



# Katharine Drexel

**Blessed Are the Meek**

**1858–1955**

**Born in Philadelphia, Pennsylvania**

**Feast Day: March 3**

**Patron of racial justice  
and philanthropists**

**“Blessed are the meek,  
for they shall inherit the land.”**

**Matthew 5:5**

**Text by Barbara Yoffie**

**Illustrated by Chris Sharp**

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*A Redemptorist Ministry*

## Dedication

To my family:  
my parents Jim and Peg,  
my husband Bill,  
our son Sam and daughter-in-law Erin,  
and our precious grandchildren  
Ben, Lucas, and Andrew

To all the children I have had the privilege  
of teaching throughout the years.

*Imprimi Potest:*

Kevin Zubel, CSsR, Provincial  
Denver Province, the Redemptorists

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First Edition

## Dear Parents and Teachers:

*Saints and Me!* is a six-set series of children's books about saints, including the: *Saints of North America* who served our homeland; *Saints of Christmas*, who teach us to love Jesus; *Saints for Families*, who modeled God's love within and for the domestic Church; *Saints for Communities*, who served Jesus through various roles and professions; and *Saints for Sacraments*, who showed great love for the sacraments.

The eight books in *Saints of the Beatitudes* (a word meaning "a list of blessings from God") introduce nine holy people who exemplify attributes Jesus articulated in his Sermon on the Mount. Faustina Kowalska's diary, *Divine Mercy in My Soul*, read by millions, helped spread God's message of mercy. Patrick, a missionary, brought Christianity to Ireland. Monica prayed her wayward son, Augustine, would return to the faith. He did and was canonized. Katharine Drexel abandoned her comfortable life to become a nun. Carlo Acutis shared his faith and love of the Eucharist through technology. Bernadette Soubirous experienced visions of the Blessed Virgin Mary. Pope John XXIII convoked the Second Vatican Council, hoping to revive the Church. Jude was an apostle of our Lord.

Which saint was captured by pirates and sold into slavery? Name the saints with back-to-back feast days (August 27–28). Who gave \$20 million to build churches and schools? Who created a website about eucharistic miracles? Who did Jesus appear and speak to? Who said, "My job is to inform, not to convince"? Who wrote *Peace on Earth* in 1963? Who is the patron of impossible causes? Find out in the *Saints of the Beatitudes* set—part of the *Saints and Me!* series—and help children connect to the lives of the saints.

Introduce your children or students to *Saints and Me!* as they:

—**READ** about the lives of the saints and are inspired by their stories.

—**PRAY** to the saints for their intercession.

—**CELEBRATE** the saints and relate them to their lives.

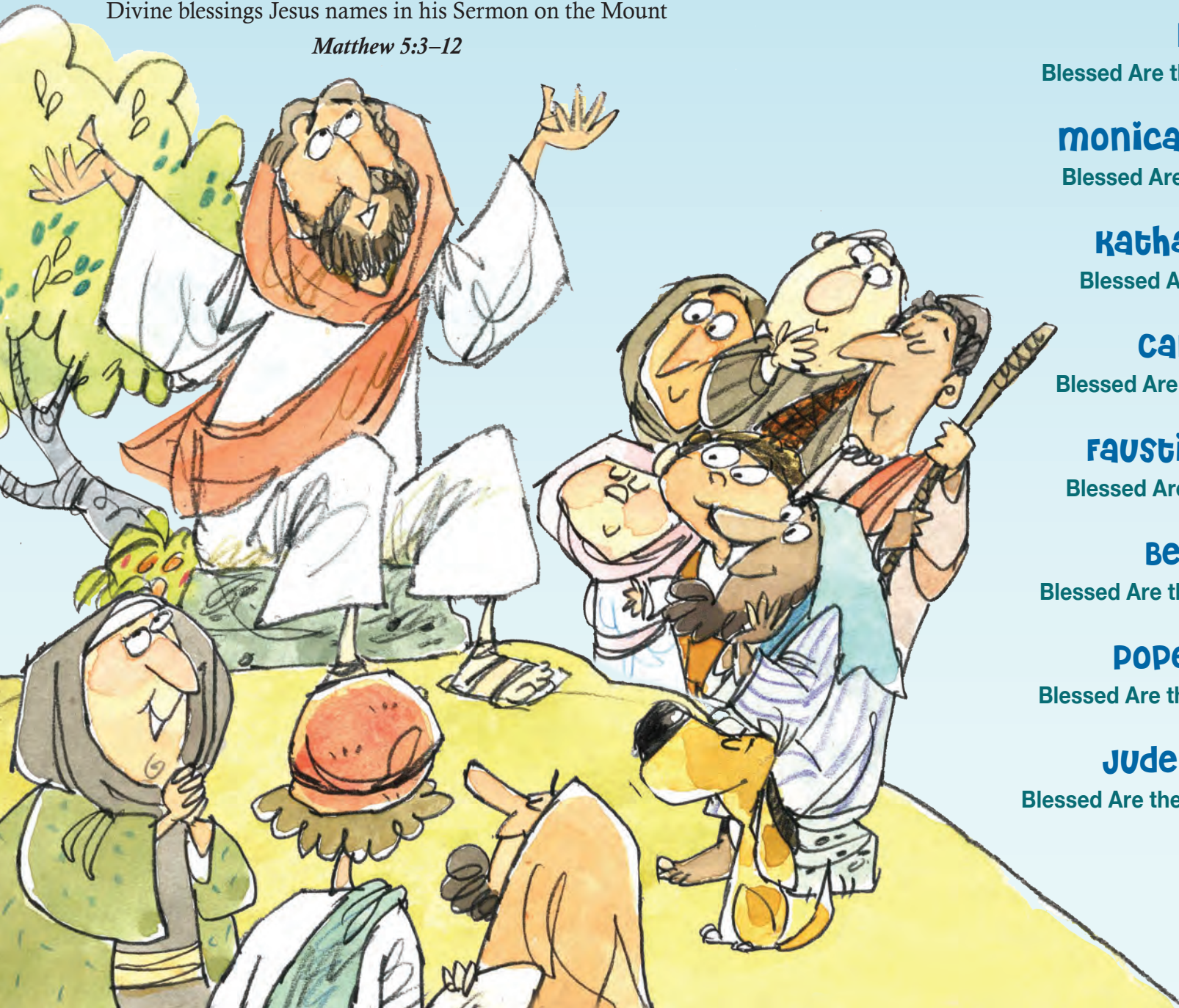
Free activities for children to use with this book  
may be downloaded at [Liguori.org](http://Liguori.org).



