

Sadlier

# CHRIST IN US™

Parish Edition 3

## Lesson 1



The text and guides are found to be in conformity with the *Catechism of the Catholic Church* by the U.S. Bishops' Ad Hoc Committee to Oversee the Use of the Catechism.



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#### **Prayer: Traditional**

##### **Genesis 1:31**

• All of creation shows us God's goodness. • The Bible is God's Word. • Jesus shows us the way to God the Father. • The Holy Spirit guides the Church.

**Lesson Test:** Show What You Know

**Partners in Faith:** Venerable Pierre Toussaint

**Mini-Task:** How do I tell others about God?

**At Home:** Pray a family Bible verse.

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#### **Prayer: Lectio and Visio Divina**

##### **Matthew 3:16–17**

• We can know God through creation. • God revealed himself as One God in Three Divine Persons. • Jesus is the Son of God and God himself. • Jesus and the Holy Spirit strengthen and guide the Church.

**Lesson Test:** Show What You Know

**Partners in Faith:** Saint John the Baptist

**Mini-Task:** How does the Blessed Trinity guide me?

**At Home:** Show others who you are.

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#### **Prayer: Praise**

##### **John 15:15**

• Creation shows the glory of God. • Faith is a gift from God. • We sin when we choose to disobey God. • The Church helps us live in God's friendship forever.

#### **Apostles' Creed**

**Lesson Test:** Show What You Know

**Partners in Faith:** Saint Augustine

**Mini-Task:** How can I live in God's friendship?

**At Home:** Mass prepares us to live in peace.

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#### **Prayer: Litany**

##### **The Mystery of Faith, Roman Missal**

• The Holy Spirit prepared Mary to be the Mother of Jesus. • In the Incarnation, the Son of God became man. • Jesus died on the Cross to save us from sin. • Jesus Christ ascended to heaven and will come again at the end of time.

**Lesson Test:** Show What You Know

**Partners in Faith:** Saint Joseph

**Mini-Task:** How is Jesus Christ with me today?

**At Home:** Notice the details in a crucifix.

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#### **Prayer: Intercession**

##### **1 Corinthians 12:13**

• Christ is the Head of his Body, the Church. • Jesus is with us in the Church. • The Church is one, holy, catholic, and apostolic. • The pope and bishops are the successors of the Apostles.

**Lesson Test:** Show What You Know

**Partners in Faith:** Saint Nicholas

**Mini-Task:** How can I spread the Good News about the Church?

**At Home:** Discuss other Catholic churches you have visited.



## Unit 2: How Do We Celebrate What We Believe? The Faith Celebrated

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**Prayer: Meditation**

**Matthew 18:20**

- In the liturgy, the Church participates in Jesus' saving work.
- Jesus and the Holy Spirit prepare us to receive grace.
- Jesus gave the Church the sacraments.
- Sacramentals prepare us to receive God's grace.

**Lesson Test:** Show What You Know

**Partners in Faith:** Saint Dominic Savio

**Mini-Task:** How can I share God's love and joy with others?

**At Home:** Jesus heals, forgives, and nourishes us.

**Lesson 7: How do we praise and thank God?** ..... 69



**Prayer: Thanksgiving**

**Genesis 2:3**

- The Mass is the most important way we celebrate the Lord's Day.
- The Church celebrates Jesus' life and saving work all year long.
- All around the world, Catholics use their local customs to praise and worship God.
- Devotions draw us closer to God.

**Lesson Test:** Show What You Know

**Partners in Faith:** Saint Gregory the Great

**Mini-Task:** How do I respond to God's Word?

**At Home:** Attend Mass as a family.

**Lesson 8: How do we become members of the Church?** ..... 77



**Prayer: Thanksgiving**

**Homily of Pope Francis**

- The Sacraments of Initiation welcome us into the Church.
- In Baptism we are born to new life in Christ.
- Confirmation completes our Baptism
- The Eucharist is the heart of the Church's life.

