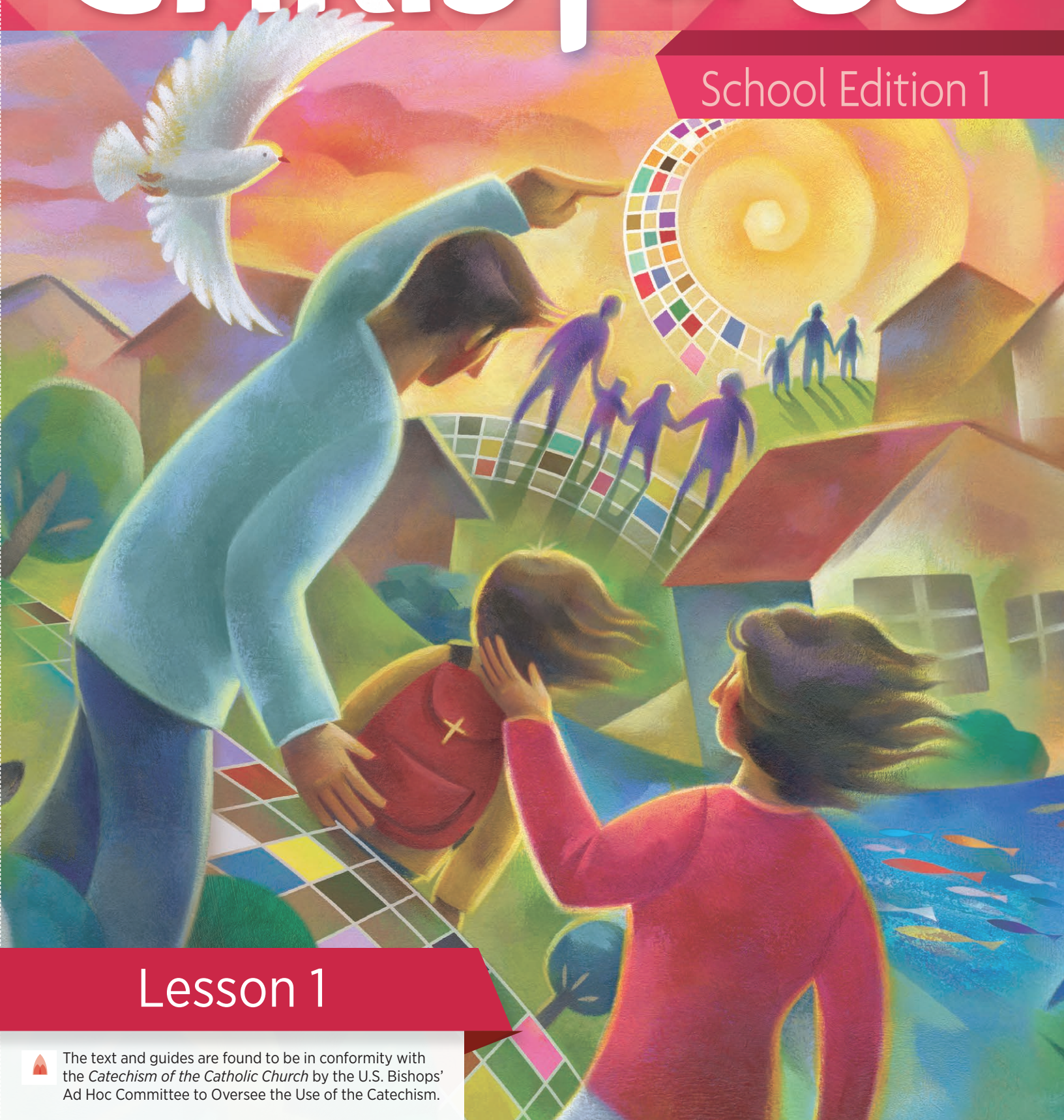



Sadlier

CHRIST IN US™

School Edition 1



Lesson 1

 The text and guides are found to be in conformity with the *Catechism of the Catholic Church* by the U.S. Bishops' Ad Hoc Committee to Oversee the Use of the Catechism.

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Unit 1: What do we believe?

The Faith Professed

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Prayer: Blessing

1 Timothy 4:4

• God always loves us. • The Bible tells us about God's love. • God the Father sent his Son, Jesus. • The Church is the family of God.

Lesson Test: Show What You Know.

Partners in Faith: Saint Francis of Assisi

Mini-Task: How can I share what I know about God?

At Home: Name the four Gospels as a family.

Lesson 2: Who is God?	29
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Prayer: Traditional

Roman Missal

• God cares for all of creation. • God the Father, God the Son, and God the Holy Spirit are the Blessed Trinity. They are One God in Three Persons. • Jesus is God's only Son and our Lord. • Jesus is present in the Church by the power of the Holy Spirit.

Sign of the Cross

Lesson Test: Show What You Know

Partners in Faith: Saint Martin de Porres

Mini-Task: Where do I find God in my life?

At Home: Point out things that God has made.

