

Writing Our Catholic Faith

Revised Edition

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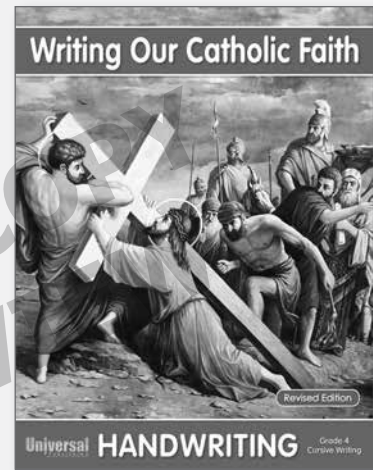


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Sanctus

Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest. Blessed is he
who comes in the name of the Lord.
Hosanna in the highest.

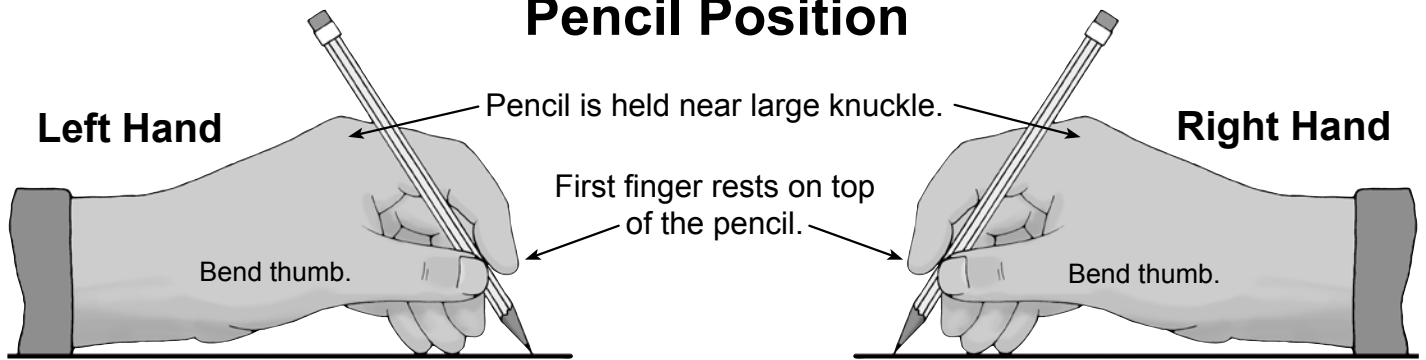
Write the prayer in cursive.

Handwriting practice lines consisting of multiple sets of three horizontal lines (top, middle dashed, bottom) for writing the prayer in cursive.

Use the elements of legibility listed below to evaluate your handwriting.
Check the box if the element is correct.

CHECK-UP Line Quality Joinings Alignment Slant Word Spacing

Pencil Position



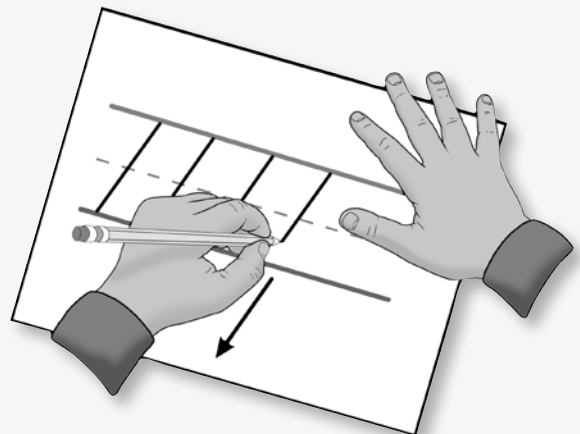
GOOD POSTURE

1. Both feet on the floor
2. Elbows off the edge of desk
3. Sit back in chair
4. Shoulders slightly forward
5. Proper desk height

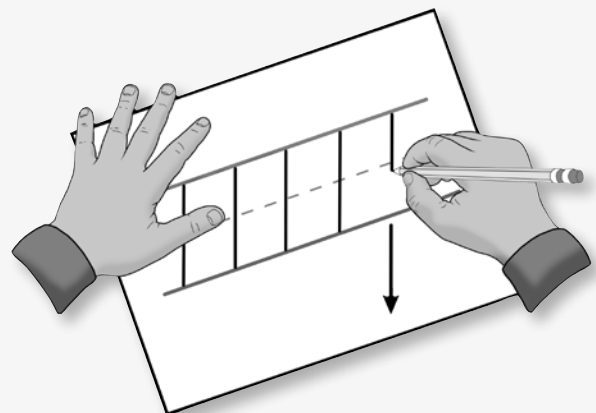


GOOD HANDWRITING

Paper Position for Cursive Writing



LEFT HAND



RIGHT HAND

Manuscript Alphabet

Write the manuscript letters and punctuation marks.