# The Beatitudes

Divine blessings Jesus names in his Sermon on the Mount

*Matthew 5:3–12*



## saints of the Beatitudes

**Patrick**

Blessed Are the Poor in Spirit (Verse 3)

**monica and Augustine**

Blessed Are the Mournful (Verse 4)

**Katharine Drexel**

Blessed Are the Meek (Verse 5)

**Carlo Acutis**

Blessed Are the Righteous (Verse 6)

**Faustina Kowalska**

Blessed Are the Merciful (Verse 7)

**Bernadette**

Blessed Are the Pure of Heart (Verse 8)

**Pope John XXIII**

Blessed Are the Peacemakers (Verse 9)

**Jude the Apostle**

Blessed Are the Persecuted (Verses 10–12)

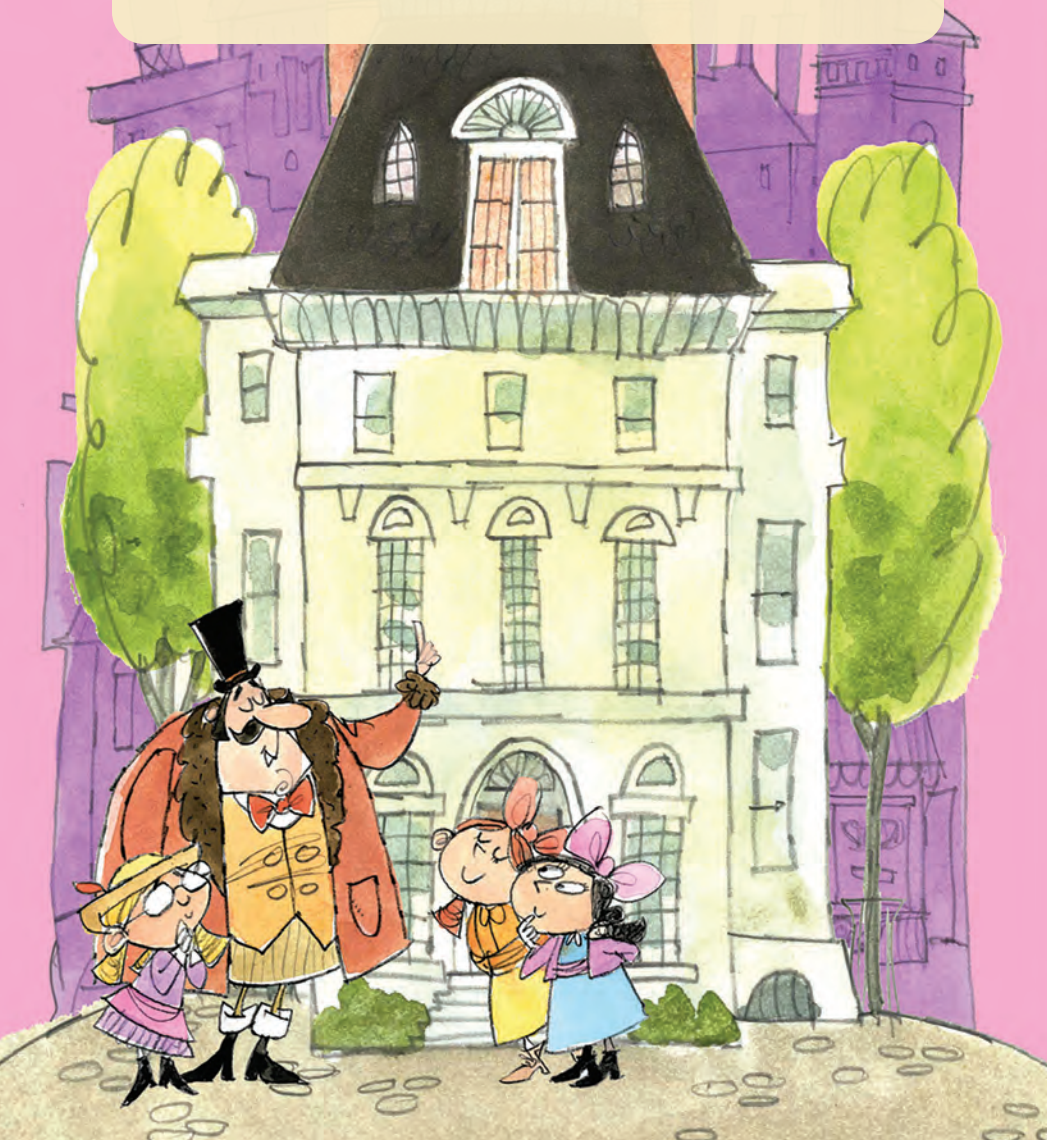


Saint Katharine Drexel loved Jesus very much. She was meek and humble, just like Jesus. She treated people with love and respect, especially the helpless and the poor. In 1891, she started a religious order of missionary sisters who would teach in schools for Native and Black Americans.





Katharine was born in Philadelphia, Pennsylvania, in 1858. Her father was a successful banker and one of the richest men in America. The Drexels taught their children to be kind and generous to others. They gave a lot of money to charities (places that help people in need). “We are a very lucky family. We should share what we have with others,” said her father.



Katharine and her sisters, Elizabeth and Louise, grew up in a loving and faith-filled home. Daily prayer and going to Mass helped their family grow closer to God. Several times a week, Katharine's mother gave food, clothing, and money to the poor in the city. The girls were always ready to help!



What can you do or what will you share  
To show someone you really care?



Saint Katharine Drexel,  
You loved Jesus Christ in the Eucharist,  
And he gave you the strength to do his work.  
Give me a heart for the poor and helpless,  
So that I also may do God's work. Amen.



