personal prayer.

Sunday Readings

A chart of Sunday readings is located in the back of the *CYB* (p. 1736 *CYB NABRE* or p. 1318 *CYB NRSV*) to help the young people make the important connection between liturgy and the Bible. The following suggestions are just a few of the ways you can help encourage the teens to use the Sunday readings as a part of prayer. (To identify the coming Sunday in the liturgical cycle, see the daily reading calendar on the USCCB website.)

- **Personal Reflection:** Invite the teens to read (aloud or quietly) the readings for the coming Sunday and lead them in reflection, identifying themes or relevant questions.
- **Lectio divina:** Lead a *lectio divina* session on the gospel passage for the coming weekend. See page 1732 of the *CYB NABRE* or page 1514 of the *CYB NRSV* for a step-by-step process and example.
- **Preparing the Homily:** Ask the youth: “If you were giving the homily on these readings, what would you say? What do the readings have to say to people your age?” Divide the large group into smaller groups and ask each group to write a prayer to conclude the homily. After the groups have completed their prayer, play some reflective music and invite each group to read their prayer aloud.
- **Other Tips:** See other suggestions and tips for praying with the Bible on page 1731 of the *CYB NABRE* or page 1513 of the *CYB NRSV*. Direct the young people to these pages and incorporate some of these tips into your gatherings.



Praying with the Psalms

The Psalms provide a wealth of prayer resources, as they convey almost every imaginable human emotion as prayer. The Praying with the Psalms section, found at the beginning of the Book of Psalms, offers an overview of different types of psalms as well as a guide for finding a psalm to express specific emotions or life situations. A list has been included to help the teens find a psalm to give voice to whatever they are feeling at the moment—joy, gratitude, frustration, disappointment, or anger. Other lists also help the youth find just the right psalm if they are encountering a particular experience, seeking or needing something, or just thinking about some general issues of faith. Use some of the following suggestions to introduce the young people to this prayer resource, and they will return to it time and time again.

- **Pray Your Feelings:** Begin a gathering by asking the youth to write down three words to describe how they are feeling at that moment. Then invite them to turn to the Praying with the Psalms section and identify one word or phrase from the different lists that most closely resembles what they just wrote down. Invite each young person to select a specific psalm listed for that phrase, locate it in their Bible, and write their three words in the margin next to it. Conclude by inviting each young person to quietly read and reflect on that psalm.
- **Pray the Sunday Psalm:** Identify the Psalm for the coming Sunday, and invite the teens to find that psalm in the Bible. Direct them to underline or highlight the phrase in the psalm that is the congregational response. Then ask them to read and reflect on the psalm quietly. Facilitate a discussion asking about emotion or tone or imagery in the psalm. Conclude by having the group pray the psalm aloud together. Note that some of the psalms are long. If the psalm for the coming Sunday is long, either use part of it or divide the group into two for the concluding prayer and have them alternate reading stanzas.
- **Pray the Liturgical Season:** Many liturgical seasons have specific psalms associated with them. Psalm 25, for example, is a common psalm for Advent, while Lent emphasizes the seven penitential psalms (Psalms 6, 32, 28, 51, 102, 130, and 143). Choose a psalm for each liturgical season, and begin every gathering by inviting your group to pray that psalm. Invite the teens to underline or highlight one significant word or phrase in the psalm each time you pray it. Encourage them to be attentive to the liturgical season by praying this psalm every day at home.



- **Pray a Challenge:** Select one of the six Challenges that center around a psalm (those near Psalm 22, Psalm 34:19, Psalm 47:8–9, Psalm 104:5, Psalm 133:1, and Psalm 139:13). Encourage the teens to complete the action steps listed in the challenge. Provide supplies and make any necessary arrangements. When one or more action steps have been completed, invite the young people to write a short prayer—in the Bible or near the Challenge itself—about their experience.

Being Catholic

“Being Catholic” is not just a label that describes what we do on Sunday mornings. Being Catholic is a worldview and a way of life. The *CYB* offers extensive material on this Catholic worldview in the Being Catholic section (p. 1716 *CYB NABRE* or p. 1498 *CYB NRSV*). Help the youth to recognize the Catholic vision by engaging in some of our most common traditional prayers and practices. Here are several suggestions to help the teens learn to pray in the Catholic tradition.

