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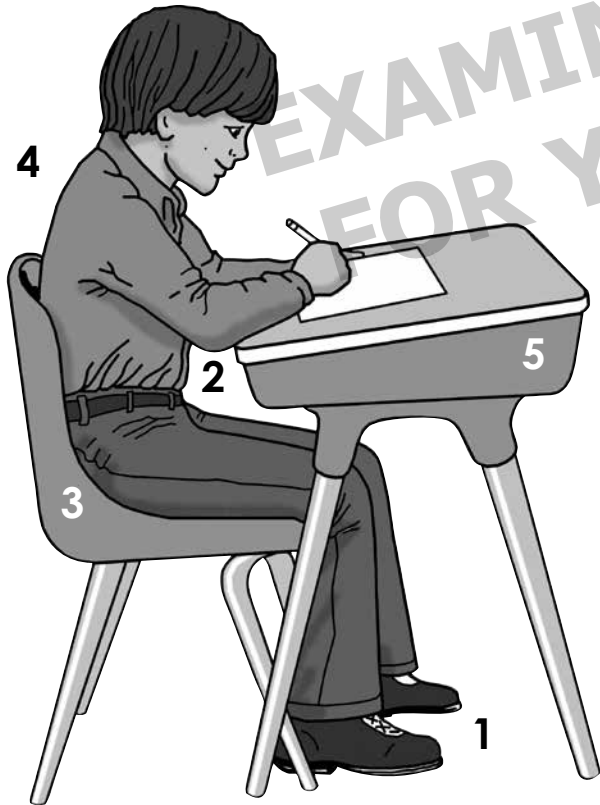
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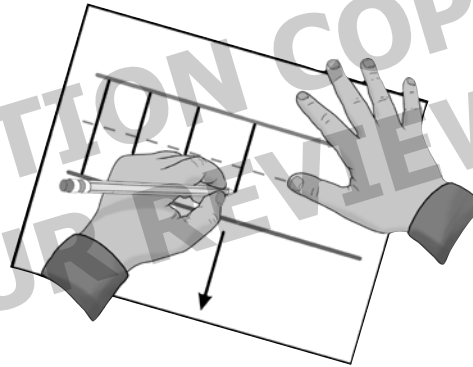
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Correct Posture for Handwriting

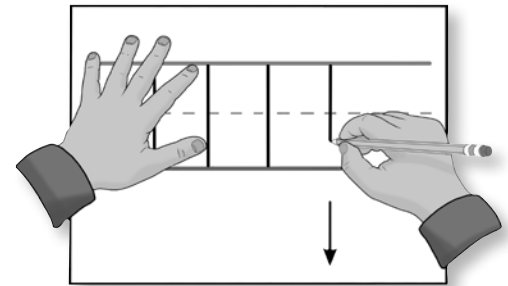


1. Both feet on the floor
2. Elbows off the edge of desk
3. Sit back in chair
4. Shoulders slightly forward
5. Proper desk height