**Lesson Test:** Show What You Know

**Partners in Faith:** Saint Katharine Drexel

**Mini-Task:** What does it mean to me that I am a member of the Church?

**At Home:** We are close to Jesus at Mass.



**Lesson 9: How do we celebrate God's forgiveness and healing?** ..... 85



**Prayer: Lectio and Visio Divina**

**Luke 15:6**

- We celebrate Jesus' forgiveness and healing in the Church today.
- We ask forgiveness in Jesus' name.
- In the Sacrament of Penance, the Church forgives us in Jesus' name.
- In the Sacrament of Anointing of the Sick, the Church prays for the healing of those who are suffering.

**Lesson Test:** Show What You Know

**Partners in Faith:** Saint Padre Pio

**Mini-Task:** How do I celebrate God's forgiveness?

**At Home:** Read the Parable of the Prodigal Son.

**Lesson 10: How are we strengthened for service to God and others?** ..... 93



**Prayer: Intercession**

**Luke 4:18**

- All members of the Church share in Christ's mission.
- Bishops, priests, and deacons teach and guide the Church.
- Matrimony is a Sacrament at the Service of Communion.
- We call our family a "church of the home."

**Lesson Test:** Show What You Know

**Partners in Faith:** Blessed Stanley Rother

**Mini-Task:** What does God's strength help me to do?

**At Home:** Thank those in your family who have helped you.

## Unit 3: How Do We Live What We Believe?

### The Faith Lived

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##### Prayer: Thanksgiving

###### James 1:17

• God wants us to share in his life and love. • We are called to care for one another. • God gives us freedom to choose what is good and holy. • The natural law is written in our hearts.

**Lesson Test:** Show What You Know

**Partners in Faith:** Blessed Anne-Marie Javouhey

**Mini-Task:** How can I share in God's work?

**At Home:** God gives us many gifts to share with the world.

#### Lesson 12: How do we respond to God's love? ..... 111

##### Prayer: Blessing

###### John 15:9

• Good moral choices help us to live in God's Kingdom. • A well-formed conscience helps us choose what is morally good. • Virtues are good spiritual habits. • The Church works for justice and peace.

##### Beatitudes

**Lesson Test:** Show What You Know

**Partners in Faith:** Blessed Pier Giorgio Frassati

**Mini-Task:** How do the Beatitudes help me respond to God's love?

**At Home:** Live the Beatitudes in your daily life.

#### Lesson 13: How does God teach us to love? ..... 119

##### Prayer: Meditation

###### Romans 7:12

• God's laws are divinely revealed. • The commandments call us to love God above all else. • The commandments call us to love and respect ourselves and others. • The Church teaches and guides us.

##### Ten Commandments

**Lesson Test:** Show What You Know

**Partners in Faith:** Saint Alphonsus Liguori

**Mini-Task:** How do the commandments help me share God's love?

**At Home:** Family rules help us support each other.

#### Lesson 14: What turns us away from God's love? ..... 127

##### Prayer: Petition

###### Penitential Act, Roman Missal

• Original Sin affects all people. • Sin harms our relationship with God and one another. • Some sins break our friendship with God. • Making the wrong moral choices can lead to serious sins.

**Lesson Test:** Show What You Know

**Partners in Faith:** Blessed Anne Mary Taigi

**Mini-Task:** How can I make good choices?

**At Home:** Small, wrong choices can lead to serious sin.

#### Lesson 15: What turns us toward God's love? ..... 135

##### Prayer: Lectio and Visio Divina

###### Acts of the Apostles 15:11

• We are called to be Jesus' disciples. • Grace is a gift God gives to us out of love. • God's grace helps us choose what is morally good. • Sanctifying grace makes us holy.

**Lesson Test:** Show What You Know

**Partners in Faith:** Saint Benedict

**Mini-Task:** What turns me toward God's love?

**At Home:** We are strengthened by God's grace.

## Unit 4: How Do We Become What We Believe?

### The Faith Prayed

#### Unit Opener ..... 143

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##### Prayer: Praise

###### Psalms 145:18

• We join with the Church in prayer. • We can pray with the Psalms. • Prayer brings us closer to God. • The Church prays to God the Father.

