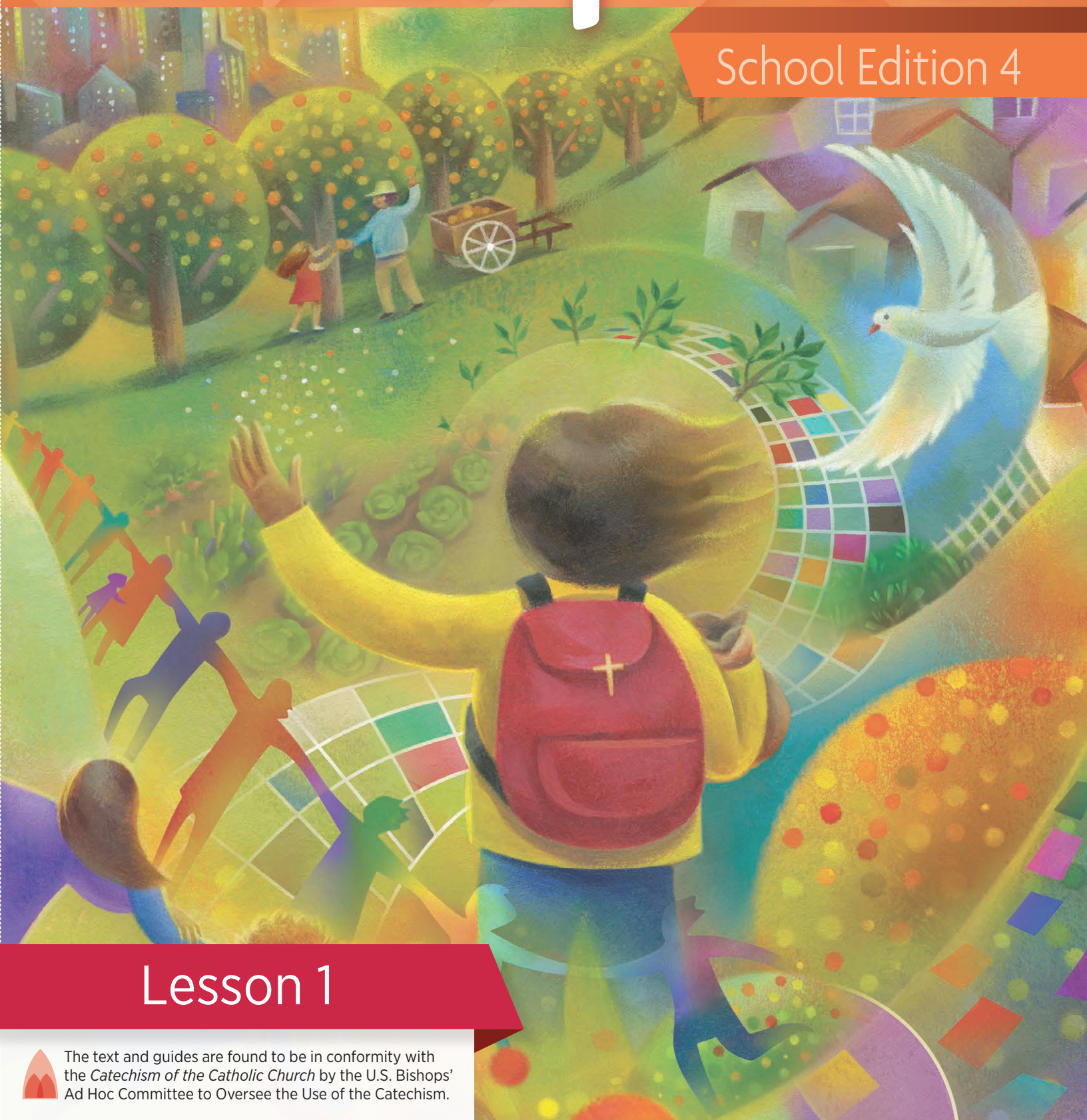


Sadlier

CHRIST IN US™

School Edition 4



Lesson 1



The text and guides are found to be in conformity with the *Catechism of the Catholic Church* by the U.S. Bishops' Ad Hoc Committee to Oversee the Use of the Catechism.


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 **Prayer: Praise**
Psalm 104:24

- God wants us to know him. • God inspired the writers of Sacred Scripture. • Jesus is the promised Savior.
- The Church teaches and guides us.

Lesson Test: Show What You Know

Partners in Faith: Saint Teresa of Ávila

Mini-Task: How can I invite others to share God's love?

At Home: Discuss how your family has passed on the Good News.

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 **Prayer: Adoration**
Deuteronomy 7:9

- God has a loving plan for us. • God reveals himself as Father, Son, and Holy Spirit. • Jesus Christ is the Son of God, our Lord and Savior. • The Holy Spirit guides the Church and makes her holy.

Lesson Test: Show What You Know

Partners in Faith: Saint Elizabeth of the Trinity

Mini-Task: What is God's plan for me?