## GLOSSARY (NEW WORDS)

**Charity:** A group that gives money or goods to help people in need

**Convent:** A house where a group of women religious live

**Generous:** Sharing or giving more than what is expected, being unselfish

**Heartbroken:** A feeling of great sadness

**Meek:** Gentle, humble; being patient when you are unfairly treated

**Mission:** A community of people who live and work together; missions are served by religious leaders who start schools and churches and preach the gospel

**Missionary:** A person who teaches the faith or preaches the gospel in a certain place

**Mother:** The superior or leader of a group of women religious

**Native Americans:** Tribal groups of people native to the United States

**Sisters of the Blessed Sacrament:** A group of women religious started by Saint Katharine Drexel in 1891

**Sisters of Mercy:** A group of women religious started by Catherine McAuley in 1831

**Spiritual Director:** One who guides people in their faith

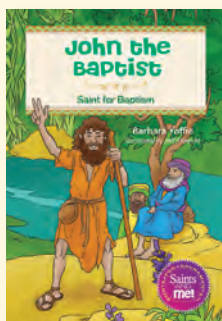
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one of saint katharine drexel's greatest achievements  
was the founding of xavier university in new orleans,  
the first catholic university for black students.

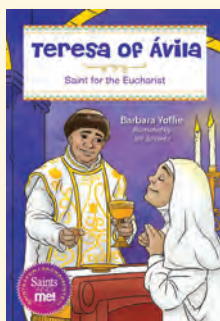
# saints and me!

## SAINTS FOR SACRAMENTS

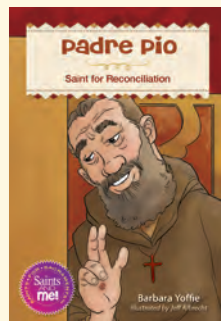
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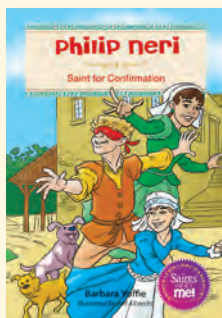
**John the Baptist:**  
Saint for Baptism  
827969



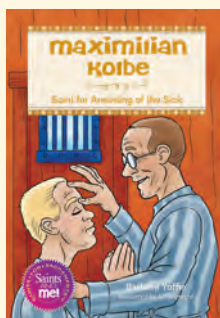
**Teresa of Ávila:**  
Saint for the Eucharist  
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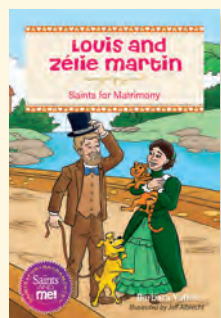
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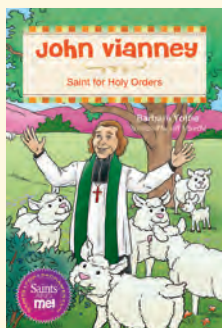
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Saint for Confirmation  
827976



**Maximilian Kolbe:**  
Saint for Anointing  
of the Sick 827983



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