##### Psalm 23

**Lesson Test:** Show What You Know

**Partners in Faith:** Saint Gertrude the Great

**Mini-Task:** How does prayer help me be closer to God?

**At Home:** Pray from the Book of Psalms.

#### Lesson 17: Why do we pray? ..... 153

##### Prayer: Petition

###### James 5:16

• The Holy Spirit helps us to pray. • Prayer teaches us to trust God. • Prayer helps us to be Jesus' disciples. • The Church is called to pray always.



**Lesson Test:** Show What You Know  
**Partners in Faith:** Saint Edith Stein  
**Mini-Task:** What do I ask God for in prayer?  
**At Home:** Pray a prayer of petition for help.

## Lesson 18: How do we pray? ..... 161

### Prayer: Intercession

#### Philippians 4:6–7

- The Church helps us bless, praise, and trust in God.
- The Church is always at prayer. • We pray together in the Liturgy of the Hours. • We can pray aloud and in the silence of our hearts.

**Lesson Test:** Show What You Know

**Partners in Faith:** Saint Alberto Hurtado

**Mini-Task:** How can I pray every day?

**At Home:** Pray for those who are in need.

## Lesson 19: What helps us to pray? ..... 169

### Prayer: Lectio and Visio Divina

#### Eucharistic Prayer 2, Roman Missal

- The Communion of Saints is united in prayer. • We pray with the Word of God and the liturgy. • We learn to pray in our families. • Prayer helps our faith grow.

**Lesson Test:** Show What You Know  
**Partners in Faith:** Julian of Norwich  
**Mini-Task:** How do the saints help me pray?  
**At Home:** Thank God by praying “hosanna.”

## Lesson 20: Why is the Lord’s Prayer called the perfect prayer? ..... 177

### Prayer: Traditional

#### Pope Benedict XVI

- The Lord’s Prayer is the perfect prayer. • Jesus taught us to call God our Father. • In the Lord’s Prayer we praise and honor God. • We trust God to care for us, body and soul.

### The Lord’s Prayer

**Lesson Test:** Show What You Know

**Partners in Faith:** Saint John Bosco

**Mini-Task:** How does praying the Lord’s Prayer help me follow Jesus?

**At Home:** Think of your favorite words or phrases from the Our Father.

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##### Readers Theater

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# Your Spiritual Journey

## Your Grade 3 Holy Person: Venerable Pierre Toussaint

**Christ In Us** offers a saint or holy person for every grade. The Holy Person for Grade 3 is Venerable Pierre Toussaint. As you journey through each unit, remember to pray to Venerable Pierre. Ask him to guide you to be closer to Jesus Christ.

**P**ierre Toussaint was born in 1766 in a French colony now known as Haiti. Pierre worked as a house slave on a plantation. He was raised Catholic and was educated as a child. In 1787, he moved to New York City with the family that owned him.

In 1807, Pierre was granted his freedom. Pierre began to work as a hairdresser and soon became famous for his skills. Pierre eventually became a rich man. But he knew that true happiness can only be found in following Jesus and his teachings. Together with his wife, Pierre founded an orphanage to care for homeless children. He also helped raise money to build a new Catholic church in New York City, now known as Old St. Patrick's Cathedral.

Pierre showed his devotion to God by the way he lived. He gave money and time to many organizations serving the poor.

Pierre died in 1853 at age 87. He was buried in the cemetery at the church he had helped to build. In 1991, his body was moved to Saint Patrick's Cathedral on Fifth Avenue in New York.

In 1996 Pierre was declared Venerable, the first step to sainthood. Pierre's life serves as a model of holiness to us all.





**W**elcome to **Christ In Us**, an exciting way to grow in your Catholic faith!

Each one of us is on a journey to love and know Jesus Christ. Imagine if every person who met you knew you were a friend of Christ!