At Home: The Holy Spirit helps and guides us.

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 **Prayer: Thanksgiving**
2 Corinthians 5:7

- God created us in his image and likeness. • Faith helps us respond to God's love. • Grace helps us live in friendship with the Blessed Trinity. • We are called to live as Jesus' faithful disciples.


Lesson Test: Show What You Know

Partners in Faith: Saints Louis and Zélie Martin

Mini-Task: How can I build my friendship with God and others?

At Home: Families help one another choose good.

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 **Prayer: Lectio and Visio Divina**
Eucharistic Prayer 2, Roman Missal

- Mary was conceived without Original Sin. • Jesus teaches us how to live. • Because of Jesus' Death and Resurrection, we can have eternal life. • Jesus will come again at the end of time.

 **Hail, Mary**


Lesson Test: Show What You Know

Partners in Faith: Saint Timothy

Mini-Task: How does Jesus Christ show me how to live?

At Home: As a family we help each other when we feel sad or alone.

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 **Prayer: Blessing**
Matthew 5:16

- The Church is the Body of Christ. • We are called to share the Good News of Jesus. • The Holy Spirit helps us carry on the mission of the Church. • The pope and bishops serve the Church.

Lesson Test: Show What You Know

Partners in Faith: Saint Kateri Tekakwitha

Mini-Task: How do I share in the mission of the Church?

At Home: Renew baptismal promises as a family.



Unit 2: How do we celebrate what we believe? The Faith Celebrated

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Prayer: Adoration

John 14:6–7

• Jesus is the Head of the Church. • The Holy Spirit prepares us to celebrate the Church's liturgy. • We receive God's grace through the sacraments. • Sacramental signs and actions help us share in God's grace.

Lesson Test: Show What You Know

Partners in Faith: Saint John Paul II

Mini-Task: How can I prepare my heart to celebrate God's love?

At Home: Sacramentals prepare us to receive God's grace.

Lesson 7: How do we praise and thank God? 81



Prayer: Traditional

Psalms 146:2

• The Church's feasts and seasons celebrate Jesus' work of salvation. • The liturgical year guides us as we worship God and honor Mary and the saints. • The Church's liturgy celebrates Christ's work of salvation. • Blessings and devotions help us praise and thank God.

Lesson Test: Show What You Know

Partners in Faith: Saint Cecilia

Mini-Task: What am I grateful for?

At Home: We celebrate with family and friends at Mass.

Lesson 8: How do we become members of the Church? 91



Prayer: Praise

Order of Confirmation, 25

• The Sacraments of Christian Initiation join us to Christ and his Church. • The Sacrament of Baptism gives us new life in Christ. • The Sacrament of Confirmation seals us with the gift of the Holy Spirit. • The Sacrament of the Eucharist is the heart of the Church's life.

Lesson Test: Show What You Know

Partners in Faith: Saint Josephine Bakhita

Mini-Task: How do I show I am a member of the Church?

At Home: We can hear Jesus' call in the Bible readings at Mass.



Lesson 9: How do we celebrate God's forgiveness and healing? 101



Prayer: Petition

Pope Francis

• We receive Christ's forgiveness and healing in the Sacrament of Penance and Reconciliation. • God forgives us when we are sorry. • Conversion and repentance are movements back to God. • The Sacrament of Anointing of the Sick continues Jesus' healing work.



Act of Contrition

Lesson Test: Show What You Know

Partners in Faith: Saint Leopold Mandic

Mini-Task: How can I share my life with God?

At Home: Pray for those who are suffering.

Lesson 10: How are we strengthened for service to God and others? 111



Prayer: Lectio and Visio Divina

Saint John Paul II

• All members of the Church share in the priesthood of Christ. • Holy Orders is a sacrament of service. • The Sacrament of Matrimony joins a man and a woman in love with each other in Christ. • The family is a community of grace and prayer.

Lesson Test: Show What You Know

Partners in Faith: Saints Priscilla and Aquila

Mini-Task: How can I serve others?

At Home: Pray for your bishop, priests, and deacons.

Unit 3: How do we live what we believe?

The Faith Lived

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Lesson 11: How do we know God

loves us? 123



Prayer: Praise

Jeremiah 1:5

- God created us in his own image. • Human life is sacred. • God gave us the gift of free will. • The natural law is a gift from God.

Lesson Test: Show What You Know

Partners in Faith: Saint Joseph of Cupertino

Mini-Task: How do I know God loves me?

At Home: Celebrate and respect the human dignity of others.

Lesson 12: How do we respond to

God's love? 133



Prayer: Meditation

Pope Francis, *Evangelii Gaudium*

- God has placed the desire for happiness in our hearts.
- Our conscience helps us to judge whether an act is right or wrong. • Faith, hope, and charity are gifts from God.
- Catholic social teaching helps us to work for the common good.



Beatitudes

Lesson Test: Show What You Know

Partners in Faith: Blessed Andrew of Phú Yên

Mini-Task: How do my choices respond to God's love?