Lesson 3: Why did God make us?	39
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Prayer: Praise

Genesis 1:27

• God created everything. • God's gift of faith helps us believe in him and obey him. • God tells us how to live. • God wants us to live as his children forever.

Lesson Test: Show What You Know

Partners in Faith: Saints Jacinta and Francisco Marto

Mini-Task: How can I show that I am a child of God?

At Home: God's love is forever.

Lesson 4: Who is Jesus Christ?	49
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Prayer: Lectio and Visio Divina

John 3:16

• God chose Mary to be the mother of Jesus. • Jesus is God's only Son. • Jesus gives us new life. • Jesus lives with his Father and the Holy Spirit in heaven.

Guardian Angel Prayer

Hail Mary

Lesson Test: Show What You Know

Partners in Faith: Mary, Mother of God

Mini-Task: How can I show my love for Jesus Christ?

At Home: Honor and pray to Mary.

Lesson 5: What is the Church?	59
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Prayer: Intercession

Catechism of the Catholic Church, 752

• The Church is the People of God. • The Church is holy. • The Holy Spirit guides the Church. • Jesus chose the Apostles to lead and care for the Church.

Lesson Test: Show What You Know

Partners in Faith: Saint Andrew

Mini-Task: Who helps guide me as a member of the Church?

At Home: Church (the People of God) and church are different.



Unit 2: How do we celebrate what we believe? The Faith Celebrated

Unit Opener 69

Lesson 6: How does God share his life with us? 71



Prayer: Blessing

1 Corinthians 12:27

- The Church continues Jesus' work of salvation.
- The Father, Jesus, and the Holy Spirit work together in the liturgy.
- Jesus gave the Church the sacraments.
- Sacramentals are special prayers, actions, and objects.

Lesson Test: Show What You Know

Partners in Faith: Saint Agnes

Mini-Task: How am I with Jesus?

At Home: Discuss the sacraments you have celebrated.

Lesson 7: How do we praise and thank God? 81



Prayer: Lectio and Visio Divina

1 Chronicles 16:25

- We praise God every Sunday at Mass.
- We honor Mary and the saints all through the Church year.
- The Church shares Jesus' love and life in many ways.
- Blessings and devotions are special prayers and actions.

Lesson Test: Show What You Know

Partners in Faith: Saint Thomas

Mini Task: What helps me to praise and thank God?

At Home: Sunday is a special day for families.

Lesson 8: How do we become members of the Church? 91



Prayer: Thanksgiving

1 Peter 2:10

- Baptism, Confirmation, and the Eucharist make us members of the Church.
- Baptism gives us new life in Christ.
- Confirmation strengthens our life in Christ.
- The Eucharist unites us to Jesus.

Lesson Test: Show What You Know

Partners in Faith: Saint Peter Claver

Mini-Task: How am I growing closer to God?

At Home: Talk about your Baptism.



Lesson 9: How do we celebrate God's forgiveness and healing? 101



Prayer: Petition

Roman Missal

- Jesus showed us God's love by the things he said and did.
- People asked Jesus for help.
- Jesus showed God's love by forgiving people.
- Jesus showed God's love by healing people.

Lesson Test: Show What You Know

Partners in Faith: Saint Peregrine Laziosi

Mini-Task: How do I ask Jesus for help and healing?

At Home: We are thankful Jesus forgives and loves us.

Lesson 10: How are we strengthened for service to God and others? 111



Prayer: Praise

Catechism of the Catholic Church, 1655

- Everyone plays a part in God's Church.
- God calls us to service.
- We learn about Jesus in our families.
- We share God's love in our families.

Lesson Test: Show What You Know

Partners in Faith: Saint Zita

Mini-Task: How can I serve God?

At Home: Kindness helps us know God's love.

Unit 3: How do we live what we believe?

The Faith Lived

Unit Opener 121

Lesson 11: How do we know God loves us? 123



Prayer: Thanksgiving

Psalm 37:3

• We are made in the image and likeness of God. • God loves everyone. • God helps us make good choices. • God's laws lead us to love others.

Lesson Test: Show What You Know

Partners in Faith: Saint Thomas of Villanova

Mini-Task: How do God's laws help us to love?

At Home: Share God's love with your family.

Lesson 12: How do we respond to God's love? 133



Prayer: Petition

Gaudium et Spes, 17

• God's plan is for us to be happy. • God wants us to do good and listen to our hearts. • Virtues help us live in friendship with God. • We live in peace when we show love for others.

Lesson Test: Show What You Know

Partners in Faith: Saint Philip Neri

Mini-Task: How can I do what is just?

At Home: Share how you can live God's virtues.

Lesson 13: How does God teach us to love? 143



Prayer: Lectio and Visio Divina

Psalm 27:11

• God's laws help us love him and others. • Sunday is the Lord's Day. • We show our love for God by the way we love others. • The Holy Spirit helps our Church leaders.

Lesson Test: Show What You Know

Partners in Faith: Saint Gregory of Nazianzen

Mini-Task: How do I love God and others?