Together in this program:

we will **ENCOUNTER** Jesus Christ

we will **ACCOMPANY** him in our lives

we will **WITNESS** to our faith.

You will use this book as well as your online digital portal as you discover and grow closer to Jesus Christ.

As you journey in your faith, you can think about these questions:

Why is it important to have Christ live in you?

What would happen if you did not have Jesus in your life?

How do your faith, the Church, and your family help bring you closer to God?

*It is Christ in you; the hope for glory.*

*Colossians 1:27*



Every lesson has four **Spiraling Main Ideas**.  
Here is an example.

Each lesson has one or more **Faith Words** to help you understand the language of our Catholic faith.

Be sure to look at all the wonderful photos and beautiful art found in the pages of your book.

As you explore this question, you might be asked to stop and think more about it, and then do a short **Activity** to answer it better.

You will be asked to **Show What You Know** by writing the answers to some short questions pertaining to the lesson.

**All of creation shows us God's goodness.**

God created the whole universe out of nothing. Everything God has created, from waterfalls to tiny grains of sand on the beach, from plants to people, tells us about him and his goodness.

Often, God finds ways to speak to us through creation. We read in the Bible about Noah and the ark. After the great flood, when Noah, his family, and all of the animals left the ark and found dry land, God made a special promise, called a **covenant**, with Noah. He promised to love and care for everything he had made, including all of us, forever. God used his own creation—a rainbow—as a sign of his promise.

**Faith Word**

**covenant** an agreement between God and his people



How do I show God's goodness to the world?

**Did You Know?**



The Bible was first printed in 1455.

**Activity**

Use the following words to write or use a storyboard to tell the story of Noah and the ark. Read or tell your story to a friend.

God Noah ark rain covenant flood animals rainbow



Along with Venerable Pierre Toussaint, here are some other Partners in Faith whom you will meet throughout the book!



Each lesson ends with a **Mini-Task** that invites you to show ways you can live out your faith as a missionary disciple of Christ.

Finally, you will be given ways to think and talk with your family **At Home**.

# Lesson 1


## Portfolio

### How do I tell others about God?


## Mini-Task

When you first look at a magazine article, you will notice it has a headline. Headlines are meant to grab people's attention.


Look at the headline on the image of this magazine.



The Good News of the Gospel is the most important news ever. Turn back to page 22 of your text and reread the Good News bulleted points. Choose one bullet to transform into a headline. Talk about your headline with a partner.



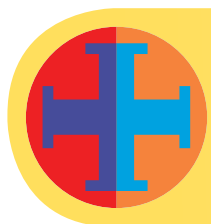
**Want to do more? Go to your Portfolio to continue this activity.**


Help your family stay focused on faith by choosing a family Bible verse to pray or read together at meals or at bedtime.

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**WITNESS**

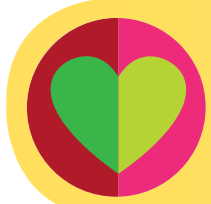
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**Christ In Us** features an online portal filled with exciting media and activities to go with the lessons in your book. If you see one of these icons below in your book, you know it's time to visit the student portal for more. (Note: Not every icon will appear in your book.)



Participate in lesson prayers, whose words are online and downloadable

Learn more about the lesson's **Did You Know?** topic by watching an interesting video and doing an activity



Learn more about the lesson's **Partner in Faith** by watching an online video and completing the activity that follows

Listen to Scripture verses and Catholic prayers and learn them by heart



Find fun activities to share and recall what you have learned





**Show What You Know** by completing  
online assessments



Read and remember the **Faith Words**  
definitions

Complete projects and tasks in the online  
**Portfolio** or *Portfolio Workbook*



Listen to the songs for your grade level and  
sing along!