- **Pray Daily:** Invite the young people to find the Core Spirituality and Prayers section (p. 1724 *CYB NABRE* or p. 1506 *CYB NRSV*). Invite each youth to identify one prayer that speaks to them and to identify a specific time each day they will say that prayer (morning, evening, before meals, etc.). Have each teen design a bookmark using an index card. Tell them to include the name of the prayer, the time they will pray it, and the text of 1 Thessalonians 5:16–17 (“Rejoice always. Pray without ceasing.”) Invite them to put their bookmark in the page with the prayer on it.
- **Pray throughout the Year:** Pick a prayer from the Core Spirituality and Prayers section (p. 1724 *CYB NABRE* or p. 1506 *CYB NRSV*), and have the youth pray it together before every gathering for the entire school year. Spend one gathering early in the year reflecting on the prayer, discussing it line by line and asking the young people to underline or highlight phrases that speak to them. Encourage them to memorize the prayer as the year progresses, and invite them to sign one another’s Bibles at the end of the school year.



-  **Pray in a New Way:** Pick a traditional prayer, and arrange the teens into small groups. Challenge each group to rewrite the prayer, holding true to the idea and focus of the prayer, but using current images and words. Have them write the “new” prayer in their Bibles next to the traditional one. The groups could also put together a short video or digital presentation with music and images to accompany the prayer. Share the videos on parish or school social media accounts or post on a school, parish, or group website.
-  **Pray on Specific Days:** Gather on specific feast days of the Church year and make prayer the focus of the day. For example, gather on one of the Marian Feasts and lead a reflection on the Hail Mary. Begin by having the group turn to the Hail Mary and pray the prayer aloud together. Then have everyone read Luke 1:26–45. Invite the youth to underline or highlight phrases from the Hail Mary in the Gospel passage. Lead a reflection on the faith and courage of Mary. Then direct the young people to write a brief prayer to Mary in their Bibles, next to the Hail Mary. Conclude by directing the group to the Challenge feature found near Luke 1:42, and invite them to embrace the intercession challenge during the coming week.



Challenge

Many of the Challenge features focus on prayer or have steps that involve prayer. Identify Challenges that will strengthen the prayer lives of youth, and present those Challenges over the course of the year, or on a time line that best fits your program. Here are some examples:

- **Embrace Proverbs:** Present the challenge located near Proverbs 1:2. Begin each gathering for an entire month by asking the youth to share their experiences and the sayings they have highlighted during the previous week. Conclude the month by asking the group to write their favorite proverb on the Challenge page (see below) and share the verse on social media.

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CHALLENGE

Proverbs 1:2

EMBRACE PROVERBS

There are thirty-one chapters in the book of Proverbs, each full of wise words of advice that are still relevant today.

TAKE ACTION!

- ✓ 1 Commit one month to reading one chapter of Proverbs every night. Highlight the saying in each chapter that is most significant for you.
- 2 Share with other people the sayings you have highlighted and tell them why these sayings are so important for you.
- 3 Commit to honoring the advice from Proverbs. Identify one thing you can do differently to make that proverb part of your daily life. Write it on a sheet of paper, fold it and put it in your wallet or purse. As Jesus said, "Where your treasure is, there also will your heart be" (Matthew 6:21).

Trust in the LORD with all your heart!

17 In vain a net is spread
right under the eyes of any bird—
18 They lie in wait for their own blood,
they set a trap for their own lives.
19 This is the way of everyone greedy for loot:
it takes away their lives.

Wisdom in Person Gives a Warning†

20 Wisdom cries aloud in the street,
in the open squares she raises her voice;†
21 Down the crowded ways she calls out,
at the city gates she utters her words:
22a "How long, you naive ones, will you love
your own words, and hate my voice?"