At Home: Family rules help us show love.

Lesson 14: What turns us away from God's love? 153



Prayer: Petition

Psalm 51:12

• Original Sin separates us from God. • Sin is a choice to disobey God. • There are different kinds of sins. • We hurt ourselves and others when we choose to sin.

Lesson Test: Show What You Know

Partners in Faith: Saint Dismas

Mini-Task: How do we show God's love?

At Home: Talk about apologizing to one another.

Lesson 15: What turns us toward God's love? 163



Prayer: Praise

Penitential Act, Roman Missal

• God gives us gifts to make us strong. • God makes us his adopted daughters and sons. • Grace heals us from sin. • Grace helps us to choose love instead of sin.

Lesson Test: Show What You Know

Partners in Faith: Saint Philip the Apostle

Mini-Task: How does God's grace help me?

At Home: Pray the Our Father with your family.

Unit 4: How do we become what we believe?

The Faith Prayed

Unit Opener 173

Lesson 16: What is prayer? 175



Prayer: Thanksgiving

Saint John Damascene

• We talk to God and listen to him in prayer. • God calls his people in prayer. • We can always talk to God. • God the Father hears our prayers.

Lesson Test: Show What You Know

Partners in Faith: Saint Monica

Mini-Task: How do I listen to God in prayer?

At Home: Talk to God with your family.

Lesson 17: Why do we pray? 185**Prayer: Meditation****Psalm 145:18**

• The Church teaches us to pray. • Prayer keeps us close to God. • We can pray anywhere. • God's children pray together.

Lesson Test: Show What You Know

Partners in Faith: Saint Brigid of Ireland

Mini-Task: How do I praise God?

At Home: Pray for family members.

Lesson 18: How do we pray? 195**Prayer: Praise****Jeremiah 33:3**

• We thank God for his many blessings. • We can pray at any time of the day. • God always listens when we pray. • God hears all kinds of prayers.

**Glory Be**

Lesson Test: Show What You Know

Partners in Faith: Saint Charles Borromeo

Mini-Task: How do I thank God for his blessings?

At Home: Pray the prayers of this lesson.

Lesson 19: What helps us to pray? 205**Prayer: Lectio and Visio Divina****Psalm 118:28**

• The Church is a family of believers. • The Bible is God's Word for us. • Families pray together. • Prayer makes our hearts strong.

Lesson Test: Show What You Know

Partners in Faith: Saints Gregory and Nonna

Mini-Task: How do I pray for others and with others?

At Home: A family is a church of the home.

Lesson 20: Why is the Lord's Prayer called the perfect prayer? 215**Prayer: Traditional****Matthew 6:8**

• The Lord's Prayer is special to the Church. • Jesus gave us this special prayer addressed to God the Father. • We honor God's name in the Lord's Prayer. • We ask God for what we need.

**The Lord's Prayer**

Lesson Test: Show What You Know

Partners in Faith: Saint Damien of Molokai

Mini-Task: How do I call God by name?

At Home: Discuss the Lord's Prayer.

Unit 5: Why and how do we celebrate the Church year? Seasons and Feasts of the Church Year

Unit Opener 225**Lesson 21: The Church Year**

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Your Spiritual Journey

Your Grade 1 Saint: Saint Francis of Assisi

Christ In Us offers a saint for every grade. As you journey through each unit, remember to pray to your grade's saint. Ask him or her to help guide you to be closer to Jesus Christ.

Saint Francis of Assisi was born into a very wealthy family. He always had the best things money could buy. Francis also had a lot of friends. However, money and friends did not make him happy.

When Francis got older, he heard the voice of Christ. He started giving all his money and things to the poor. But Francis quickly realized that the best gift he could give to God was not money or things. It was the gift of his life.

This inspired Francis to live a life of poverty and serve the poor. Many of his friends even started to follow his example.

In his poverty, Francis began to see God in all of creation. It changed him! From then on, he spent his life caring for all of God's people, animals, and nature. Francis wrote a hymn in praise of creation.



Welcome to **Christ In Us**,
an exciting way to grow
in your Catholic faith!

Each one of us is on a journey to love and know Jesus Christ. Imagine if every person who met you knew you were a friend of Christ!

Together in this program, we will:

ENCOUNTER Jesus Christ

ACCOMPANY him in our lives

WITNESS to our faith.

You will use this book as well as your online digital portal as you discover and grow closer to Jesus Christ.