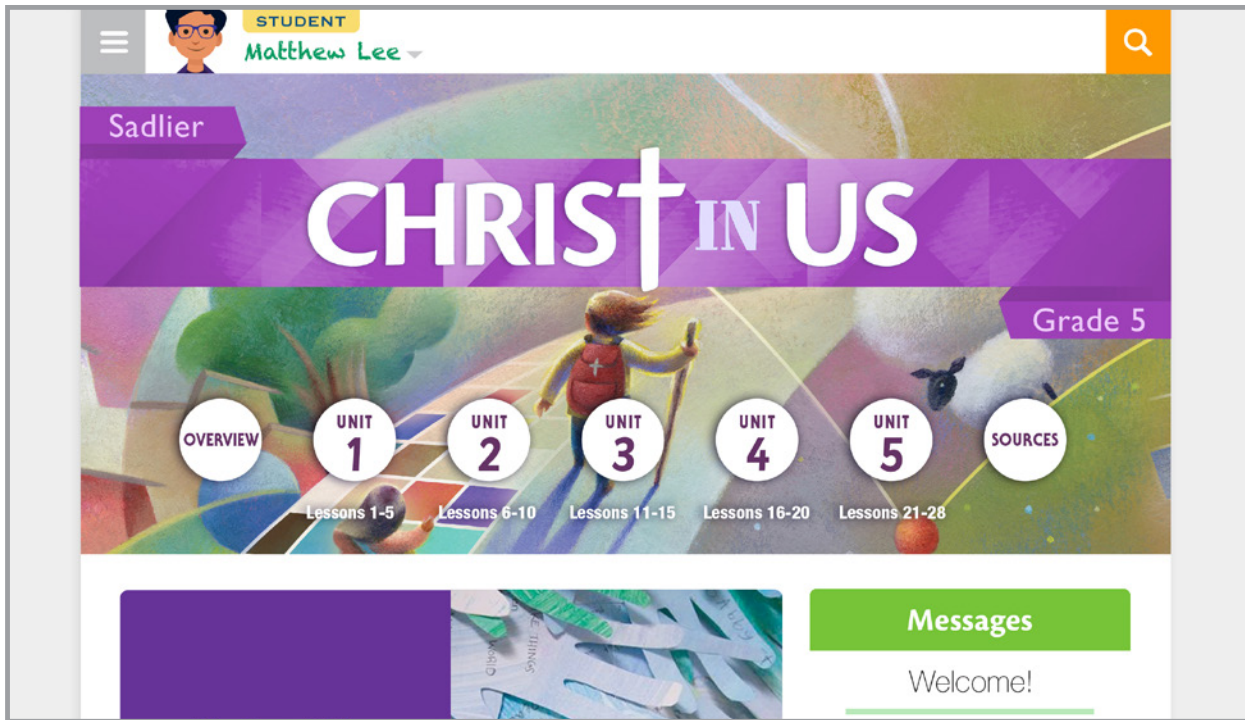
## Your Songs for Grade 3

Unit Songs	Liturgical Catechesis Seasonal Songs
<b>Unit 1:</b> “We Have Been Told,” David Haas	<b>Church Year:</b> “Forever Will I Sing,” Ed Bolduc
<b>Unit 2:</b> “Light of Christ,” Tom Kendzia	<b>Lent:</b> “Lead Us to the Water: Gathering,” Tom Kendzia
<b>Unit 3:</b> “I Send You Out,” John Angotti	<b>Triduum:</b> “I Have Loved You,” Michael Joncas
<b>Unit 4:</b> “Here I Am, Lord,” Dan Schutte	<b>Ordinary Time:</b> “Prayer of St. Francis,” Sebastian Temple
<b>Unit 5:</b> “We Are Called,” David Haas	

## Your journey continues with your login to *Christ In Us Digital*!

Here you can explore all the exciting resources that blend together with your textbook.

Take a look at your personalized online dashboard. Everything you need is at your fingertips!