23 How long will you turn away at my reproof?
[The arrogant delight in their arrogance,
and fools hate knowledge.]
Lo! I will pour out to you my spirit,
I will acquaint you with my words:
24 "Because I called and you refused,
extended my hand and no one took notice;"
25 Because you disdained all my counsel,
and my reproof you ignored—
26 I, in my turn, will laugh at your doom;
will mock when terror overtakes you;
27 When terror comes upon you like a storm,
and your doom approaches like a whirlwind;
when that terrible tumult will come upon you!"

- **Make It Sacred:** Use the Challenge located at Leviticus 23:3 at the beginning of your program. Check in monthly with the teens to see if they have found a sacred space and a weekly prayer time. Lead a discussion about sacred space and the place they go to find God. Invite them to write their personal weekly time on the page or track in their Bibles the dates they attended Mass.

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CHALLENGE

Leviticus 23:3

MAKE IT HOLY

The Sabbath is a time to rest, pray, and focus on God. But how do we honor the Sabbath in the midst of our busy lives? How do we find time to embrace the holy?

TAKE ACTION!

○ **Find Sacred Space:** Identify a comfortable space in your church or school chapel, or create a special prayer and reflection space in your home. Commit to spending a few quiet moments in this sacred space once a week for a month.

✓ **Create a Weekly Time:** Dedicate time for yourself once a week to reflect on how you have seen God in the last seven days. Say a prayer of thanks for all the good you have experienced that week. Name the good!

○ **Be Intentional:** Commit to getting yourself and a friend to Mass every Sunday. Arrive 5 minutes early or stay 5 minutes late, and spend time simply resting with God in prayer.

Leviticus

Thursday nights after I finish my homework

⁹*The LORD said to Moses: ¹⁰Speak to the Israelites and tell them: When you come into the land which I am giving you, and reap its harvest, you shall bring the first sheaf of your harvest to the priest, ¹¹who shall elevate* the sheaf before the LORD that it may be acceptable on your behalf.* On the day after the sabbath† the priest shall do this. ¹²On this day, when your sheaf is elevated, you shall offer to the LORD for a burnt offering an unblemished yearling lamb. ¹³Its grain offering shall be two tenths of an ephah of bran flour mixed with oil, as a sweet-smelling oblation to the LORD; and its libation shall be a fourth of a hin of wine. ¹⁴You shall not eat any bread or roasted grain or fresh kernels until this day, when you bring the offering for your God. This shall be a perpetual statute throughout your generations wherever you dwell.

occasions were probably separate originally. Combined they celebrate the exodus from Egypt. Cf. Ex 12:1-20, 43-49; Nm 28:16-25.

^{23:9-14} Around Passover a first fruits offering is to be brought (see 2:14), consisting of a sheaf of barley, the crop that matures at this time of year.

^{23:11} Day after the sabbath: the singular term sabbat "sabbath" may mean "week" here and refer to the seven-day period of the feast of Unleavened Bread. According to this interpretation, the barley sheaf is offered the day after the week of Unleavened Bread. Others understand it as referring to the first or last day of Unleavened Bread.

Pentecost.

¹⁵Beginning with the day after the sabbath, the day on which you bring the sheaf for elevation, you shall count seven full weeks;* ¹⁶you shall count to the day after the seventh week, fifty days.* Then you shall present a new grain offering to the LORD. ¹⁷For the elevated offering of your first-ripened fruits to the LORD, you shall bring with you from wherever you live two loaves of bread made of two tenths of an ephah of bran flour and baked with leaven. ¹⁸Besides the bread, you shall offer to the LORD a burnt offering of seven unblemished yearling lambs, one bull of the herd, and two rams, along with their grain offering and libations, as a sweet-smelling oblation to the LORD. ¹⁹One male goat shall be sacrificed as a purification offering, and two yearling lambs as a communion sacrifice.

^{23:16-21} Fifty days: Pentecost. This festival occurs on a single day, fifty days after the feast of Unleavened Bread, elsewhere called the "feast of the Harvest" (Ex 23:16), "Day of First Fruits" (Nm 28:26), and "feast of Weeks" (Ex 34:22; Dt 16:10, 16). The name Pentecost comes from the later Greek term for the holy day (cf. Acts 2:1; 20:16; 1 Cor 16:8), referring to the fiftieth day. This is the occasion for bringing the first fruits of the wheat harvest.

