

SHORTER CHRISTIAN PRAYER

The Four-Week Psalter
of the Liturgy of the Hours
Containing

MORNING PRAYER
AND
EVENING PRAYER

With Selections for the Entire Year

Approved for Use
in the Dioceses of the United States of America



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CONCLUDING PRAYER

Father,
may everything we do
begin with your inspiration
and continue with your saving help.
Let our work always find its origin in you
and through you reach completion.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever.

Conclusion, as in the Ordinary, 29.

Evening Prayer

God, come to my assistance. Glory to the Father.
As it was in the beginning. Alleluia.

HYMN, no. 34 or 47. Outside Ordinary Time, see Guide, 578.

PSALMODY

Ant. 1 The Lord looks tenderly on those who are poor.

Easter: Have courage; I have overcome the world, alleluia.

Psalm 11

God is the unfailing support of the just

Blessed are those who hunger and thirst for justice; they shall be satisfied (Matthew 5:6).

In the Lord I have taken my refuge.
How can you say to my soul:
“Fly like a bird to its mountain.

See the wicked bracing their bow;
they are fixing their arrows on the string
to shoot upright men in the dark.
Foundations once destroyed, what can the just
do?”



WEEK III

SUNDAY

Evening Prayer I

God, come to my assistance. Glory to the Father.
As it was in the beginning. Alleluia.

HYMN, no. 32 or 184. Outside Ordinary Time, see Guide, 578.

PSALMODY

Ant. 1 From the rising of the sun to its setting,
may the name of the Lord be praised.

Advent: Rejoice, Jerusalem, let your joy overflow; your
Savior will come to you, alleluia.

Lent, 3rd Sunday: The Lord says: Turn away from sin
and open your hearts to the Gospel.

Easter, 3rd and 7th Sunday: The Lord our God is high
above the heavens; he raises up the lowly from the
dust, alleluia.

Psalm 113

Praise the name of the Lord

*He has cast down the mighty and has lifted up the
lowly (Luke 1:52).*

Praise, O servants of the Lord,
praise the name of the Lord!
May the name of the Lord be blessed
both now and for evermore!
From the rising of the sun to its setting
praised be the name of the Lord!

High above all nations is the Lord,
above the heavens his glory.—

There were set the thrones of judgment
of the house of David.

For the peace of Jerusalem pray:

“Peace be to your homes!

May peace reign in your walls,
in your palaces, peace!”

For love of my brethren and friends

I say: “Peace upon you!”

For love of the house of the Lord

I will ask for your good.

Psalm-prayer

When you rose from the dead, Lord Jesus, you formed the Church into your new body and made of it the new Jerusalem, united in your Spirit. Give us peace in our day. Make all nations come to your Church to share your gifts in fellowship, that they may render you thanks without end and come to your eternal city.

Ant. 2 From the morning watch until night, I have waited trustingly for the Lord.

Advent: Come, Lord, do not delay; free your people from their sinfulness.

Lent, 4th Sunday: Awake from your sleep, rise from the dead, and Christ will give you light.

Easter, 4th Sunday: With your own blood, you have redeemed us for God, alleluia.

Psalm 130

A cry from the depths

He himself will save his people from their sins
(Mat-thew 1:21).

Out of the depths I cry to you, O Lord,

Lord, hear my voice!

O let your ears be attentive
to the voice of my pleading.

**Sunday in the Octave
of Christmas**

Psalter, Week I

HOLY FAMILY

Feast



When Christmas occurs on Sunday, the feast of the Holy Family is celebrated on December 30 and there is no Evening Prayer I.

Evening Prayer I

CANTICLE OF MARY

Ant. The child Jesus remained in Jerusalem, and his parents did not know it. They thought he was in the group of travelers and looked for him among their relatives and friends.

Invitatory

Ant. Come, let us worship Christ, the Son of God, who was obedient to Mary and Joseph.

Invitatory psalm, as in the Ordinary, 22.

Morning Prayer

CANTICLE OF ZECHARIAH

Ant. Lord, give us light through the example of your family and guide our feet into the way of peace.

CONCLUDING PRAYER

Father,
help us to live as the holy family,
united in respect and love.
Bring us to the joy and peace of your eternal home.