At Home: Work for the good of your family.

Lesson 13: How does God teach us to love? 143



Prayer: Adoration

Deuteronomy 6:4–5

- We understand God's law through Divine Revelation and human reason. • The Ten Commandments guide our relationship with God. • The Ten Commandments guide our relationship with others. • The precepts of the Church strengthen our union with God and the Church.



I Corinthians 13:4–8



Ten Commandments

Lesson Test: Show What You Know

Partners in Faith: Saint Louis of Toulouse

Mini-Task: How do God's laws help me to love God and others?

At Home: Keep holy the Lord's Day.

Lesson 14: What turns us away from

God's love? 153



Prayer: Petition

I John 2:1

- Original Sin affects all people. • Sin is a choice to turn away from God. • Sin goes against God's law. • Sin harms our relationship with God.

Lesson Test: Show What You Know

Partners in Faith: Saint Moses the Black

Mini-Task: How do I resist temptation?

At Home: Pray for the strength not to sin.

Lesson 15: What turns us toward

God's love? 163



Prayer: *Lectio and Visio Divina*

Roman Missal, Introductory Rites of the Mass

- God's grace helps us turn away from sin. • God's grace helps us respond to his mercy. • The Holy Spirit fills our hearts with sanctifying grace. • Moved by grace, we turn toward God and away from sin.

Lesson Test: Show What You Know

Partners in Faith: Saint Angela of Foligno

Mini-Task: How is my faith visible to others?

At Home: Help your family grow in holiness.

Unit 4: How do we become what we believe?

The Faith Prayed

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Prayer: Meditation

Saint John Paul II, World Youth Day 1997

- In prayer, we speak to God. • In prayer, we listen to God. • Prayer is an ongoing conversation with God. • We trust that God the Father hears our prayers.

Lesson Test: Show What You Know

Partners in Faith: Saint Rita

Mini-Task: How do I trust God in prayer?

At Home: Speak to God honestly in prayer.

Lesson 17: Why do we pray? 185



Prayer: *Lectio and Visio Divina*

Pope Francis

- The Holy Spirit helps us to pray. • Prayer helps us do God's will. • Prayer strengthens our relationship with the Blessed Trinity. • Prayer strengthens us to live as Jesus' disciples.

Lesson Test: Show What You Know

Partners in Faith: Saint Vincent de Paul

Mini-Task: How does prayer lead to happiness?

At Home: God loves your family just as you are.

Lesson 18: How do we pray? 195

 **Prayer: Traditional**

Luke 6:27–28

- Our prayers praise God and trust in his goodness.
- We can pray at all times.
- The Mass is the Church's greatest prayer.
- We can pray aloud or silently in our hearts.

Lesson Test: Show What You Know

Partners in Faith: Saint Elizabeth of Portugal

Mini-Task: How do I pray for others?

At Home: We draw closer to God through different ways of prayer.

Lesson 19: What helps us to pray? 205

 **Prayer: Praise**

1 John 5:14

- The Church is strengthened and guided by holy men and women.
- The virtues of faith, hope, and charity are sources of prayer.
- Prayer strengthens Christian family life.
- Prayer turns our hearts toward God.

Lesson Test: Show What You Know

Partners in Faith: Saint Frances of Rome

Mini-Task: What helps me to pray?

At Home: The quieter we are, the better we can listen to God.

Lesson 20: Why is the Lord's Prayer called the perfect prayer? 215

 **Prayer: Traditional**

Matthew 6:8

- Jesus himself taught us the Lord's prayer.
- The Lord's Prayer helps us know God.
- In the Lord's Prayer we honor and praise God.
- The Lord's Prayer helps us place our trust in God.

Lesson Test: Show What You Know

Partners in Faith: Blessed Jerzy Popiełuszko

Mini-Task: What are some ways I pray with others?

At Home: Pray the Our Father with your family in a special way.

Unit 5: Why and how do we celebrate the Church year?

Unit Opener 225

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Your Spiritual Journey

Your Grade 4 Saint: Saint Teresa of Ávila

Christ In Us offers a saint for every grade. As you journey through each unit, remember to pray to your grade's saint. Ask him or her to help guide you to be closer to Jesus Christ.

Saint Teresa was born in Ávila, Spain. As a girl, she loved to read stories about the saints and martyrs. As a teenager, however, Teresa cared more about clothes and how she looked than about God.

After she was sick for a long time, Teresa changed her thinking and decided to become a nun. She taught herself how to pray quietly, in union with God. She became a Carmelite nun and wanted to devote her life to simple, quiet prayer, called contemplative prayer.

Teresa founded many convents and taught other nuns about prayer. She saw many visions of Jesus. Others did not always believe her and made fun of her, but she obeyed God anyway. Several priests came to understand that what happened to Teresa was true.

She wrote about her visions and way of prayer in several books. For her brilliant writings and teachings on prayer, Saint Teresa of Ávila was declared a Doctor of the Church. She is one of only four women saints with this honor.