^{23:11} Lv 7:30. ^{23:11} Dt 26:2. ^{23:15} Ex 23:16; 34:22; Nm 28:26-31; Dt 16:9-12. ^{23:16} Acts 2:1.

- **A Seasonal Prayer Challenge:** During Lent, share the Challenge found near 1 John 1:9. Begin the season with a communal conversation about habits that can keep people from God and then present the Challenge. Direct the young people to the Act of Contrition found in the Being Catholic section (p. 1728 *CYB NABRE* or p. 1510 *CYB NRSV*) and have them write the page number directly on the Challenge in their Bible. Continue to lead the youth in prayerful reflections during the season by posting daily Scripture verses or stories about God's mercy on your organization's social media accounts or website. For some possibilities, see suggestions for "confession of sin" in *Praying with the Psalms* (p. 666 *CYB NABRE* or p. 599 *CYB NRSV*) or the *When I'm Feeling . . .* lists (p. 1770 *CYB NABRE* or p. 1554 *CYB NRSV*). Include Bible passages of forgiveness as well, such as David and Bathsheba, Jonah, and stories from the gospels. Support the prayer challenge by offering a session on the Sacrament of Penance and Reconciliation and make arrangements for the youth to receive the sacrament. Invite the teens to write their prayer for forgiveness or about their feelings after receiving absolution in their Bibles (see below). Conclude the Challenge as the Easter season begins.

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CHALLENGE

1 John 1:9

ACKNOWLEDGE YOUR SIN

Acknowledging sin can be very difficult, but it can help bring us out of the darkness and into God's light. Nothing we have done is beyond God's forgiveness.

free TAKE ACTION! loved

- **Ask for God's Forgiveness:** Identify one sinful pattern of behavior or sinful action in your life from the last week, and ask God for forgiveness. Spend 10 minutes in prayer, asking the Holy Spirit for the strength to change the sinful habits in your life.
- ✓ **Participate in the Sacrament of Penance and Reconciliation:** Ask forgiveness for your sinful actions by participating in the Sacrament of Penance and Reconciliation at your parish, school, or elsewhere.
- **Seek Forgiveness:** Connect with the person who was affected most by your sin, if appropriate, and ask her or his forgiveness as well.
- **Trust in God:** Trust in God's faithfulness and identify different choices you can make in the future. Say a prayer of thanksgiving for forgiveness, absolution, and the ability to start fresh.

humbled

joyful

and the word of God remains in you, and you have conquered the evil one.

¹⁵Do not love the world or the things of the world.† If anyone loves the world, the love of the Father is not in him.* ¹⁶For all that is in the world, sensual lust,† enticement for the eyes, and a pretentious life, is not from the Father but is from

antichrists have appeared. Thus we know this is the last hour.* ¹⁹They went out from us, but they were not really of our number;† if they had been, they would have remained with us. Their desertion shows that none of them was of our number. ²⁰But you have the anointing that comes from the holy one;† and you all have knowledge.* ²¹I write to you

1 John

- **Foster an Attitude of Gratitude:** Distribute a sheet of paper to each youth, and then present the Challenge near Ephesians 5:20. Invite the young people to write the text of Ephesians 5:20 on the sheet of paper and direct them to also use the paper to record their list as part of the Challenge. Regather the teens in a week, and invite them to use their list to make a collage of thanksgiving (either individually or one large collage for the entire group). Conclude in prayer by reading Luke 17:11–19 and then inviting each youth to read aloud one or two things from their list. After each person reads, invite everyone to respond, “We give you thanks.”

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CHALLENGE

Ephesians 5:20

GIVE THANKS → How often do you stop to give thanks?

TAKE ACTION!