- Think of your portfolio as your digital backpack! Here you can get your assignments, see reminders, send emails, and even talk to your catechist.
- Interactive Mini-Tasks enable you to share exciting activities with others. You will be able to get hands on and creative by making videos or interactive posters.
- Listen with your heart and pray the prayers of *Lectio* and *Visio Divina*, praise, petition, intercession, adoration, and blessing from your lesson.
- Track your progress with digital quizzes and tests.

**Have a wonderful year!**



What do we believe?

# Unit 1

## The Faith Professed



Jesus Is Baptized



## Unit Prayer

**Leader:** Venerable Pierre Toussaint exemplifies what it means to live a life of faith rather than just use words that are good and holy. In doing so, he modeled how we should “be the Church” instead of just going to church, to live as the light of Christ.

Let us listen to how it is possible to live “as the Church.”  
Listen to the stories of missionary disciples today.

**Leader:** Let us pray:  
Jesus, we know that you want us to be your eyes and hands in the world by the way we treat each other. For help in living in your light, we pray:

**Reader:** Help us to lift up the poor and lonely.

**All:** We will bring your light and peace.

**Reader:** Help us to care for those who hunger and thirst.

**All:** We will bring your light and peace.

**Reader:** Help us to lead those in darkness into your light.

**All:** We will bring your light and peace.

**Reader:** Guide our feet on your path of love for all.

**All:** We will bring your light and peace.

**Leader:** Following the example of Venerable Pierre Toussaint, we say:  
Make us models of your love.

**All:** Make us models of your love.

*End the Unit Prayer by singing the unit song.*



**Unit Song:**  
“We Have Been Told,”  
David Haas

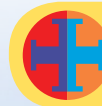
## Missionary Discipleship

**C**an you remember a time when someone helped you when you were lonely or when you felt afraid? What happened? How did you feel when you were helped? How have you helped others when they needed you?



# How do we know God?

**G**od is the Creator of everything. God made everything we can see and everything we cannot see. He existed before anything else existed. We can know God and live as his children. God gives us so many ways to know him. We can know God by seeing his wonderful creation. We get to know him from what he tells us in the Bible. We can know him through the Church. We can especially know God as the Blessed Trinity through Jesus.



**Go to the digital portal for a traditional prayer.**



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*"God looked at everything he had made,  
and found it very good."* *Genesis 1:31*





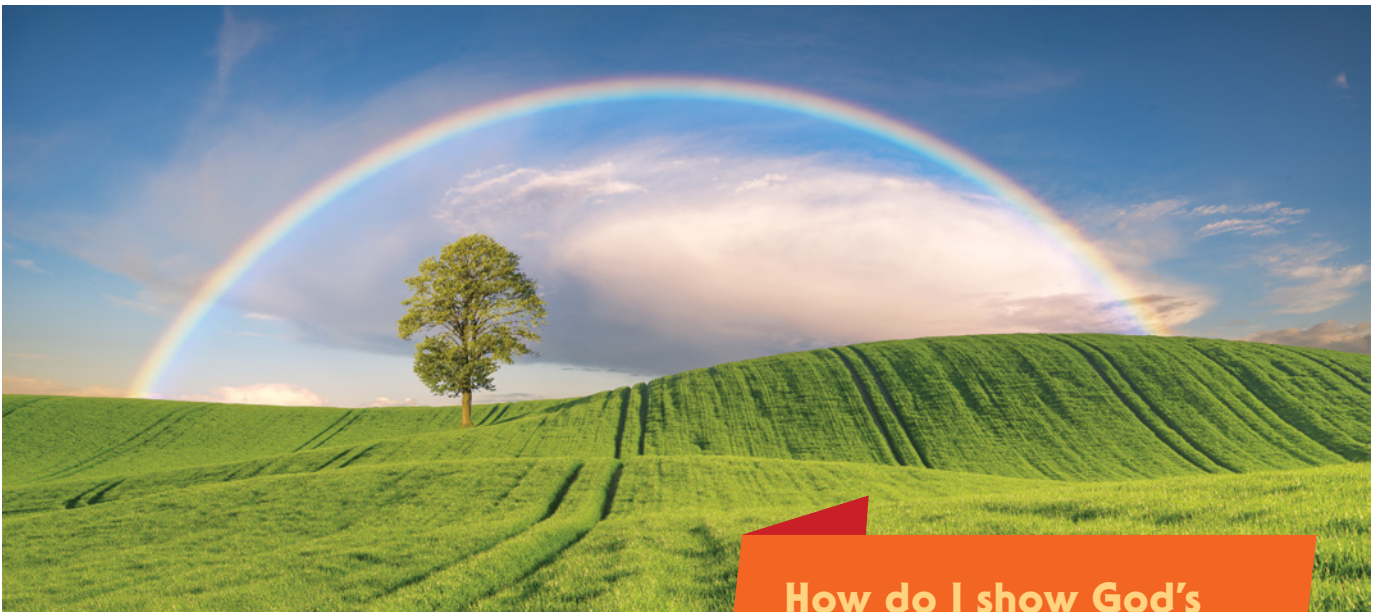
## All of creation shows us God's goodness.