When today can you find some quiet time to pray?



Welcome to **Christ In Us**, an exciting way to grow in your Catholic faith!

Each one of us is on a journey to love and know Jesus Christ. Imagine if every person who met you knew you were a friend of Christ!

Together in this program

we will **ENCOUNTER** Jesus Christ

we will **ACCOMPANY** him in our lives

we will **WITNESS** to our faith.

You will use this book as well as your online digital portal as you discover and grow closer to Jesus Christ.

As you journey in your faith, you can think about these questions:

Why is it important to have Christ live in you?

What would happen if you did not have Jesus in your life?

How does your faith, the Church, and your family help bring you closer to God?

*For we are his handiwork,
created in Christ Jesus
for the good works that
God has prepared in
advance, that we should
live in them.*

Ephesians 2:10



Every lesson has four **Spiraling Main Ideas**.
Here is an example.

Each lesson has one or more **Faith Words** to help you understand the language of our Catholic faith.

The Holy Spirit fills our hearts with sanctifying grace.

We receive a special kind of grace in the Sacrament of Baptism called **sanctifying grace**. This grace

- allows us to share in God's life
- is strengthened by the sacraments
- is strengthened by actual grace
- leads us to eternal life.

Sanctifying grace allows us to share in God's life. Through the forgiveness of sins, sanctifying grace is restored through the Sacrament of Penance and Reconciliation. Sanctifying grace is not something we can see, touch, or hear. Yet it is more effective than anything because it is from the Holy Spirit.

Faith Word

sanctifying grace
see p. 259



Be sure to look at all the wonderful photos and beautiful art found in the pages of your book.

Activity

God wants us to lead a life of holiness. Using the letters of the word, write an acrostic poem about the things you think of when you hear the word *holy*. Draw a star next to the one word that means the most to you right now.

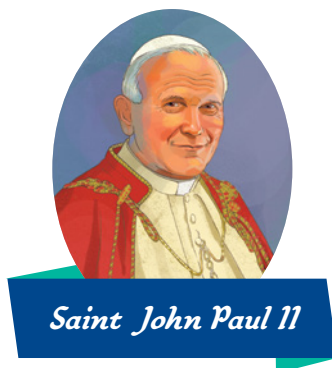
H _____
O _____
L _____
Y _____

As you explore this question, you might be asked to stop and think more about it and then do a short **Activity** to answer it better.

You will be asked to **Show What You Know** by writing the answers to some short questions pertaining to the lesson.

You will not be alone as you journey through **Christ In Us**. You will have lots of **Partners in Faith**—saints and other holy people who lived amazing lives—walking with you.

Along with **Saint Teresa of Ávila**, here are some other Partners in Faith whom you will meet throughout the book!



Next, you will be asked to go to your **Portfolio** to creatively share how you can bring Christ to the world.

Each lesson ends with a **Mini-Task** that invites you to show ways you can live out your faith as a missionary disciple of Christ.

Finally, you will be given ways to think and talk with your family **At Home**.

Lesson 1

Portfolio

How can I invite others to share God's love?

Mini-Task

Extending an invitation is a way of letting someone know he or she is important to you. We send invitations for birthday parties as well as for parish celebrations such as Baptisms and weddings.

Inviting people to share our faith is an important part of being a disciple.

In the space below, design an invitation to Mass at your parish. Include key details such as the time and date of Mass and the important parts of the celebration. Share ways that the Mass helps us show God's love, such as praying and singing together.

Want to do more? Go to your Portfolio to continue this activity.

At Home

Discuss with your family members ways that the Good News has been passed on in your family.

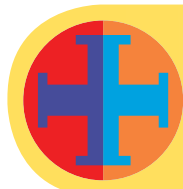
26 WITNESS

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Christ In Us features an online portal filled with exciting media and activities to go with the lessons in your book. If you see one of these icons below in your book, you know it's time to visit the student portal for more. (Note: Not every icon will appear in your book.)



Participate in lesson prayers, whose words are online and downloadable

Learn more about the lesson's **Did You Know?** topic by watching an interesting video and doing an activity



Learn more about the lesson's **Partner in Faith** by watching an online video and completing the activity that follows

Listen to Scripture verses and Catholic prayers and learn them by heart





Find fun activities to share and recall what you have learned

Show What You Know by completing online assessments



Read and remember the **Faith Words** definitions

Complete projects and tasks in the online **Portfolio** or *Portfolio Workbook*



Listen to the songs for your grade level and sing along!