A a B b C c D d E e

F f G g H h I i J j

K k L l M m N n O o

P p Q q R r S s T t

U u V v W w X x Y y

Z z . , ; : ' ! ? " "

Write the manuscript numerals.

1 2 3 4 5 6 7 8 9 10



CHECK-UP

Line Quality

Joinings

Alignment

Slant

Word Spacing

Cursive Alphabet

Write the cursive letters and punctuation marks.

A a B b C c D d E e

F f G g H h I i J j

K k L l M m N n O o

P p Q q R r S s T t

U u V v W w X x Y y

Z z . , ; : ' ! ? " "

Write the cursive numerals.

1 2 3 4 5 6 7 8 9 10



CHECK-UP

Letter Spacing

Joinings

Alignment

Slant

Word Spacing

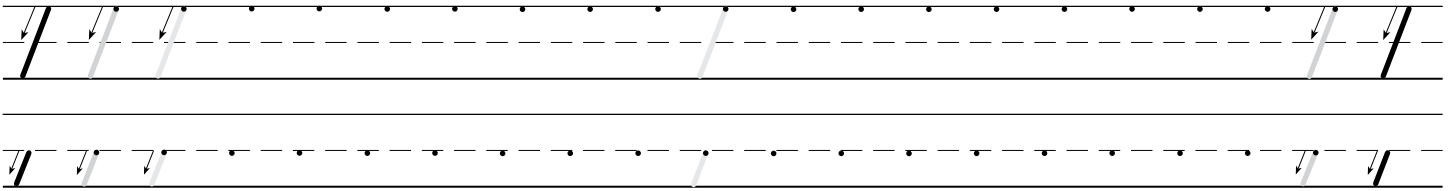
Cursive Basic Strokes

Slant The slant stroke is used in many cursive letters. Can you name the letters that contain a slant stroke?

Slant
Strokes



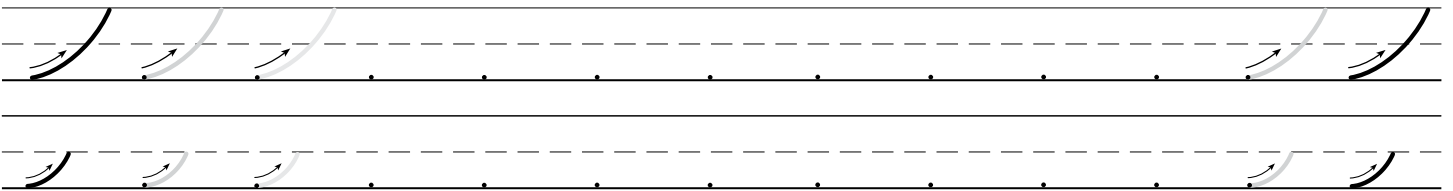
Trace and write the slant strokes.



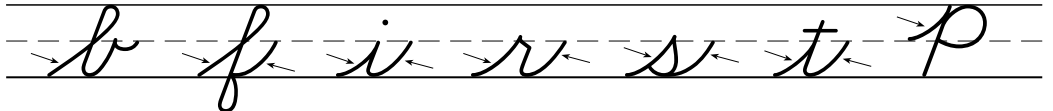
Study the slant strokes in the letters to the right.



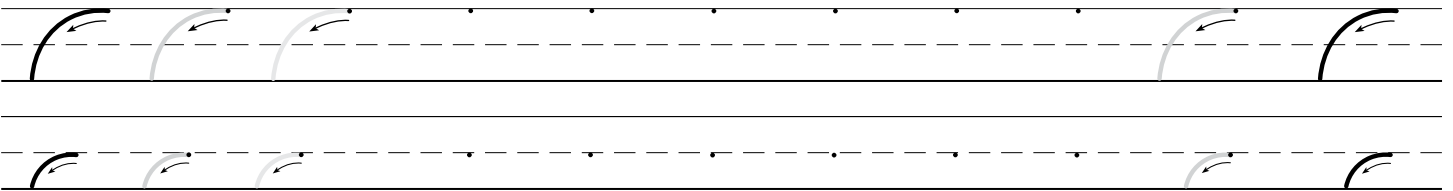
Undercurve The undercurve is used to begin fourteen lowercase letters. Can you name them? Trace and write the undercurves.



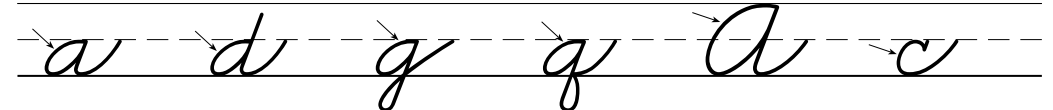
Study the undercurves in the letters to the right.