God created the whole universe out of nothing. Everything God has created, from waterfalls to tiny grains of sand on the beach, from plants to people, tells us about him and his goodness.

Often, God finds ways to speak to us through creation. We read in the Bible about Noah and the ark. After the great flood, when Noah, his family, and all of the animals left the ark and found dry land, God made a special promise, called a **covenant**, with Noah. He promised to love and care for everything he had made, including all of us, forever. God used his own creation—a rainbow—as a sign of his promise.

### Faith Word

**covenant** an agreement between God and his people



How do I show God's goodness to the world?

## Did You Know?



The Bible was first printed in 1455.

## Activity

Use the following words to write or use a storyboard to tell the story of Noah and the ark. Read or tell your story to a friend.

**God Noah ark rain covenant flood animals rainbow**

## The Bible is God's Word.

Creation alone does not tell us everything about God. God loves us so much that he wants to speak to us. God speaks to us through the Bible. The Bible is also called Sacred Scripture. The Bible is God's own Word.

God chose people to write the Bible. God the Holy Spirit inspired and guided the people who wrote the Bible. He gave them freedom to write in their own way. We read about events, signs, stories, lessons, and prayers in the Bible. The Bible is a collection of books about God's love for us. The Bible tells us about our call to live as God's people.

God the Holy Spirit guides our minds and hearts to believe all that God is telling us. The Holy Spirit guides the Church to teach us truthfully about what God wants us to know.





## Jesus shows us the way to God the Father.

God tells us about himself in the Bible. Jesus, God the Son, fully shows us who God is. Everything Jesus said and did shows us his love for his Father and the Father's love for us.

In the New Testament, the **Gospels** tell us about Jesus and his words and deeds. The word *gospel* means “good news.” Here is what the Good News means for us:

- Jesus is the Son of God. He came into the world to become one of us and to save us. He came to show us God's love for us.
- Everything Jesus did—his teachings, his miracles, his love for everyone, his prayers, and especially his Death and Resurrection—shows us the way to God the Father.
- Jesus is the Savior of the whole world. All of us have been saved by the **Paschal Mystery**: Jesus' Passion, or suffering, Death, Resurrection, and Ascension.
- Jesus is our Risen Lord. He is lives at the right hand of the Father in heaven. He is always with us by the power of the Holy Spirit!

The Gospels were written after Jesus' Resurrection and Ascension, when he returned to his Father in heaven. The four Gospel writers are called the four Evangelists.



Their four names are the names of the Gospels: Matthew, Mark, Luke, and John.

The four Gospels are at the beginning of the New Testament. The Gospels are so important because they tell us about Jesus, who fully reveals God to us.

## Activity

Write one way you can share the Good News.

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## Faith Words

**Gospel** the Good News that we are saved by Jesus Christ, the Son of God

**Paschal Mystery** the Passion, Death, Resurrection, and Ascension of Jesus Christ

## The Holy Spirit guides the Church.

“When the time for Pentecost was fulfilled, they were all in one place together. And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim” (Acts of the Apostles 2:1–4).

