

# The Joy of Being a Catholic Child



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# Living Our Catholic Faith

**I**N other words, we are surrounded by reminders of our Faith. We have Sacraments and sacramentals. We have the Word of God. We have the history of the Church and the gift of Church leaders. Most of all, we have the gift of the Holy Spirit.

But we have to live this Faith every day of our lives. We go to Mass every Sunday to thank God for all these gifts and to praise God's goodness. We should not look at Sunday Mass as something "we have to do." It is not so much an obligation as a privilege. We get to stand in the presence of Jesus.

We begin and end our days with a morning and evening prayer to make God a part of our day's activities and our sleep.

We also say prayers all day long for ourselves and for others.

We have to remember our Faith even when we watch television and play sports or video games. We try to give a good example in these ordinary actions and in everything else that we do.

Being a Catholic is a job that never ends.

PEACE



# Ways to Share Our Faith

**I**T is so great to be a Catholic that we would like to share this gift with everyone. This is why the Church has always sent out missionaries. These are men and women who explain our Faith to others and invite them to become Catholics too.

But we do not have to go to a distant land to be a missionary. We can do it in our everyday lives.

We can give a good example in everything that we do. If people see that we are at peace and trying our best, then they will be impressed and ask us what our secret is.

We can practice our Faith with devotion by going to Mass, going to Confession, and praying throughout the day. Remember, our Faith is a privilege.

We can be proud of who we are and not be afraid to show that we are Catholics. A good example of this is saying a prayer before we eat, even if we are at school or in a restaurant.

Finally, we can pray for others. If we see that they are having a bad time, we can promise to pray for them. Then, when we say our evening prayers, we ask God to send His help and love into their lives.