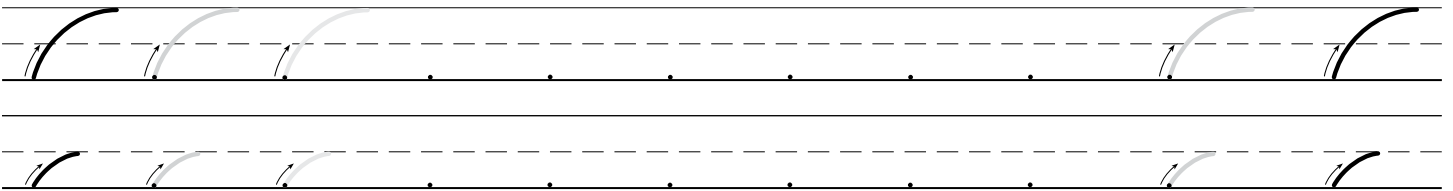
Downcurve The downcurve is used in six lowercase letters. Can you name them? Trace and write the downcurves.



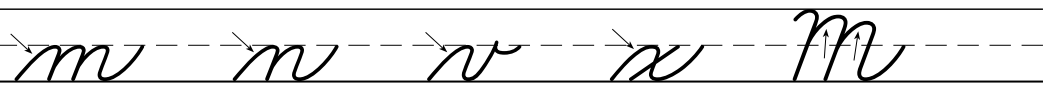
Study the downcurves in the letters to the right.



Overcurve The overcurve is used to begin six lowercase letters. Can you name them? Trace and write the overcurves.



Study the overcurves in the letters to the right.

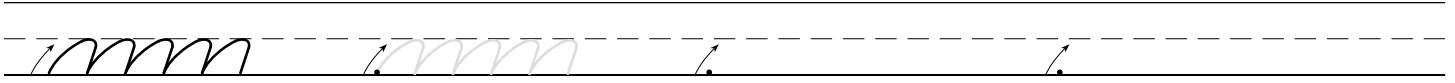


Basic Stroke Exercises and Review

Trace and write the undercurve-slant exercise.



Trace and write the overcurve-slant exercise.



Trace and write the undercurve-loop-slant exercise.



Matching Draw a line from each stroke to the correct name.



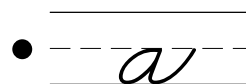
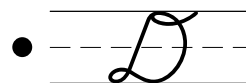
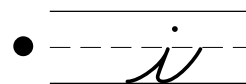
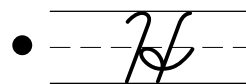
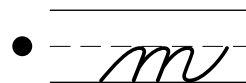
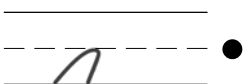
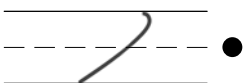
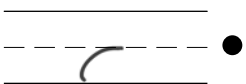
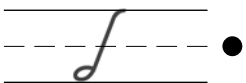
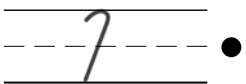
• OVERCURVE

• SLANT

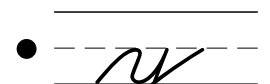
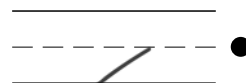
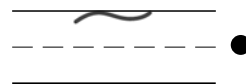
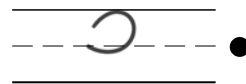
• UNDERCURVE

• DOWNCURVE

Match each **beginning** stroke to the correct letter.



Match each **ending** stroke to the correct letter.



Line Quality

Be sure to apply the correct amount of pressure to your pencil. Too much pressure may make your writing too dark. Not enough pressure may make your writing too light. Study the examples below.

CORRECT

blue

TOO HEAVY

blue

TOO LIGHT

blue

WAVERING

blue

Letter Formation

All letters are formed from the basic strokes. If you make your basic strokes correctly, you will always have legible handwriting.

Study the basic strokes below. Notice how they are used together to form letters.

Make your **undercurves** wide.

b e f h i l t

Do not undercurve up too soon.

b e f h

Write the undercurve letters **i, t, u, e, l, b, f, h,** and **k**. Be sure your undercurves are wide.

Make your **downcurves** wide.

A g d q a o c

Do not downcurve too quickly in the letters **a, d, g,** and **q**.

a d g q

Letters **o** and **c** have sharp downcurves.

Write the downcurve letters **a, d, g, q, A, o,** and **c**. Be sure your downcurves are correct.

Make your **overcurves** wide.

M m n v x y

Do not overcurve up too quickly.

m n v y

Write the overcurve letters **m, n, v, x, y,** and **z**. Be sure your overcurves are correct.