FRIDAY**Morning Prayer****READING****Acts 5:30-32**

The God of our ancestors raised Jesus, though you had him killed by hanging him on a tree. God exalted him at his right hand as leader and savior to grant Israel repentance and forgiveness of sins. We are witnesses of these things, as is the holy Spirit that God has given to those who obey him.

RESPONSORY

The Lord is risen from the tomb, alleluia, alleluia.

— The Lord is risen from the tomb, alleluia, alleluia.

He hung upon the cross for us,

— alleluia, alleluia.

Glory to the Father . . .

— The Lord is . . .

CANTICLE OF ZECHARIAH

Ant. My commandment is this: love one another as I have loved you, alleluia.

INTERCESSIONS

Let us pray to God the Father, who gave us new life through the risen Christ:

Give us the glory of your Son.

Lord our God, your mighty works have revealed your eternal plan: you created the earth, and you are faithful in every generation,

— hear us, Father of mercy.

Purify our hearts with your truth, and guide them in the way of holiness,

— so that we may do what is pleasing in your sight.

Let your face shine upon us,

— that we may be freed from sin and filled with your plenty.

THIRTEENTH SUNDAY IN ORDINARY TIME

Psalter, Week I

Evening Prayer I

CANTICLE OF MARY

Ant. Those who welcome you are welcoming me,
and those who welcome me are welcoming
him who sent me.

Morning Prayer

CANTICLE OF ZECHARIAH

Ant. Jesus, turning, saw the woman and said: Take
courage, daughter; your faith has saved you,
alleluia.

CONCLUDING PRAYER

Father,
you call your children
to walk in the light of Christ.
Free us from darkness
and keep us in the radiance of your truth.

We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever.

Alternative Prayer

Father in heaven,
the light of Jesus
has scattered the darkness of hatred and sin.
Called to that light
we ask for your guidance.
Form our lives in your truth, our hearts in your love.
We ask this through Christ our Lord.

Evening Prayer II

CANTICLE OF MARY

Ant. The Son of Man did not come to condemn men
but to save them.

LITURGICAL GUIDE FOR HYMNS

PROPER OF SEASONS

No.

ADVENT

- 54 On Jordan's bank
55 Maranatha
56 Come, thou long-expected
 Jesus
57 Be consoled, my people
58 Hear the herald voice
59 The King of glory
60 Wake, awake, the night is
 dying
61 Creator of the stars of night
62 You heavens
63 O come, O come, Emmanuel
64 The coming of our God
65 Behold a Virgin bearing him
66 The night is ending (Song of
 Salvation)
67 Behold, a rose of Judah

CHRISTMAS

- 68 Unto us a child is born (A child
 is born)
69 From heaven high
70 Go tell it on the mountain
71 O come, all ye faithful
72 Songs of praise the angels
 sang
73 Virgin-born, we bow before
 you
74 What child is this?
75 A child is born in Bethlehem
76 Unto us a child is given

HOLY FAMILY

- 77 Sing of Mary, pure and lowly
78 Joseph

No.

MARY, MOTHER OF GOD

- 73 Virgin-born, we bow before
 you
79 Joy to you
80 O Mary, of all women

EPIPHANY

- 3 Sion, sing
11 All you nations
81 As with gladness men of old
84 Songs of thankfulness

BAPTISM OF THE LORD

- 82 Sing praise to our Creator
83 When Jesus comes to be
 baptized
84 Songs of thankfulness

LENT

- 53 The Master came
85 Now let us all with one ac-
 cord
86 Creator of the earth and
 skies
87 Lord, your glory in Christ we
 have seen
88 Praise to the holiest
89 The glory of these forty days
90 Grant to us
91 With hearts renewed
92 Take up your cross
93 For forty years
94 Lord who throughout these
 holy days
95 This is our accepted time
96 Draw near, O Lord

Sion, Sing

Melody: Sion, Sing
Irregular with Antiphon

Music: Lucien Deiss, C.S.Sp.
Text: Lucien Deiss, C.S.Sp.

Antiphon: Sion, sing, break into song!
For within you is the Lord
With his saving power.

1
Rise and shine forth, for your light has
come,
And upon you breaks the glory of the
Lord;
For the darkness covers the earth,
And the thick clouds, the people.

Antiphon

2
But upon you the Lord shall dawn,
And in you his splendor shall be re-
vealed;
Your light shall guide the Gentiles on
their path,
And kings shall walk in your brightness.