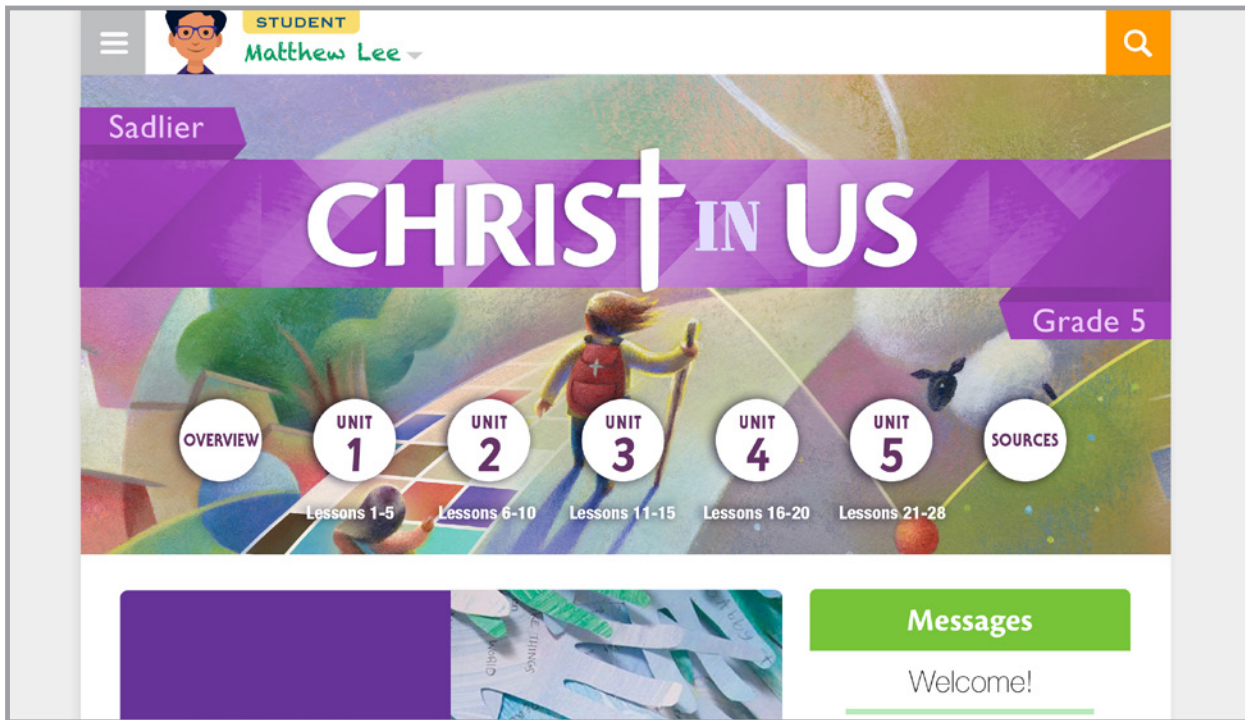
Your Songs for Grade 4

Unit Songs	Liturgical Catechesis Seasonal Songs
Unit 1: “We Have Been Told,” David Haas	Advent: “Christ, Circle Round Us,” Dan Schutte
Unit 2: “Light of Christ,” Tom Kendzia	Christmas: “Joy to the World,” public domain
Unit 3: “I Send You Out,” John Angotti	Easter: “Sing to the Mountains,” Bob Dufford, SJ
Unit 4: “Here I Am, Lord,” Dan Schutte	Pentecost: “Lord, Send Out Your Spirit,” Craig Colson
Unit 5: “We Are Called,” David Haas	

Your journey continues with your login to *Christ In Us* Digital!

Here you can explore all the exciting resources that blend together with your textbook.

Take a look at your personalized online dashboard.
Everything you need is at your fingertips!