- 1 For one week, spend 3–5 minutes at the end of the day reflecting on and making a list of everything you are grateful for that day. Set a timer and stop at the end of your time.
- ✓ 2 Identify five people you are thankful for, and add them to your list if they are not already on it. Be intentional in thanking them in some direct way.
- 3 At the end of the week, look over the list you created and spend a few minutes in prayer. As you pray, go through your list, offering thanks for each thing or person you have written down.

bitterness, fury, anger, shouting, and reviling must be removed from you, along with all malice.*²² [And] be kind to one another, compassionate, forgiving one another as God has forgiven you in Christ.*

5 ¹So be imitators of God,[†] as beloved children,*
²and live in love, as Christ loved us and handed himself over for us as a sacrificial offering to God for a fragrant aroma.*³ Immorality or any impurity or greed must not even be mentioned among you, as is fitting among holy ones,*⁴ no obscenity or silly or suggestive talk, which is out of place, but instead, thanksgiving.*⁵ Be sure of this, that no immoral or impure or greedy person, that is, an idolater, has any inheritance in the kingdom of Christ and of God.*

Duty to Live in the Light.

⁶“Let no one deceive you with empty arguments, for because of these things the wrath of God is coming upon the disobedient.[†] ⁷So do not be associated

with them.* For you were once darkness, but now you are light in the Lord. Live as children of light,*
⁹for light produces every kind of goodness and righteousness and truth.*¹⁰ Try to learn what is pleasing to the Lord.*¹¹ Take no part in the fruitless works of darkness; rather expose them,*¹² for it is shameful even to mention the things done by them in secret;
¹³but everything exposed by the light becomes visible,*¹⁴ for everything that becomes visible is light. Therefore, it says:

“Awake, O sleeper,
 and arise from the dead,
 and Christ will give you light.”[†]

¹⁵† Watch carefully then how you live, not as foolish persons but as wise,*¹⁶ making the most of the opportunity, because the days are evil.¹⁷ Therefore, do not continue in ignorance, but try to understand what is the will of the Lord.¹⁸ And do not get drunk on wine, in which lies debauchery, but be filled with the Spirit,*¹⁹ addressing one another [in] psalms

Encourage Personal Reflection

As Catholics, we value communal prayer and recognize that we find God—and that God finds us—in community. But that does not mean we neglect our personal prayer, because both communal and personal prayer are essential for a relationship with God. The latest edition of *The Catholic Youth Bible*® offers many elements to help youth create room for personal reflection.

Searching for God

A life of faith is, in its simplest form, the search for God. Sacred Scripture is the reflection of those who have encountered God and responded. Many of the articles and features in the *CYB* offer suggestions for prayers or are prayers themselves. These are offered throughout to help nurture the prayer lives of young people and give them suggestions and words when they might not have them. Pointing these out to the teens and encouraging them to focus on a prayer throughout a period of time is a simple way to support the intersection of Scripture and prayer. Here are several other examples of how you can help these articles come to life for the youth:

- **Pray the Scripture:** See the articles near 1 Samuel 3:1–19 and Revelation 7:10–17. Invite the young people to read the Scripture that is referenced, then read the article. Invite them to return to the referenced Scripture, focusing on the prayer within. Have them highlight the prayer and then pray it together.
- **Teach Them to Pray:** Introduce and explore different prayer types. Use the articles near Daniel, chapter 9, and the Praying with the Psalms section located at the beginning of the Book of Psalms to explore different prayer types. Lead a discussion on when these different types of prayer might be implemented. Using the When I’m Feeling . . . section (p. 1770 *CYB NABRE* or p. 1554 *CYB NRSV*), ask the youth to search for a passage that would be good for each different type of prayer. Consider inviting your pastor to facilitate.



- **Offer Models:** Direct the youth to the articles located near Genesis 28:10–22, Psalm 55, or Mark 12:13–17. Invite them to read the Scripture passage that is referenced at the top of the article and then to read the article for that passage. Ask someone to read the prayer aloud. Then challenge the young people to write a similar prayer response to that passage or another passage of their choice. Encourage them to write their prayer in their Bible or create bookmarks to place near the Scripture passage.
- **Lead Them Deeper:** For those who have an established practice of prayer, lead them deeper into the questions of faith. The articles near Wisdom 8:2–8 and Job 30:20 can be a great starting point for deeper individual reflection (such as journaling), or provide questions for a small group of youth who want to gather to explore and share their faith.
- **Write a Prayer:** After reading a section of the Bible, have the teens explore what they might want to say to God in response. Have them write their own prayer in response to a Scripture passage. Offer the articles located near Genesis 32:23–33 and Acts 9:1–19 as examples.