As you journey in your faith, you can think about these questions:

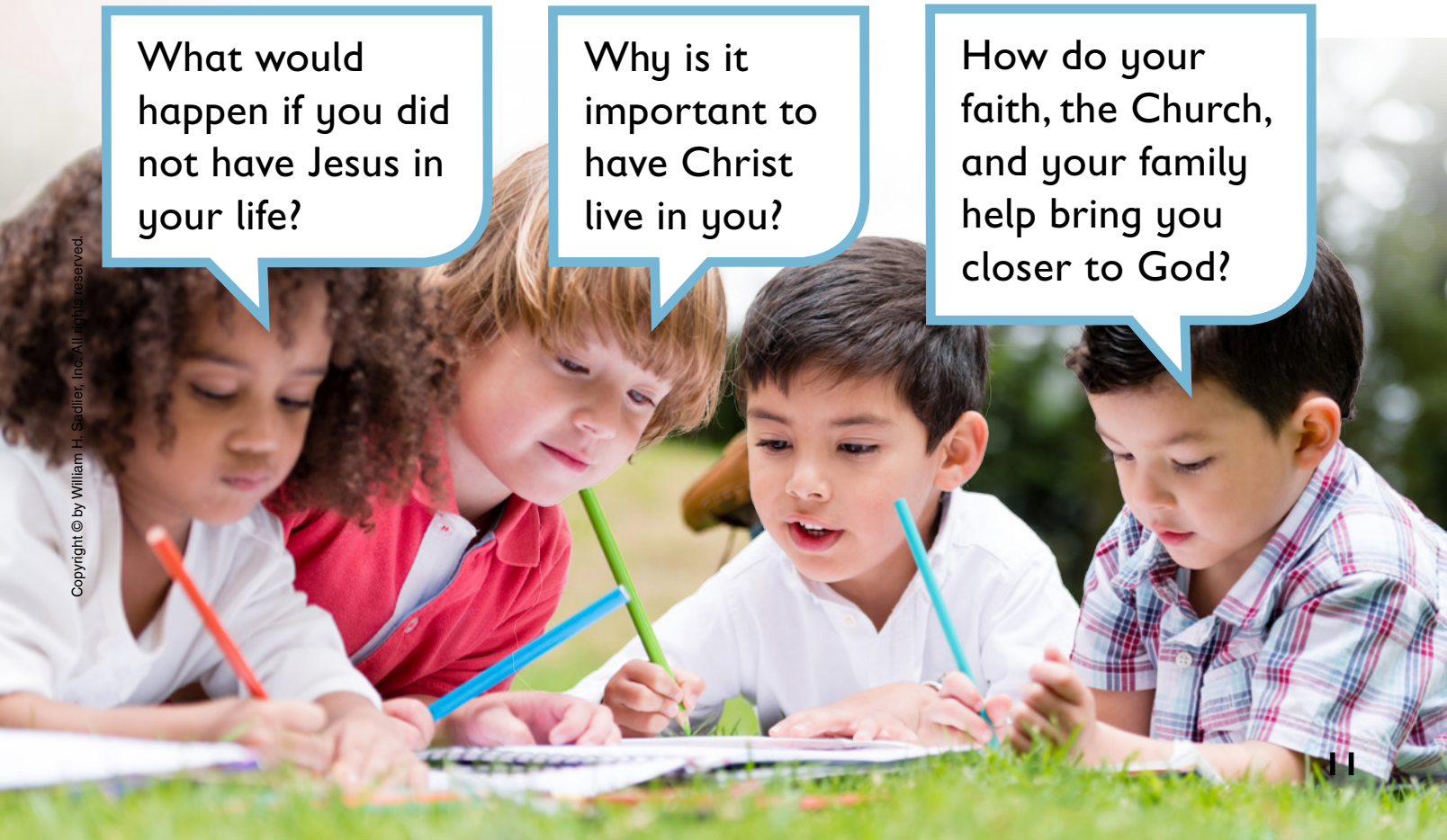
What would happen if you did not have Jesus in your life?

Why is it important to have Christ live in you?

How do your faith, the Church, and your family help bring you closer to God?

**“It is Christ in you,
the hope for glory.”**

Colossians 1:27



Every lesson has four
Spiraling Main Ideas.
Here is an example.

Faith Words in
the lessons help
you understand the
important words
we use as Catholics.

Be sure to look at
all the wonderful
photos and beautiful
art in the pages of
your book.

As you explore this
question, you might
be asked to stop and
think more about it
and then do a short
Activity to answer
it better.

The Church is the family of God.

Jesus is a part of our lives, just like our family and friends. Jesus is with us all the time. Jesus is with us in a very special way in the **Church**.

We become members of the Church at Baptism. The Church is the People of God throughout the world. God calls us together to be his people, the Church.

The Word of God and the Eucharist give the Church life. The Church is also called the Body of Christ. The Church is like a family that wants to know and love God together. The Church is the family of God. Jesus is the head of that family. He is always with the Church.

Jesus gave us the Church to tell us about and share his love for us. The Church also helps us share the love of the Blessed Trinity with others. We are blessed to be a part of the Church!

Faith Word

Church all the people who are baptized in the name of the Blessed Trinity and are part of the Body of Christ



Activity

The Church is like a family. Draw a picture of your family. Tell a friend about your drawing.

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ACCOMPANY

You will be asked to
Show What You Know
by writing the answers to
some short questions
pertaining to the lesson.

You will not be alone as you journey through **Christ In Us**. You will have lots of **Partners in Faith**—saints and other holy people who lived amazing lives—walking with you.