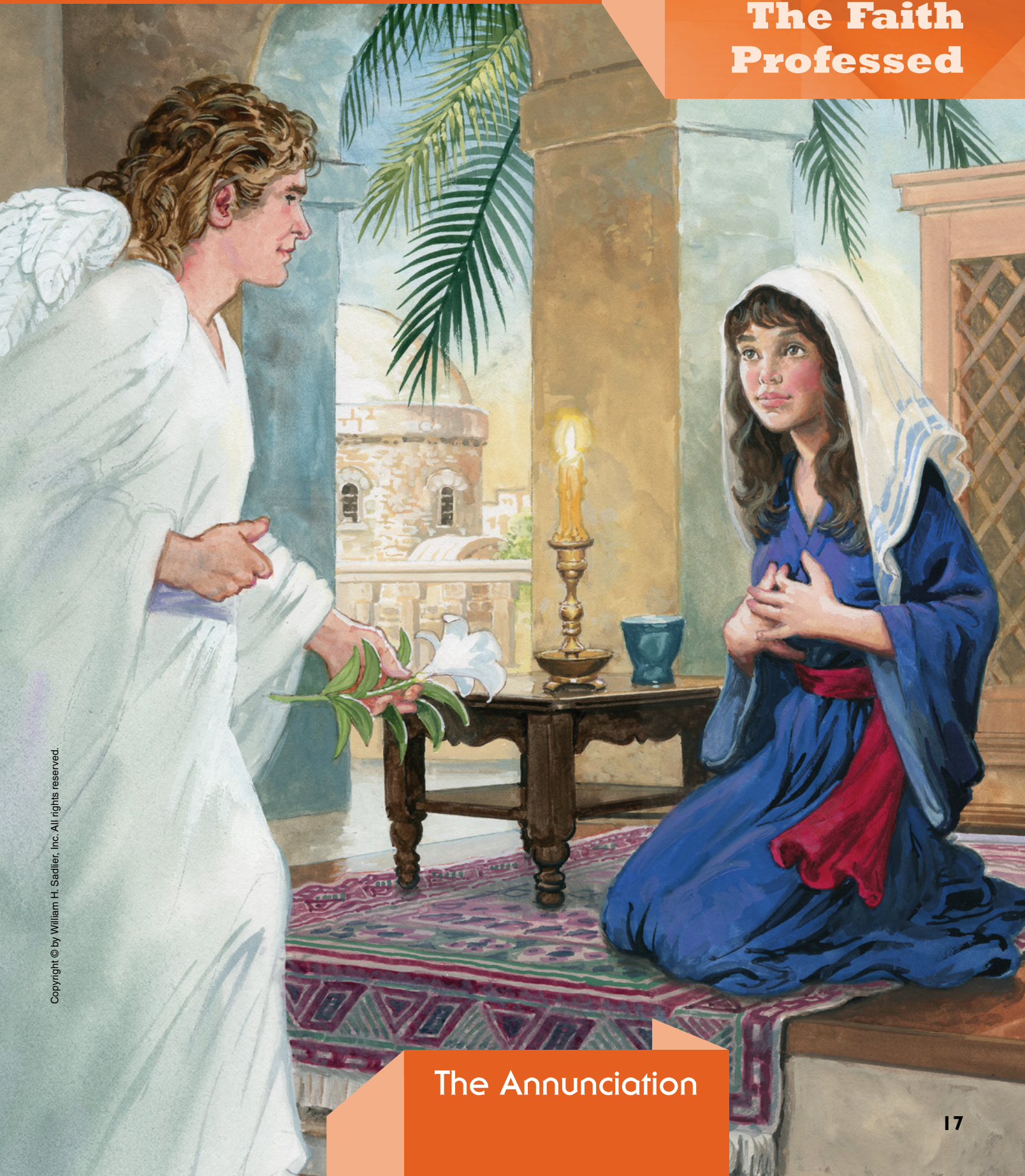
- Think of your portfolio as your digital backpack! Here you can get your assignments, see reminders, send emails, and even talk to your catechist.
- Interactive Mini-Tasks are where you will be able to share exciting activities with others. You will be able to get hands on and creative by making videos or interactive posters.
- Listen with your heart and pray the prayers of *Lectio* and *Visio Divina*, praise, petition, intercession, litany, meditation, blessing, and thanksgiving from your lesson.
- Track your progress with digital quizzes and tests.

Have a wonderful year!

What do we believe?

Unit 1

The Faith Professed



The Annunciation



Unit Prayer

Leader: Saint Teresa of Ávila believed it is important for us to leave a place for God in our hearts. She knew how much God loved her, and she spent much of her life seeking a place for God in her own heart.

Let us listen to how the missionary disciples among us live a life filled with God's presence.

Leader: Let us pray: Dear God, help us to make room in our hearts for you in our daily lives. If we are to live as Jesus taught us, we need to listen with open hearts and minds. It is for your presence in our lives that we pray:

Reader: That we grow more deeply in love with God in our minds;

All: fill us with your presence, O God.

Reader: That we grow more deeply in love with God in our bodies;

All: fill us with your presence, O God.

Reader: That we grow more fully in love with God in our hearts;

All: fill us with your presence, O God.

Reader: That you fill our souls with your peace and love;

All: fill us with your presence, O God.

End the Unit Prayer by singing the song for this unit.



Unit Song: "We Have Been Told,"
David Haas

Missionary Discipleship

When was a time that you allowed God to be more present to you? When do you make time for yourself to let God's Word speak to you? Can you think of something that you remember that God has given to you? How did you feel?

How do we know God?

We know God by his love for us. At every moment, and in every corner of the world, God shows us his love. We see it in his amazing work of creation. We read about his love in the Bible. We can see his love most fully and clearly in his Son, Jesus. We also see God's love in his Church. Wherever we look, we will always find our loving God.



**Go to the digital portal
for a prayer of praise.**



*"How varied are your works, LORD!
In wisdom you have made them all;
the earth is full of your creatures."*

Psalm 104:24

God wants us to know him.

God invites you to get to know him. All the things you've seen today—sky, trees, animals, water, people—are things that God has created and gifts that God gives to draw you closer to him.

We cannot see or hear God the same way we see or hear people. God is a mystery. That means we cannot fully understand or explain his existence and infinite love on our own. So God reveals his love in ways we can understand. We call this **Divine Revelation**. To reveal something means to make it known to others.