Manuscript Paper Position



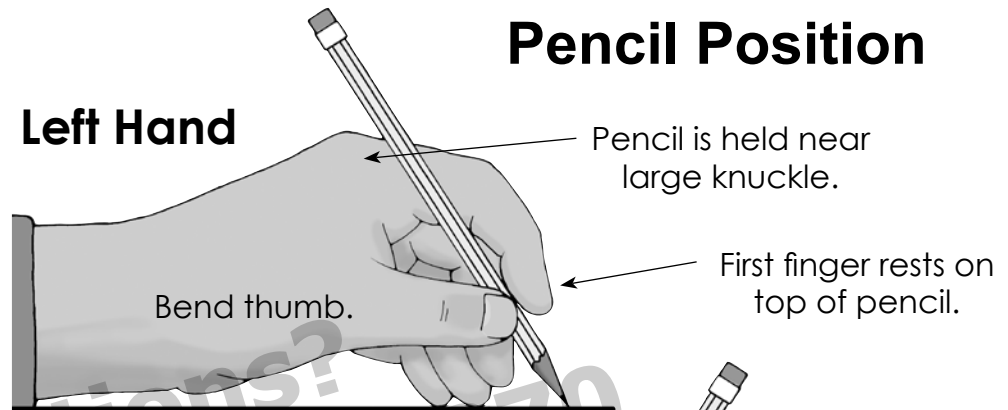
Left Hand



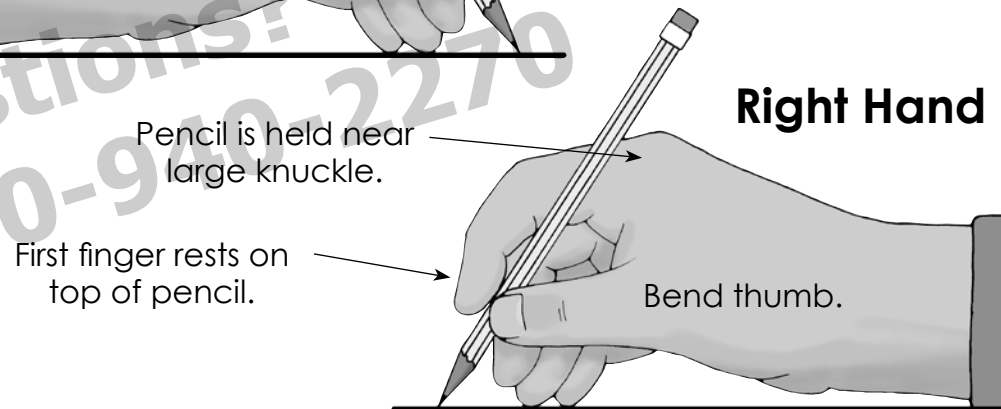
Right Hand

Pencil Position

Left Hand

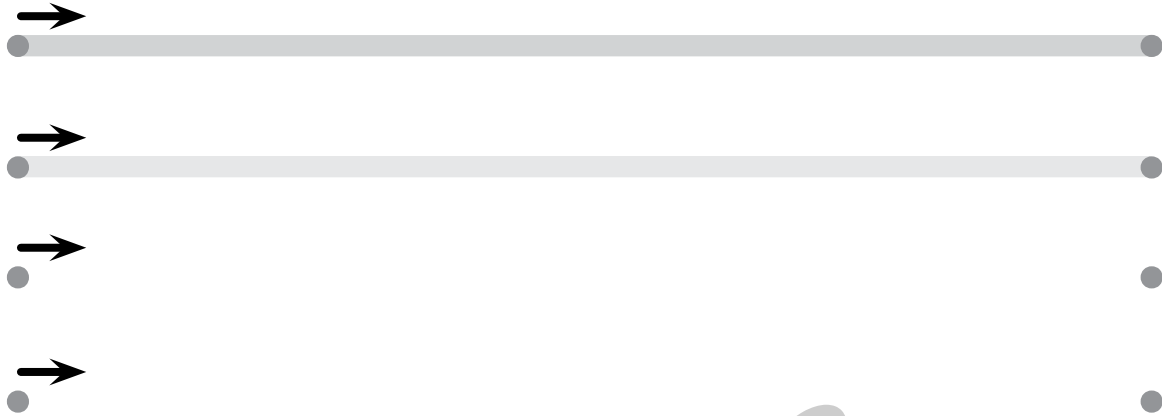


Right Hand

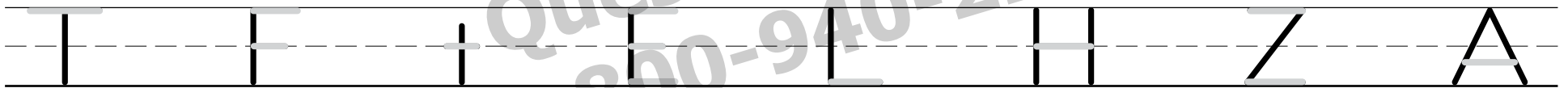




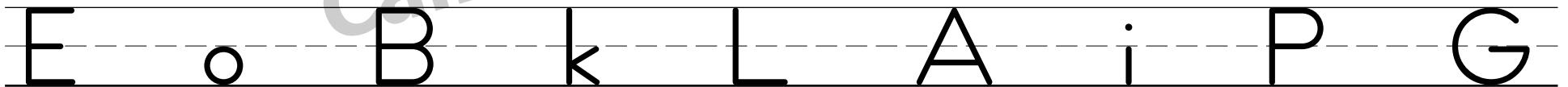
Left to Right Trace and write the left-to-right strokes.



Trace the left-to-right strokes in the letters.



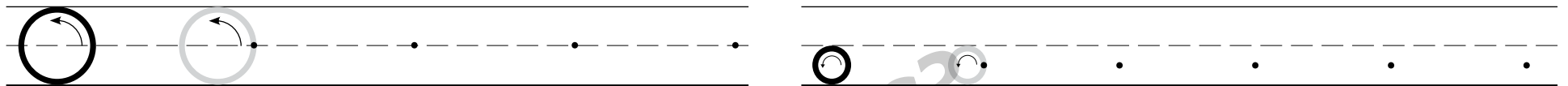
Circle the letters that have a left-to-right stroke.



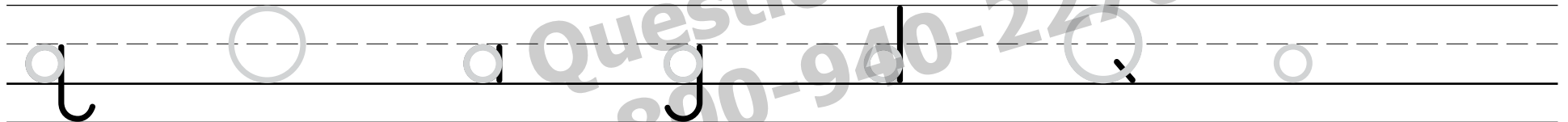
Backward Circle (Circle Left) Trace the backward circles.



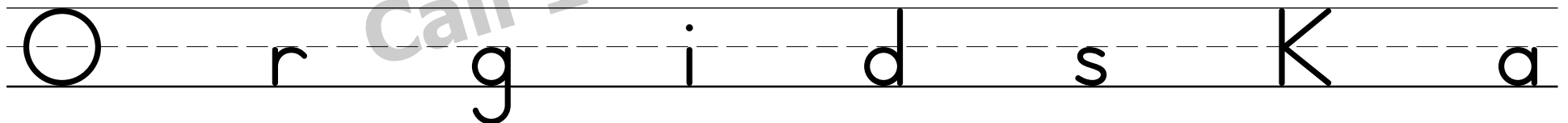
Trace and write the backward circles.



Trace the backward circles in the letters.



Circle the letters that have a backward circle.



Letter Spacing Study the correct letter spacing in the words below.

book ball am are ate

Word Spacing Allow enough space between words for one lowercase o. Write the sentence below. Check your **letter** and **word** spacing.

Our Father, who art in heaven...

Sentence Spacing and Paragraph Indent Allow space for one uppercase O between sentences. Allow space for two uppercase O's for indentation. Write the sentences.

God created us. He loves us.

Line Quality Line quality is the smoothness, color, or weight of the pencil line.

CORRECT

Elsa

TOO LIGHT

Elsa

TOO HEAVY

Elsa

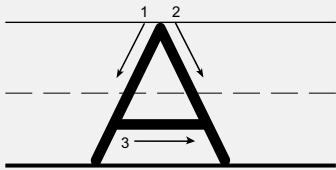
VARYING

Elsa

Write the sentence. Check your line quality.

I like our church.