Antiphon

3
Wonder and thanksgiving shall fill your
heart,
As the wealth of nations enriches you;
You shall be called the City of the Lord,
Dear to the Holy One of Israel.

Antiphon

4
You who were desolate and alone,
A place unvisited by men
Shall be the pride of ages untold,
And everlasting joy to the nations.

Antiphon

5
No more shall the sun be your light by
day,
Nor the moon's beam enlighten you by
night;
The Lord shall be your everlasting light,
And your God shall be your glory.

Antiphon

6
No more for you the setting of suns,
No more the waning of moons;
The Lord shall be your everlasting light
And the days of your mourning shall
come to an end.

Antiphon

Morning Has Broken

Melody: Bunessan 55.54.D

Music: Old Gaelic Melody
Text: Eleanor Farjeon, 1881-1965

1
Morning has broken
Like the first morning,
Blackbird has spoken
Like the first bird.
Praise for the singing!
Praise for the morning!
Praise for them, springing
Fresh from the Word!

3

Mine is the sunlight!
Mine is the morning,
Born of the one light
Eden saw play!

2
Sweet the rains new fall
Sunlit from heaven,
Like the first dew fall
On the first grass.
Praise for the sweetness
Of the wet garden,
Sprung in completeness
Where his feet pass.

Praise with elation,
Praise every morning,
God's re-creation
Of the new day!

GENERAL INDEX OF HYMNS

Hymn No.	First Words	Hymn No.	First Words
75	A Child is born in Bethlehem	19	From all that dwell below the skies
171	A mighty fortress is our God	20	From all that dwell below
14	All creatures of our God	69	From heaven high
103	All glory, praise and honor	70	Go tell it on the mountain
131	All hail, adored Trinity	13	God Father, praise and glory
52	All praise to you, O God	135	God with hidden majesty
11	All you nations	90	Grant to us
121	Alleluia! Sing to Jesus	142	Great Saint Andrew
112	Alleluia! The strife is o'er	162	Hail, holy queen
27	Almighty Ruler, God of truth	102	Hail, Redeemer, King Divine
173	Amazing grace	122	Hail thee, festival day
81	As with gladness men of old	160	Hail this festival day
116	At the Lamb's high feast	143	Hail to the Lord who comes
39	At the name of Jesus	107	Have mercy, O Lord
57	Be consoled, my people	58	Hear the herald voice
67	Behold, a rose of Judah	137	Heart of Christ
65	Behold a Virgin bearing him	24	Help us, O Lord
180	Blessed are the poor of heart	49	Holy God, we praise thy name
181	Blest are the pure in heart	132	Holy, holy, holy
18	Breathe on me, breath of God	158	Holy Mary, now we crown you
2	Brightness of the Father's glory	22	Holy Spirit, come confirm us
170	Christ, in whose passion	129	Holy Spirit, God of light
154	Christ is made our sure foundation	114	I am the bread of life
17	Christ is the world's light	108	I shall praise the Savior's glory
115	Christ Jesus lay in death's strong bands	10	I sing the mighty power of God
120	Christ the Lord is risen today	113	In the midst of death
123	Christ the Lord is ris'n today	118	Jesus Christ is ris'n today
111	Christ, victim for the sins	78	Joseph
127	Come, Holy Ghost, Creator come	79	Joy to you
23	Come, Holy Ghost, who ever one	98	Keep in mind
133	Come, thou almighty King	100	Let all mortal flesh keep silence
56	Come, thou long-expected Jesus	45	Let all things now living
139	Come to me	124	Let the earth rejoice and sing
86	Creator of the earth and skies	145	Look down to us, Saint Joseph
61	Creator of the stars of night	29	Lord God and Maker of all things
101	Crown him with many crowns	34	Lord Jesus Christ, abide with us
5	Darkness has faded	26	Lord of all being throned afar
42	Day is done	25	Lord of all hopefulness
96	Draw near, O Lord	134	Lord, who at your first Eucharist
31	Faith of our fathers	94	Lord, who throughout these forty days
21	Father, Lord of earth and heaven	7	Lord, whose love in humble
46	Father, we thank thee	87	Lord, your glory in Christ
28	Firmly I believe and truly	40	Love divine, all loves excelling
172	For all the saints	174	Loving Shepherd of thy sheep
93	For forty years	55	Maranatha
37	For the fruits of his creation	156	Mary, crowned with living light
44	For to those who love God	157	Mary Immaculate