Divine Revelation is an invitation to get to know God. The Bible tells us about God sharing his love and goodness with the first humans, Adam and Eve. He made promises to

Faith Word

Divine Revelation see
p. 289

Noah and Abraham. He gave laws to Moses to help people to live in his friendship. Even when times were hard, God spoke through prophets such as Isaiah, who invited people to trust in God.

The greatest revelation of God's love is his Son, Jesus Christ. In Jesus, we find everything we need to know about who God is. Jesus wants us to share his Father's invitation to love. Through the Holy Spirit, Jesus has given us the Church, so that we can live in God's love and friendship forever.



How do I invite
someone to get to
know me?

Did You Know?



God speaks to us through the Bible.



God inspired the writers of Sacred Scripture.

Events in the lives of Jesus, Noah, Abraham, Moses, and the early Church Fathers were shared through many generations of God's people. They were written down and collected in the Bible, which we also call **Sacred Scripture**. The word *scripture* means "holy writing."

The Holy Spirit inspired and guided the people who wrote Sacred Scripture. This means they were able to write without error what God wanted them to write, but they also had the freedom to write in their own way. This is why we say that human beings wrote the Bible, but God is the true author of the Bible.

The Holy Spirit helps us to recognize that the basic meaning of Sacred Scripture is a message

of salvation and hope. When we read all the history, prophecy, poetry, parables, prayers, sayings, and letters in the Bible, we begin to see that God has a plan for us—to believe in him, love him, trust him, and live in happiness with him forever. We see how God means for us to share his love with all people.



Activity

The Bible has two main parts: the Old Testament and the New Testament. Make a list of some events you've learned about from each part. Pick one event that you would like to know more about, and look it up in the Bible.

Event	Old Testament	New Testament

Tell a partner or a friend about the event you picked.
What can you learn from it?

The human writers of Sacred Scripture were writing at different times and in different places for different people. The freedom that God gave them to write allowed them to speak to all kinds of communities.

When we read the Bible, we can ask the Holy Spirit to help us understand God's Word. We read Scripture with our Church to learn and understand God's plan for us. At Mass, we show honor and respect for Sacred Scripture. The Book of the Gospels is carried to the altar, and the priest or deacon kisses the book after the Gospel reading. The Gospels hold a central place in the Mass and in our lives because they tell us of Jesus, who is at the center of our faith.

Sacred Scripture is proclaimed at every Mass. The Scripture readings we hear at Mass during the Liturgy of the Word are read from a book called the Lectionary. The readings in



the Lectionary are not in the order we find them in the Bible. They are organized to reflect the seasons of the Church year.

We also read Scripture at every celebration of the sacraments. Sacred Scripture reveals God to the Church.

What Makes Us Catholic?

Knowing the Bible is an important part of being Catholic. Each Sunday at Mass, we listen to readings from the Old Testament, the New Testament, and the Gospels, as well as from the Book of Psalms. The priest preaches a homily based on the readings. Many Catholic families have a copy of the Bible in their homes. You may have your own copy, given to you at Baptism or at another time. We are asked to read the Bible at home as well as in church. The Bible helps us understand God's plan for our lives. Make time to read your Bible so you will learn more about what God wants for you.



Prayer



Praise

Jesus is the promised Savior.

In the Old Testament, we read about God and his friendship with his people. We see that God never stopped loving them, even when they turned away from him. God made covenants with them—special, solemn promises to care for his people forever. His most important promise was to send his own Son, Jesus, our Savior, who would truly show God’s love in a way no one could imagine.

God kept his promise by sending his only Son, Jesus, to redeem us. The New Testament contains four books that tell us about Jesus’ life and mission. They are the Gospels of Matthew, Mark, Luke, and John. The word *gospel* means “good news.” The Gospels tell us the Good News that through Jesus’ life, Death, and Resurrection, we can share in God’s life of love forever.



Activity

Jesus said he was the way, the truth, and the life. Write a synonym, or a word that means the same thing as another word, for each word Jesus used to describe himself.

Way _____

Truth _____

Life _____

Now read Jesus’ words using your synonyms.

“I am the _____ and the _____ and the _____.”

How do the synonyms help you understand Jesus’ words? Share your insight with a friend.

Everything Jesus said and did leads us to God. Jesus explained: “I am the way and the truth and the life. No one comes to the Father except through me” (John 14:6). The Gospel writers shared how Jesus was the fulfillment of God the Father’s promises in different ways. Their books were formed through Jesus’ life and teachings and the work of the Apostles and others who witnessed his mission. Jesus’ first followers would pass on what they had learned.

- Matthew’s Gospel contains many parables and accounts that tell of Jesus healing people. Matthew tells us that Saint Peter called Jesus “the Messiah, the Son of the living God” (Matthew 16:16).
- Mark’s Gospel includes accounts of John the Baptist, who knew Jesus was the Savior that God had promised to send. In Mark’s Gospel we read how, after John baptized Jesus, God the Father called Jesus “my beloved Son” (Mark 1:11).
- Luke’s Gospel includes Jesus reading the words of the prophet Isaiah about someone who was chosen by the Spirit of the Lord. Jesus then says: “Today, this scripture passage is fulfilled in your hearing” (Luke 4:21).