Saints Jacinta and Francisco Marto



Saint Andrew



Saint Agnes



Saint Peter Claver



Saint Monica



Saint Philip Neri



Saint Brigid



Saint Damien of Molokai

Next, you will be asked to go to your **Portfolio** to creatively share how you can bring Christ to the world.

Each lesson ends with a **Mini-Task** that invites you to show ways you can live out your faith as a missionary disciple of Christ.

Finally, you will be given ways to think and talk with your family **At Home**.

Lesson 1

Portfolio

How can I share what I know about God?

Mini-Task

Stories help us to learn. Some stories are make-believe, and others are real. They tell us about things that really happened.

The Bible is a book that tells us about things that happened long ago. The most important part of the Bible is called the Gospels. The Gospels tell us the Good News about Jesus.

What have you learned about Jesus? Use words and a drawing to share the Good News of Jesus! Share your work with a partner.

Want to do more? Go to your Portfolio to continue this activity.

At Home

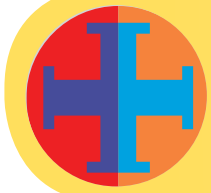
Become familiar with the Bible. Using the family Bible or your child's Bible, locate and name the four Gospels. Read a passage as a family.

26

WITNESS

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Christ In Us features an online portal filled with exciting media and activities to go with the lessons in your book. If you see one of these icons below in your book, you know it's time to visit the student portal for more. (Note: Not every icon will appear in your book.)



Participate in lesson prayers, whose words are online and downloadable.

Learn more about the lesson's **Did You Know?** topic by watching an interesting video and doing an activity.



Learn more about the lesson's **Partner in Faith** by watching an online video and completing the activity that follows.

Listen to Scripture verses and Catholic prayers and learn them by heart.



Find fun activities to share and recall what you have learned.



Show What You Know by completing online assessments.



Read and remember the **Faith Words** definitions.

Complete projects and tasks in the online **Portfolio** or *Portfolio Workbook*.



Listen to the songs for your grade level and sing along!

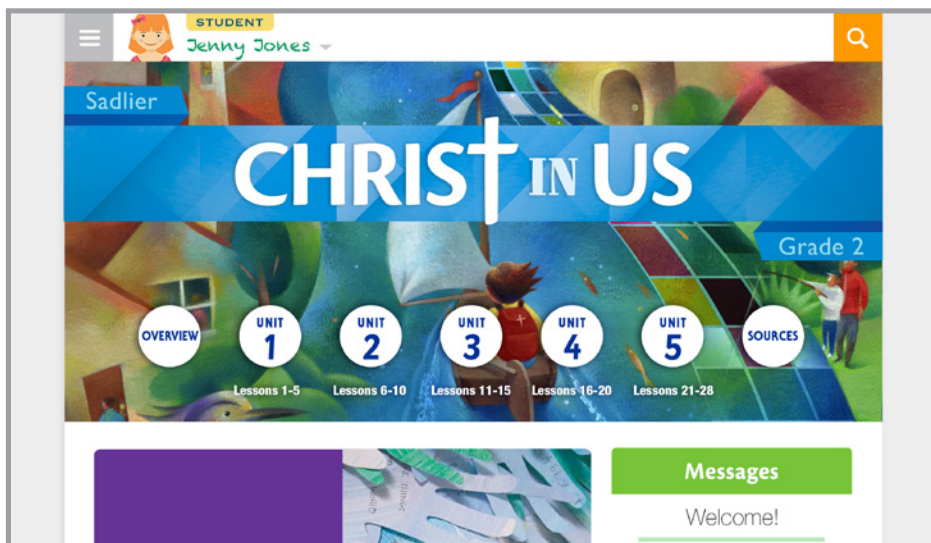
Your Songs for Grade 1

Unit Songs	Liturgical Catechesis Seasonal Songs
Unit 1: “In My Heart,” Spiritual	Lent: “Christ Be Our Light,” Bernadette Farrell/OCP
Unit 2: “Light of Christ,” Tom Kendzia/OCP	Church Year: “Open My Eyes,” Jesse Manibusan/OCP
Unit 3: “Prayer of St. Francis,” Sebastian Temple/OCP	Ordinary Time: “Wade in the Water,” Spiritual
Unit 4: “We Are Marching,” African Traditional	Triduum: “Take Up Your Cross,” Jaime Cortez/OCP
Unit 5: “We Will Praise You,” Tom Kendzia/OCP	

Your journey continues with your login to *Christ In Us Digital*!

Here you can explore all the exciting resources that blend together with your textbook.

Take a look at your personalized online dashboard. Everything you need is at your fingertips!



- Think of your **Portfolio** as your digital backpack! Here you can get your assignments, see reminders, send emails, and even talk to your catechist.
- Interactive Mini-Tasks enable you to share exciting activities with others. You will be able to get hands on and creative by making videos or interactive posters.
- Listen with your heart and pray the prayers of *Lectio* and *Visio Divina*, praise, petition, intercession, adoration, and blessing from your lesson.
- Track your progress with digital quizzes, medals, and tests.