Scripture Highlights

Certain biblical passages have the capacity to speak to just about any situation. Many of these key passages are beautifully presented throughout the *CYB* to draw the young people into deeper reflection on them. A complete list can be found on page 112 of this leader guide. These features incorporate beautiful borders, different fonts, and open white spaces to help the teens can find ways to make a meaningful passage even more powerful and personal. Here are some examples you might use to encourage the youth to interact with and reflect on these passages:

- **Find Your Favorite:** Direct the young people to flip through the *CYB* and find a favorite Scripture Highlight. Ask them to spend some time reflecting on why that passage speaks to them right now and write a prayer in response. Invite them to write the prayer in their Bible.
- **Connect It to Sunday:** Compare the list of Scripture Highlights to the readings for the coming Sunday(s). If one will be proclaimed in the next few weeks, begin your gathering by having the youth open to the relevant passage and read aloud the section for the coming Sunday. Then play reflective music, distribute colored pencils, and invite the teens to color the Scripture Highlight while you read the passage again.

○ **Color and Reflect:** Many of these well-known and moving passages are part of our liturgical music. Consult your local hymnal for a list of Scripture passages included in the hymns present (often found near the back) and compare it to the Scripture Highlights in the *CYB*. Invite the young people to reflect on the Scripture and color or journal on the page while you play the liturgical music with the same words. To make a stronger connection, consult with the liturgy director about incorporating that song into an upcoming liturgical celebration.

○ **Make It a Theme:** Many service or retreat experiences center around specific Bible verses. Choose a Scripture Highlight and have the youth refer to it throughout your service or retreat experience. Invite them to have others from the gathering sign or help color that verse in their Bible.

When I'm Feeling

Young people experience a broad range of emotions with varying intensity. Affirm the experience of these emotions and help the teens connect to God in their lived experience with the lists found in the When I'm Feeling . . . section (p. 1770 *CYB NABRE* or p. 1554 *CYB NRSV*). Each list centers around a specific topic or emotion and offers Scripture verses that respond to or reflect that need. These Scripture verses can lead the youth to a prayerful response to their unique life situations, drawing them deeper into a relationship with God.

Overwhelmed or Faced with Challenges

- ✱ "Not only that, but we even boast of our afflictions, knowing that affliction produces endurance, and endurance, proven character, and proven character, hope, and hope does not disappoint, because the love of God has been poured out into our hearts through the holy Spirit that has been given to us." (Romans 5:3–5)
- ✱ "For I am convinced that neither death, nor life, nor angels, nor principalities, nor present things, nor future things, nor powers, nor height, nor depth, nor any other creature will be able to separate us from the love of God in Christ Jesus our Lord." (Romans 8:38–39)
- ✱ "Thus we may say with confidence: / 'The Lord is my helper, / [and] I will not be afraid. / What can anyone do to me?'" (Hebrews 13:6)

For more

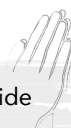
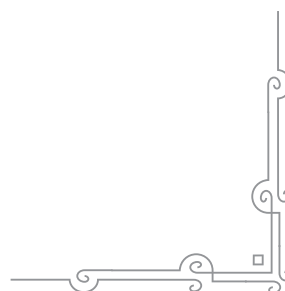
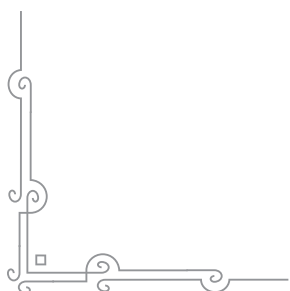
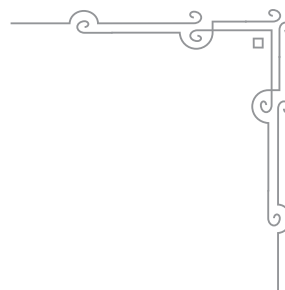
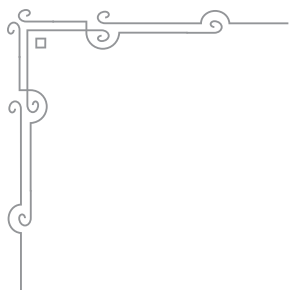
- ✱ Psalm 26:2–3,8
- ✱ Philippians 4:13
- ✱ James 1:2–3
- ✱ 1 Peter 1:6–7

Some of the topics covered include:

- When I'm Feeling Overwhelmed or Faced with Challenges
- When I'm Feeling the Need to Reach Out in Prayer
- When I'm Feeling Totally Excited
- When I'm Feeling Worried about How I Look
- When I'm Feeling Grateful for My Friends

It's All Here!