Uppercase A



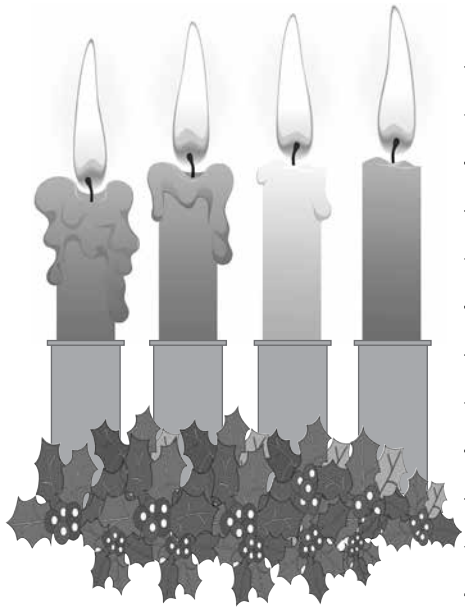
1. Slant left
2. Slant right
3. Slide right

Trace and write the letter.

Tracing practice for uppercase letter A. The first row shows a solid A with stroke order arrows (1: slant left, 2: slant right, 3: slide right) and a dotted A for tracing. The second row shows a dotted A for tracing. The third row shows a dotted A for tracing.

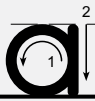
Trace and write the words. Write the sentence.

Adam	Abel	Abraham
Adam	Abel	Abraham



An Advent wreath has 4 candles.

Lowercase a



1. Circle left
2. Pull down straight

Trace and write the letter.

Tracing practice for the lowercase letter 'a'. The first row shows a solid 'a' with stroke order numbers and arrows, followed by several dotted 'a's for tracing. The second and third rows show dotted 'a's for tracing on a set of three horizontal lines (top, middle-dashed, bottom).

Trace and write the words. Write the sentence.



angel

amen	angel	alleluia	ash
amen	angel	alleluia	ash

Did Adam eat an apple?

✓ CHECK-UP

- Word Spacing
- Size of Letters
- Letter Forms
- Line Quality

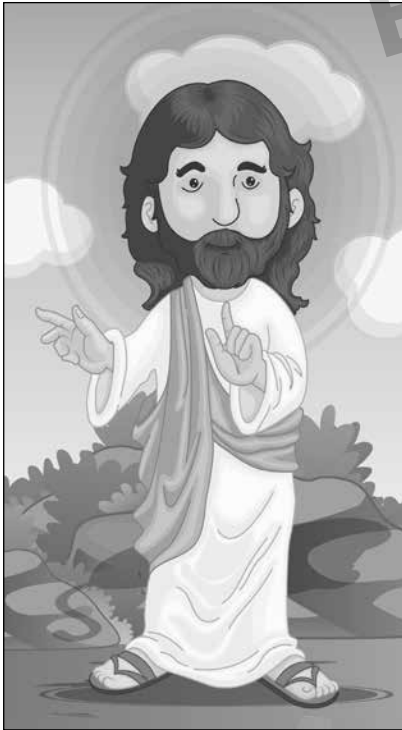
Uppercase C



1. Circle left

Trace and write the letter.

Tracing practice for uppercase letter C. The first row shows a solid 'C' followed by a dashed 'C' with a starting dot and arrow, and then several more dashed 'C's with starting dots. The second row shows a dashed 'C' with a starting dot and arrow, followed by a dashed 'C' with a starting dot, and then a dashed 'C' with a starting dot. The third row shows a dashed 'C' with a starting dot and arrow, followed by a dashed 'C' with a starting dot, and then a dashed 'C' with a starting dot.



Trace and write the words. Write the sentence.

Christ	Christmas	Cain
Christ	Christmas	Cain

I belong to the Catholic Church.

Lowercase c



1. Circle left

Trace and write the letter.

c c c c c

c c c c c

c c c c c



Trace and write the words. Write the sentence.

charity church create

charity church create

Jesus carried a big cross.

✓ CHECK-UP

- Word Spacing
- Size of Letters
- Letter Forms
- Line Quality

Guardian Angels

Trace and write the words. Write the sentences.



guardian angel helper

guardian angel helper

God gives us guardian angels.