Have a wonderful year!

What do we believe?

Unit 1

The Faith Professed



The Nativity



Unit Prayer

Leader: Saint Francis of Assisi found God in all of creation. Not only in the beauty of all the earth, but also in each of us, our families, and everyone on earth.

Let us listen to how God's love is made known to us today.

Let us pray:

O God, we praise and thank you for the beauty in all of creation.

All: We praise you, O Lord, for your great love.

Leader: For our families' love for us,

All: we praise you, O Lord, for your great love.

Leader: For creating us in your image,

All: we praise you, O Lord, for your great love.

Leader: For the gift of the Church to us and the world,

All: we praise you, O Lord, for your great love.

All sing: "In My Heart"



Unit Song: "In My Heart,"
Spiritual

Missionary Discipleship

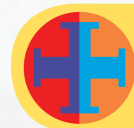
How does your family, a friend, or a pet help you know how much God loves you? In what ways do you celebrate God's love for you?

How do we know God?

Lesson 1

Do you know why you are learning about your Catholic faith? Your family wants you to come to know God! God made us. God loves us. He knows you and every person by name. God wants us to know and love him, too.

How do we know God? He gave us many ways to know him. The Bible and the Church tell us about God's love. Jesus shows us the most how much God loves us.



**Go to the digital portal
for a prayer of blessing.**



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“Everything God created is good.”

1 Timothy 4:4



God always loves us.

God made the whole world. God made every person in the world. God made you, too! Everything God made tells us about his love.

God made people to share in his love. God knows everything about us. God knows when we are happy or sad. God cares about us when we are sick. God even knows how many hairs are on our heads!

God promises to love us forever. God loves us always, no matter what.

God wants us to love him, too!



How do I know when I am loved?

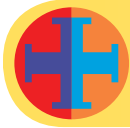
Activity

Where have you seen something that God has made? Tell a partner.

Did You Know?



God shares his love through stories.



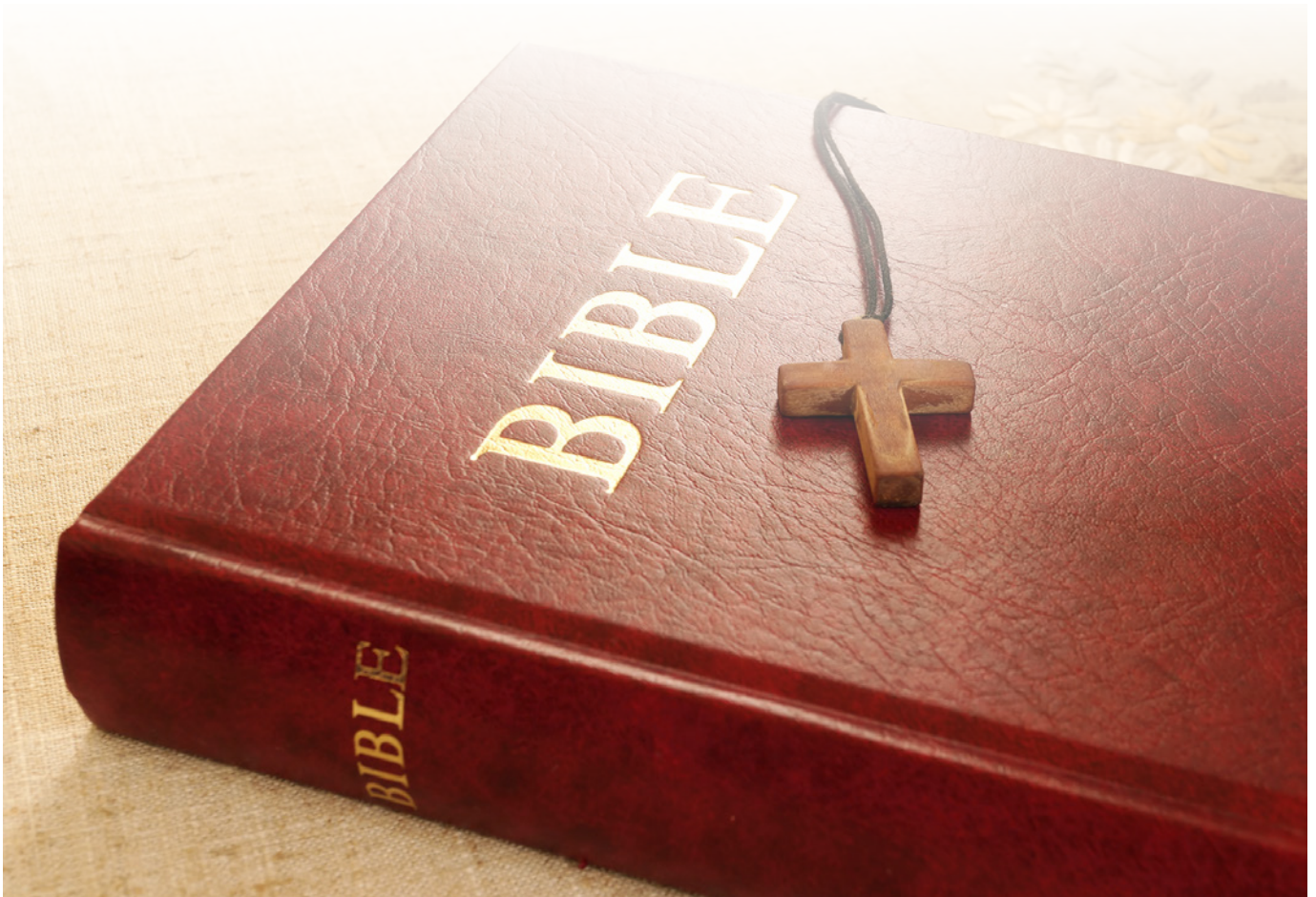
Bible the
Church's holy book
of God's Word