The *CYB* has everything young people need to learn to pray and to cultivate a rich prayer life using the Bible. No matter where teens are in their faith journey, the *CYB* has tools to meet them and help develop and deepen their prayer life and their connection to God.





Find It!

The most recent edition of *The Catholic Youth Bible*® is filled with so many rich articles and features that it might seem hard to know where to start or challenging to find a specific article. The **Find It!** section of this leader guide provides everything you need to find what you're looking for and to help you easily identify *CYB* material by Scripture reference and topic. Many useful lists are included in this section.

- **Scripture Highlight Index** provides a master list of all Scripture verses that are highlighted in a special way throughout the Bible.
- **Take a Challenge Index** identifies all of the Challenge features, their locations, and their topics.
- **Catholic Social Teaching Index** identifies all articles that reference Catholic social teaching principles.
- **Catechism Index** provides a list of all articles that are correlated to the *Catechism of the Catholic Church*.
- **Sacrament Index** names Scripture passages that directly connect to each of the seven sacraments.
- **Article and Feature Index by Biblical Book** details all of the *CYB* articles and features found in each of the books of the Bible.
- **Article and Feature Index by Topic** provides an index of common topics covered in the *CYB* articles and features and helps you find all articles and features related to a specific topic.



Scripture Highlight Index

<i>NABRE</i> citation	<i>NABRE</i> verse	<i>NABRE</i> page	<i>NRSV</i> citation	<i>NRSV</i> verse	<i>NRSV</i> page
Genesis 28:15	"I am with you and will protect you."	60	Genesis 28:15	"I am with you and will keep you."	52
Leviticus 19:18	"You shall love your neighbor as yourself."	162	Leviticus 19:18	"You shall love your neighbor as yourself."	138
			Deuteronomy 31:6	"Be strong and bold . . . it is the LORD your God who goes with you."	219
Joshua 1:9	"Do not fear nor be dismayed, for the LORD . . . is with you wherever you go."	262	Joshua 1:9	"Do not be frightened or dismayed, for the LORD your God is with you wherever you go."	226
Joshua 22:5	"Serve him with your whole heart and your whole self."	280	Joshua 22:5	"Serve him with all your heart and with all your soul."	243
1 Samuel 3:9	"Speak, LORD, for your servant is listening."	322	1 Samuel 3:9	"Speak, LORD, for your servant is listening."	282
1 Samuel 16:7	"The LORD looks into the heart."	334	1 Samuel 16:7	"The LORD looks on the heart."	293
1 Chronicles 16:34	"Give thanks to the LORD, who is good, whose love endures forever."	457	1 Chronicles 16:34	"O give thanks to the LORD for he is good; for his steadfast love endures forever."	406
Job 42:2	"I know that you can do all things."	664			
Psalms 19:2	"The heavens declare the glory of God."	678	Psalms 19:2	"The heavens are telling the glory of God."	610

