This Book Belongs to

who first became a child of God and shared in His life in Baptism on

Date of Baptism

who first confessed sins to the Priest to receive God's forgiveness on

Date of First Penance

who was nourished by the Body and Blood of Jesus for the first time on

Date of First Holy Communion

THE PENITENTIAL ACT

PRIEST: Brethren (brothers and sisters), let us acknowledge our sins,

and so prepare ourselves to celebrate the sacred mysteries.

Then one of the following forms is used.

A
PRIEST and PEOPLE:

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

And, striking their breast, they say:

through my fault, through my fault, through my most grievous fault;

Then they continue:

therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.



ELEVATION OF THE HOST — The Priest shows the consecrated Host to the people, places it again on the paten, and genuflects in adoration.



VISIT OF THE WISE MEN — Wise Men from the East come to Jerusalem to learn where the newborn King of the Jews is. Finding Jesus, they kneel down to worship Him.



THE NAME JESUS — Eight days after His Birth, Mary's Son is named Jesus. This name means that He came to save us from our sins and lead us to heaven.

THE MIRACLES OF JESUS

Water Made Wine at Cana The Royal Official's Son The Great Number of Fish The Cure of a Possessed Man Peter's Mother-in-Law Healing a Leper Healing a Paralyzed Man The Cure on the Sabbath Healing the Withered Hand The Centurion's Servant The Widow's Son The Blind and Mute Man The Calming of the Storm Jesus Expels Demons Raising the Daughter of Jairus The Suffering Woman Two Blind Men The Mute Demoniac

Five Thousand Fed Jesus Walks on the Water A Gentile Woman's Faith A Deaf and Mute Man Four Thousand Fed The Blind Man at Bethsaida A Possessed Boy Jesus Pays the Temple Tax The Man Born Blind The Lame, Blind, and Mute The Crippled Woman The Raising of Lazarus The Man with Dropsy The Ten Lepers The Blind at Jericho The Withered Fig Tree Jesus Heals the Servant's Ear The Great Catch of Fish

The Our Father

O UR Father, Who art in heaven, hallowed be Thy name; Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.



COMMUNION PRAYERS

BEFORE HOLY COMMUNION

An Act of Offering

Dear Jesus, with this Holy Communion, I offer You today, my thoughts, my words, and all that I do. May Your grace help me to be always ready to receive You.

An Act of Faith

O good Jesus, You are now on the altar. I believe that You are the same God Who made heaven and earth, and Who became a child like me to draw us all close to You. I believe that now You are really present in Holy Communion to be the Food of our souls. I believe it all because You said so.

An Act of Hope

O good Jesus, You come to me with the riches of heaven and earth. I truly hope that You will bring me all the help I need to serve You well and to get to heaven.

THE SACRAMENT OF PENANCE

To receive the Sacrament of Penance worthily, I must:

- 1. Remember my sins.
- 2. Be sorry for my sins.
- 3. Make up my mind not to sin again.
- 4. Tell my sins to the Priest.
- 5. Do the penance the Priest gives me.

Preparation for Confession

Did I commit any of these sins? The Ten Commandments of God

GOD

1. I, the Lord, am your God. You shall not have other gods besides Me.

Did I miss my morning or night prayers?

Did I misbehave during Mass?

HOLYDAYS OF OBLIGATION



THE IMMACULATE CONCEPTION December 8

This day we celebrate that Mary was sinless from the moment she was conceived.

THE NATIVITY OF THE LORD December 25

This is the birthday of Jesus, Our Savior, in Bethlehem.





MARY, THE HOLY MOTHER OF GOD January 1

We recall that Mary gave birth to Jesus, God the Son.

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IN THE DIOCESES OF THE UNITED STATES

THE ASCENSION (40 days after Easter) On this day, Jesus

returned to His Father in heaven.





THE ASSUMPTION August 15

We recall that the Blessed Virgin Mary was taken up to heaven.

ALL SAINTS November 1

This day we celebrate all the Saints that have gone to heaven.