The Holy Spirit came to the Apostles, Mary, and the other disciples on Pentecost. The Holy Spirit guided the Apostles to begin the work Jesus gave them. They shared the Good News of Jesus with all people. God worked through the Apostles and their followers. Since the time of the Apostles, the Church has continued to share the preaching and teachings of Jesus Christ.

The Church teaching of all that God has revealed in Jesus Christ is called **Sacred Tradition**.

### Faith Word

**Sacred Tradition**  
the ways the Church continues to pass on everything that God revealed to us in Jesus Christ







God reveals himself to us in both Sacred Scripture and Sacred Tradition. Through Sacred Tradition the Holy Spirit guides the Church to pass on what God has revealed in the Bible and the teachings of the Apostles. Tradition includes creeds, or statements about what we believe. These statements tell about how we worship God and follow Jesus' teachings.

Scripture and Tradition present God's revelation to us. Together, they show us that the Holy Spirit is alive in the Church through all time, until Jesus comes again in glory.

Sacred Tradition refers to Jesus' teachings, ministry, and authority as they were passed down to his Apostles and their successors, the bishops.

The Holy Spirit lives in the Church, which is the Body of Christ on earth. You are part of the Church. You can live out Jesus' words and teachings every day. As Catholics, we all work together as one Church, one Body in Christ, to help spread the Good News about Jesus.



**Faith Words**

**covenant      Gospel      Sacred Tradition**  
**Paschal Mystery**



**Show What You Know**

Match the term to the correct definition.

1. Sacred Tradition
2. gospel
3. Paschal Mystery
4. covenant
5. Sacred Scripture

Jesus' Passion, Death, Resurrection, and Ascension

a special promise made by God

God's own Word in the Bible

a word that means "good news"

the ways the Church passes on everything that God revealed in Jesus Christ

**Partners in Faith**

**Venerable Pierre Toussaint**

Venerable Pierre Toussaint was a slave. He learned to be a hairdresser. He was such a good hairdresser that he earned enough money to buy his freedom. He gave to the poor and helped raise money to build a church in New York City.



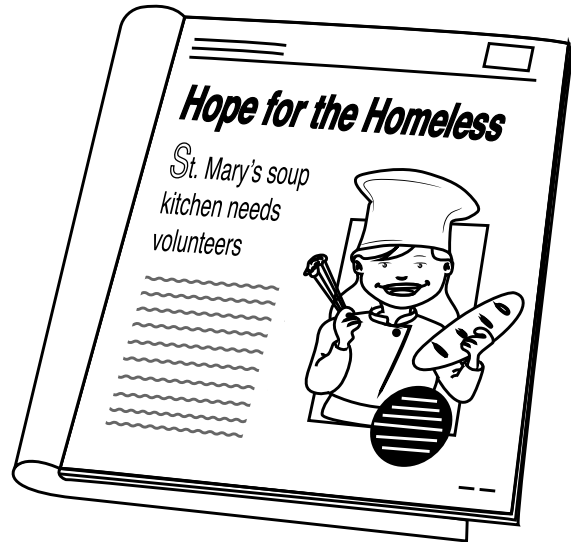
**Learn more about the life of Venerable Pierre Toussaint.**

## Mini-Task

When you first look at a magazine article, you will notice it has a headline. Headlines are meant to grab people's attention.

Look at the headline on the image of this magazine.

The Good News of the Gospel is the most important news ever. Turn back to page 22 of your text and reread the Good News bulleted points. Choose one bullet to transform into a headline. Talk about your headline with a partner.



**Want to do more? Go to your Portfolio to continue this activity.**



Help your family stay focused on faith by choosing a family Bible verse to pray or read together at meals or at bedtime.

Sadlier

# CHRIST<sup>+</sup> IN US<sup>+</sup>

