

The **PROMISES** *of the* **SACRED HEART**



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1ST PROMISE —

“I will give to My faithful all the graces necessary in their state of life.”

Grace for Daily Living

SACRED Heart of Jesus,
give me all the graces I need in my life.

I believe that at Holy Mass
the graces You gained for me
when You died on the cross
reach my soul, especially in Holy Communion.

Give me Your grace
which is the life of my soul.
That grace will make my soul holy
and pleasing to God.

Give light to my mind and strength to my will
to do good and avoid evil.

I want to confess my sins
and receive You in Holy Communion often.

Sacred Heart of Jesus, I love You!



**Sacred Heart of Jesus, I believe in Your
love for me.**