NABRE citation	NABRE verse	NABRE page	NRSV citation	NRSV verse	NRSV page
Psalm 23:1	"The LORD is my shepherd; there is nothing I lack."	682	Psalm 23:1	"The LORD is my shepherd, I shall not want."	613
Psalm 95:1	"Come, let us sing joyfully to the LORD."	731	Psalm 95:1	"O come, let us sing to the LORD."	656
Proverbs 3:5	"Trust in the LORD with all your heart."	772	Proverbs 3:5	"Trust in the LORD with all your heart."	694
Proverbs 17:17	"A friend is a friend at all times."	790	Proverbs 17:17	"A friend loves at all times."	707
Ecclesiastes 3:1	"There is an appointed time for everything."	812	Ecclesiastes 3:1	"For everything there is a season."	724
			Sirach 6:14	"Faithful friends are a sturdy shelter: whoever finds one has found a treasure."	813
Isaiah 41:10	"Do not fear: I am with you; do not be anxious: I am your God."	954	Isaiah 41:10	"Do not fear, for I am with you, do not be afraid, for I am your God."	855
Jeremiah 29:11	"For I know well the plans I have in mind for you."	1016	Jeremiah 29:11	"For surely I know the plans I have for you."	912
Daniel 9:9	"But to the LORD, our God, belong compassion and forgiveness."	1128	Daniel 9:9	"To the LORD our God belong mercy and forgiveness."	1017
Joel 2:12	"Return to me with your whole heart."	1153	Joel 2:12	"Return to me with all your heart."	1039
Micah 6:8	"Do justice . . . love goodness . . . walk humbly with your God."	1182	Micah 6:8	"Do justice . . . love kindness . . . walk humbly with your God."	1064



<i>NABRE</i> citation	<i>NABRE</i> verse	<i>NABRE</i> page	<i>NRSV</i> citation	<i>NRSV</i> verse	<i>NRSV</i> page
			Malachi 1:2	"I have loved you, says the LORD."	1096
Matthew 11:28	"Come to me . . . and I will give you rest."	1254	Matthew 11:28	"Come to me . . . and I will give you rest."	1122
Mark 6:50	"Take courage, it is I, do not be afraid!"	1312	Mark 6:50	"Take heart, it is I; do not be afraid!"	1164
Luke 5:27	"Follow me."	1348	Luke 5:27	"Follow me."	1193
Luke 11:9	"Ask and you will receive."	1365	Luke 11:9	"Ask, and it will be given you."	1207
John 3:16	"For God so loved the world that he gave his only son."	1400	John 3:16	"For God so loved the world that he gave his only son."	1237
John 15:12	"Love one another as I love you."	1426	John 15:12	"Love one another as I have loved you."	1259
Acts 2:28	"You will fill me with joy in your presence."	1483			
Romans 5:5	"Hope does not disappoint."	1495	Romans 5:5	"Hope does not disappoint us."	1317
1 Corinthians 15:57	"Thanks be to God."	1535	1 Corinthians 15:57	"Thanks be to God."	1348
Ephesians 4:26	"Do not let the sun set on your anger."	1570	Ephesians 4:26	"Do not let the sun go down on your anger."	1374

NABRE citation	NABRE verse	NABRE page	NRSV citation	NRSV verse	NRSV page
Philippians 4:6	"Have no anxiety at all . . . make your requests known to God."	1582	Philippians 4:6	"Do not worry about anything . . . let your requests be made known to God."	1383
1 Thessalonians 5:11	"Encourage one another and build one another up."	1594	1 Thessalonians 5:11	"Encourage one another and build up each other."	1395
1 Timothy 4:12	"Set an example . . . in speech, conduct, love, faith, and purity."	1608	1 Timothy 4:12	"Set the believers an example in speech and conduct, in love, in faith, in purity."	1408
Hebrews 2:18	"He is able to help those who are being tested."	1626	Hebrews 2:18	"He is able to help those who are being tested."	1423
James 1:22	"Be doers of the word and not hearers only."	1643	James 1:22	"Be doers of the word, and not merely hearers."	1436
			James 4:8	"Draw near to God, and he will draw near to you."	1443
1 Peter 5:7	"Cast all your worries upon him because he cares for you."	1658	1 Peter 5:7	"Cast all your anxiety on him, because he cares for you."	1450
1 John 3:18	"Let us love . . . in deed and truth."	1671	1 John 3:18	"Let us love . . . in truth and action."	1463
Revelation 15:3	"Great and wonderful are your works, LORD God almighty."	1709	Revelation 15:3	"Great and amazing are your deeds, LORD God the Almighty!"	1493



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		Be a Blessing	12:2	38		34
	Exodus	Support Life	2:9	91		78
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		Help People out of the Desert	16:4	111		94
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	Ben Sira Sirach (NRSV)	Practice Humility	3:17–18	858		766
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