The Bible tells us about God's love.

God wants all people to know about his love for us. One way God tells us about his love is in the **Bible**.

The Bible was written by people very long ago. But the Bible is God's own Word to us. God inspired the people who wrote it. Through their writing, he shared what he wants us to know about him.

The Bible teaches us about God's love.
We read the Bible to learn more about God.



The Bible tells us that God cares for each of us.

“Look at the birds in the sky . . . they gather nothing into barns, yet your heavenly Father feeds them. Are you not more important than they?”

Matthew 6:26

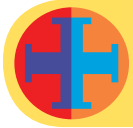
The Bible also says that God knows everything about us. God knows when we sit and stand. He knows everything we think and feel. We are special to God!

Activity

Who teaches you about God?
Draw a picture of one person who
teaches you about God's love.



Prayer



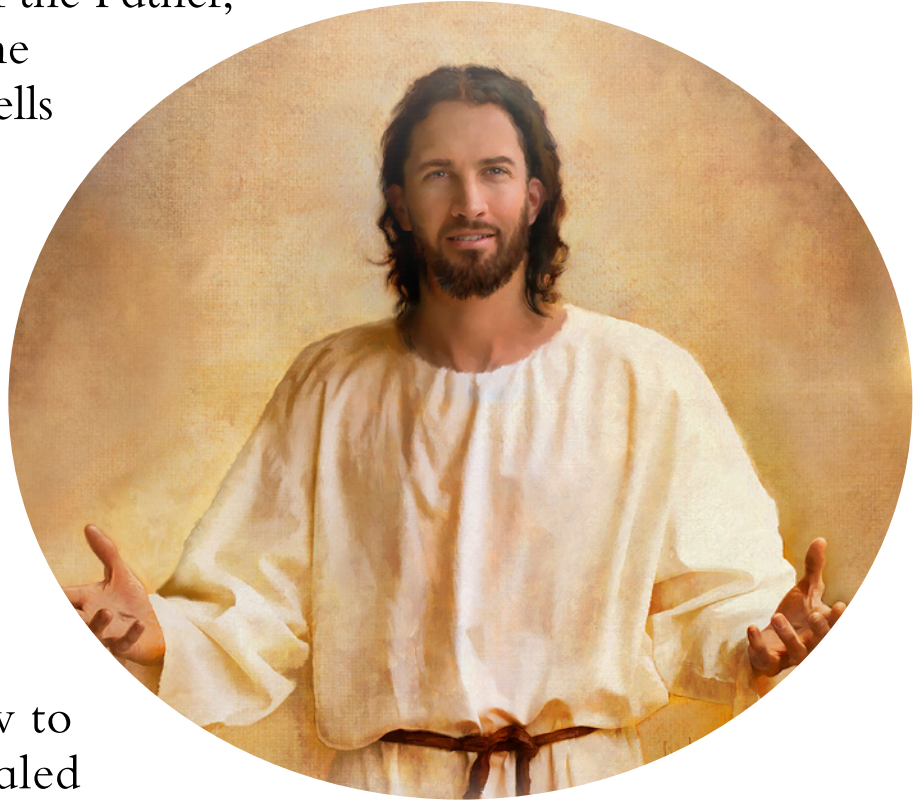
Blessing

God the Father sent his Son, Jesus.

We pray: “In the name of the Father, and of the Son, and of the Holy Spirit.” The Bible tells us that God the Father sent his Son, Jesus, to us. Jesus showed us how much God loves us.

Jesus is the Son of God. Jesus is God. Jesus loves us.

The Bible tells us many things about Jesus. He taught his followers how to pray. He helped and healed people. He showed love for all people.



Activity

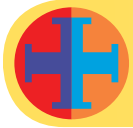
Stand up and pretend you are a clock. Use your arms as the hands of the clock. Make a time. It could be 12:00, 3:00, 9:00, or any other time. Your teacher will ask you this question: “What time does God love us?” Move both of your arms around and around the clock. Then say: “God always loves us!”

Jesus is God the Son. God the Son was born to Mary in Bethlehem and was named Jesus. He is and always was and always will be God, but he is also truly man.

