



# *Prayers to My Favorite Saints*

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Divine Word Missionary

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# SAINT ANTHONY OF PADUA

## Patron of the Poor

1195 – 1231    Feast: June 13

F F F

**S**AINT Anthony of Padua,  
you were tireless  
as you preached boldly  
and served the poor.

I ask you to help me  
to learn from your example  
and to look to the poor with love.

Thank you for showing me  
how to be good and kind to others.

F F F

### *Did you know?*

Saint Anthony of Padua was actually born in Lisbon, Portugal, and given the name Ferdinand.

He became a Franciscan in 1221.

Pope Gregory IX declared him a Saint only a year after his death.



# SAINT CLARE

## Patroness of Television

1193 – 1253    Feast: August 11

F F F

**S**AINT Clare,  
your life was one of prayer,  
silence, and fasting.

Show me how to embrace  
the spirit of poverty  
and an unselfish manner with others.

Encourage in me a habit of self-sacrifice.

F F F

*Did you know?*

Saint Clare was the spiritual daughter of Saint  
Francis of Assisi.

She was foundress of the Order of Poor Clares.

She endured illness for many years.