- John’s Gospel shares many events that are not found in any other Gospel. John tells us that Andrew, one of the first disciples, told his brother: “We have found the Messiah” (John 1:41).

The Gospels of Matthew, Mark, Luke, and John begin the New Testament, but they are at the center of our faith. The *Catechism of the Catholic Church* explains that the Gospels “are the heart of all the Scriptures” (CCC, 125).



Activity

With a partner, choose one of the Gospels. Using the information in your book, work together to make a poster that invites people to read and learn more about the Gospel you have chosen.



The Church teaches and guides us.

Through his life, Death, and Resurrection, Jesus made it possible for us to share in God's life of unending love and goodness. Jesus wants all of us to know this. Before he returned to his Father in heaven, Jesus gave his disciples a mission to share this Good News. He knew they would need strength and courage for this mission. He promised to send the Holy Spirit to help them. The Holy Spirit would be an advocate, or someone who speaks for someone else.

"The Advocate, the holy Spirit that the Father will send in my name—he will teach you everything and remind you of all that [I] told you. Peace I leave with you; my peace I give to you" (John 14:26–27).

At Pentecost, the Holy Spirit came to the disciples, just as Jesus had promised. Peter and the other Apostles baptized about three thousand people on that day. The Church, first begun by Jesus, was sent on her mission on that day. The Apostles were strengthened by the Holy Spirit. The Spirit helped them to speak to everyone in his or her own language so that each person could understand the Good News. This helps us know that Christ's message is meant to be shared with all people.

The disciples' teachings and prayers have been handed down through the Church, all the way up to the present day. We call this the Church's **Sacred Tradition**.

One Church, Many Cultures



The Church understands how important it is for people to read God's Word in a language they can understand. The Bible has been translated into more than six hundred languages, and it is one of the world's best-selling books! Bibles have been published in large print and in Braille as well. You can also find prayer cards that give prayers and Bible verses in English on one side and in another language on the other side.

Activity

Sit in groups of three. Discuss with your group whether each of the following is Sacred Scripture or Sacred Tradition. As a leader calls out each item, your group can answer "S" if you believe that it is part of Scripture or "T" if it is part of Tradition.

- The Apostles' Creed
- The Gospels
- Church teaching about the Blessed Trinity
- The Old Testament narrative of Noah
- Holy Days of Obligation
- Praying the Rosary

Sacred Tradition is God's truth found in the teaching, life, and worship of the Church. Tradition includes the interpretation of Scripture, which helps us to understand the Good News of Jesus and what it means for us today. Tradition includes teachings and practices handed down by Jesus and the Apostles. These teachings explain how we worship God and share his life and love with others.

Sacred Tradition also includes creeds, or statements of our Christian beliefs, like the Nicene or Apostles' Creed we pray at Mass.

The Apostles' Creed is based on the teachings of Jesus Christ and the faith of the Apostles. Each time we pray the Apostles' Creed, we profess our faith. To profess means to state what we believe.

We state our belief in the First and Second Persons of the Blessed Trinity, God the Father and God the Son:

"I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord."

We state our belief that God the Son was conceived by the Third Person of the Blessed Trinity, the Holy Spirit, and that he became one of us and died to save us:

"who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father Almighty; from there he will come to judge the living and the dead."

We state our belief in the holy Catholic Church that Jesus gave us. When we pray the Apostles' Creed, we are one in faith and love:

"I believe in the Holy Spirit, the holy catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen."

Partners in Faith

Saint Teresa of Ávila

Saint Teresa was a Spanish nun. She looked on God as a close friend. She said that we need to spend time with God to make our relationship grow, just as we have to spend time watering a garden to make it grow. Teresa was holy, intelligent, and lively; she loved music, dance, good conversation, and good books.



Learn more about the life of Saint Teresa of Ávila.





Praise

Faith Words

Divine Revelation Sacred Scripture
Sacred Tradition



Show What You Know

In your own words, give a short definition of each term.

1. Divine Revelation

2. Sacred Scripture

3. Sacred Tradition

4. What is the difference between the Old and New Testaments of the Bible?

Live Your Faith

- What parts of the Church's Sacred Tradition help you understand your faith?

- Describe ways to share the Good News of Jesus' life and work with others.

Mini-Task

Extending an invitation is a way of letting someone know he or she is important to you. We send invitations for birthday parties as well as for parish celebrations such as Baptisms and weddings.

Inviting people to share our faith is an important part of being a disciple.

In the space below, design an invitation to Mass at your parish. Include key details such as the time and date of Mass and the important parts of the celebration. Share ways that the Mass helps us show God's love, such as praying and singing together.



Want to do more? Go to your Portfolio to continue this activity.

At Home

Discuss with your family members ways that the Good News has been passed on in your family.

Sadlier

CHRIST IN US