Everything Jesus said or did showed his love for us.



Prayer



Blessing

The Church is the family of God.

Jesus is a part of our lives, just like our family and friends. Jesus is with us in a very special way in the **Church**.

We become members of the Church at Baptism. The Church is the People of God throughout the world. God calls us together to be his people, the Church.

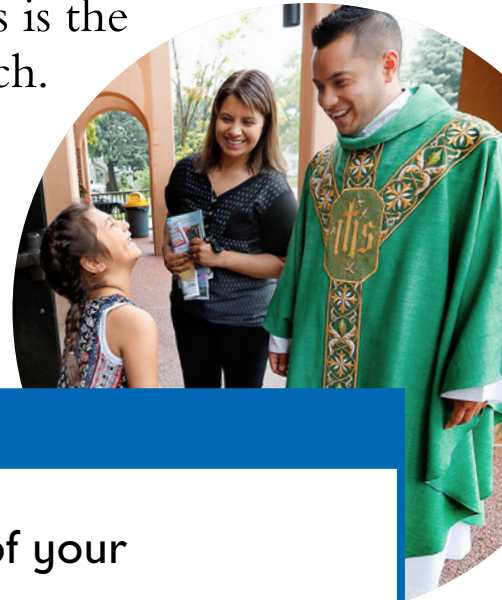
The Word of God and the Eucharist give the Church life. The Church is also called the Body of Christ.

The Church is like a family that wants to know and love God together. The Church is the family of God. Jesus is the head of that family. He is always with the Church.

Jesus gave us the Church to tell us about and share his love for us. The Church also helps us share the love of the Blessed Trinity with others. We are blessed to be a part of the Church!

Faith Word

Church all the people who are baptized in the name of the Blessed Trinity and are part of the Body of Christ



Activity

The Church is like a family. Draw a picture of your family. Tell a friend about your drawing.

What happens when we go to church? When we go to church, we listen to readings from the Bible. The Bible is God's Word. At every Mass:

- We listen to a reading about God's people. This reading is usually about the people who lived before Jesus.
- We sing a song of praise from the Bible.
- We listen to a reading that was written by one of Jesus' followers.
- We sing "Alleluia" to express our joy at hearing the Word of God.
- We stand to listen to the Gospel. The Gospel is the Good News about Jesus.
- We listen to a talk about the readings. We learn how to follow Jesus.



Activity

The next time you go to church, listen carefully to the readings. Talk about them with your family afterward.

- What did the readings tell you about God?
- What did you hear that will help you follow Jesus?

Bible**Church****Show What You Know****Circle the word that answers each question.****1. Who is the Son of God?**

Jesus | Joseph

2. What is the Bible?

a picture book | God's Word

Trace the word to finish the sentence.**3. Jesus is always with us. He is with us in a special way in the**Church**Partners in Faith****Saint Francis of Assisi**

Saint Francis of Assisi loved all of God's creation. He wants us to love it, too. He thanked God for all of creation.

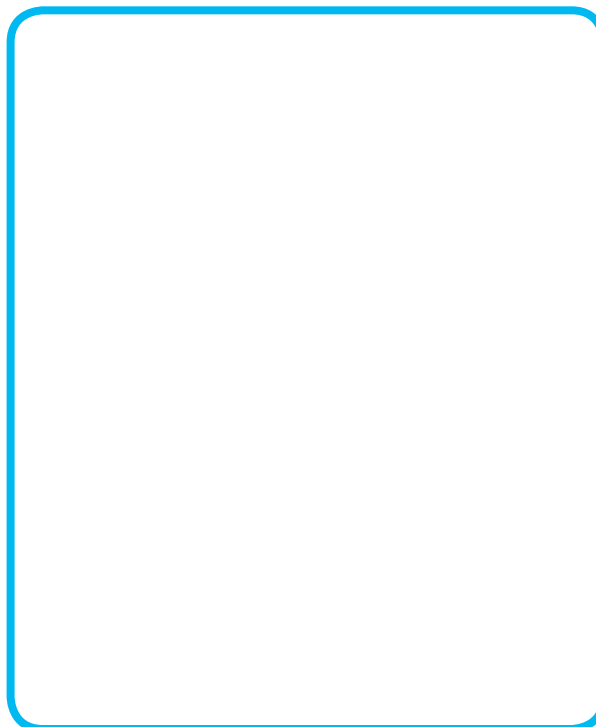
**Learn more about the life of Saint Francis of Assisi.**

Mini-Task

Stories help us to learn. Some stories are make-believe, and others are real. They tell us about things that really happened.

The Bible is a book that tells us about things that happened long ago. The most important part of the Bible is called the Gospels. The Gospels tell us the Good News about Jesus.

What have you learned about Jesus? Use words and a drawing to share the Good News of Jesus! Share your work with a partner.



Want to do more? Go to your Portfolio to continue this activity.

At Home

Become familiar with the Bible. Using the family Bible or your child's Bible, locate and name the four Gospels. Read a passage as a family.

Sadlier

CHRIST IN US