They are God's special helpers.

They watch over us.

CHECK-UP

- Letter Spacing
- Size of Letters
- Letter Forms
- Line Quality

How does your guardian angel help you?
Write your answer on the lines below.

Handwriting practice lines consisting of solid top and bottom lines with a dashed midline. There are 12 sets of these lines provided for writing an answer.

Draw a picture of what you think your guardian angel looks like.

A large rectangular box with rounded corners, intended for drawing a picture of a guardian angel.

EXAMINATION COPY
FOR YOUR REVIEW

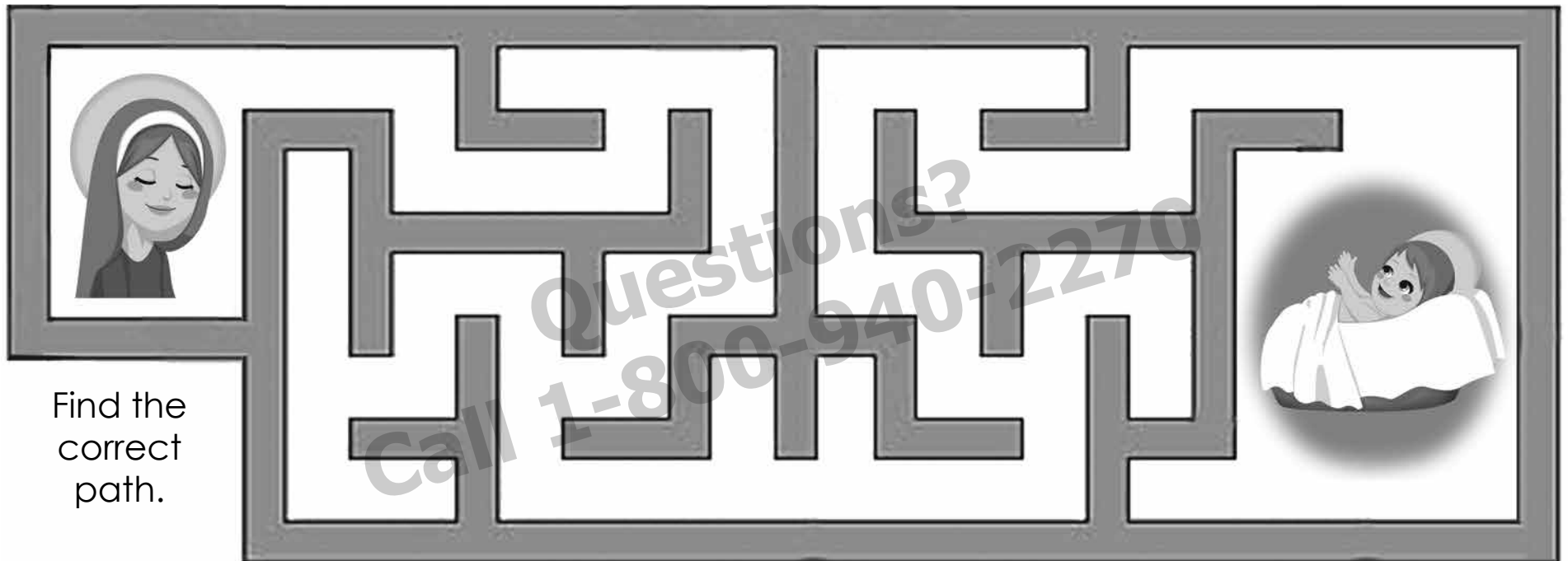
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The Blessed Mother Mary

Write the sentences.

Mary is the Mother of Jesus.

She was married to Joseph.



Find the correct path.

Write the sentence.

We honor Mary in
the months of May
and October.

Draw a picture of Mary.



Did You Know...

Did you know that God sent an angel to tell Mary she had been chosen to be the Mother of his Son? The angel's name was Gabriel. When he asked Mary if she would do as God asked, she answered, "Behold, I am the handmaid of the Lord. May it be done to me according to your word."