CHECK-UP

Line Quality

Joinings

Alignment

Slant

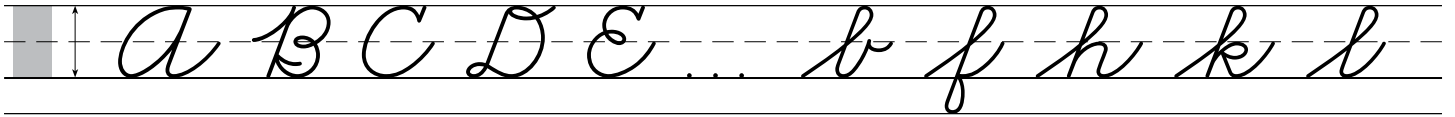
Word Spacing

Size & Alignment

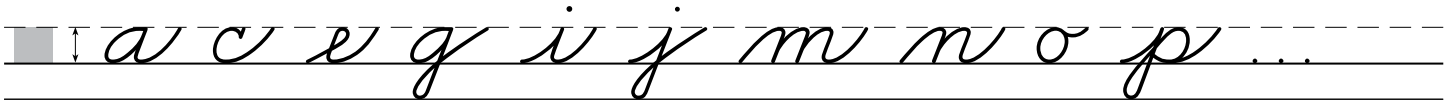
Size and alignment refer to the evenness of the letters along the bottom line and along their tops. All letters of the same size should be even in height.

Maximum size letters fill the entire space from the bottom line to the top line.

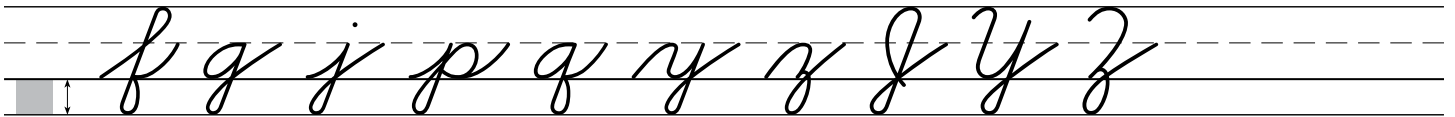
All uppercase letters and the lowercase letters **b, f, h, k,** and **l** are maximum size letters.



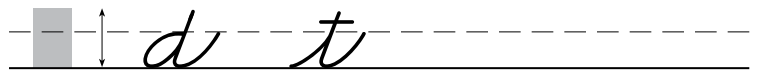
Minimum size letters fill the space between the midline and the bottom line. The lowercase letters **a, c, e, g, i, j, m, n, o, p, q, r, s, u, v, w, x, y,** and **z** are minimum size letters.



Descender letters fill the space below the bottom line.



Intermediate letters **d** and **t** extend to halfway between the midline and top line.



Write the sentences.

**Letter size and alignment are important elements for legible handwriting.
Correct letter size helps make your writing easy to read.**

Blank handwriting practice lines for writing the sentences.

Letter Spacing

Letter spacing should be consistent. If letter spacing is too tight or too open, your writing will be difficult to read. Study the example below. It shows correct letter spacing.

This is good letter spacing.

Correct	Too Tight	Spacing Too Open	Letter Spacing Varies
<i>letter</i>	<i>l^tter</i>	<i>l e t t e r</i>	<i>l e t t e r</i>

Word Spacing

Correct word spacing makes your writing easy to read. Keep your word spacing consistent.

Allow enough space between words to fit a small oval. Study the example below.

This is good word spacing.

Write the sentence: **The new truck is blue.** Check your word spacing.

Spacing Between Sentences

Allow enough space between sentences to fit a large oval. Study the example below.

The car is red. It has a...

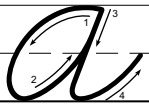
Write the sentences: **I like pizza. Do you?** Check your spacing between sentences.

New Paragraph Indent

When you indent for a new paragraph, allow enough space for two large ovals. Study the example below.

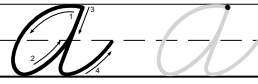
This shows the correct indent for a paragraph.

Uppercase A



1. Downcurve
2. Undercurve
3. Slant
4. Undercurve

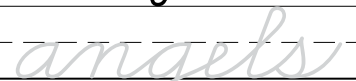
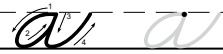
Trace and write the letters, joinings, and words.



Lowercase a



1. Downcurve
2. Undercurve
3. Slant
4. Undercurve



Write the sentences. Check your writing.

An archdiocese is a large

or important diocese.

Archdioceses are led

by archbishops.



CHECK-UP

Letter Spacing

Joinings

Alignment

Slant

Word Spacing