

Opening Lesson 1

Welcome to *Alive in Christ, Grade 5*. This lesson introduces you to the different parts of your book and invites you to learn, love, and celebrate your Catholic faith.

Scripture Freedom from Sin; Life in God *Romans 6:3-5*

The Church Year Feasts and Seasons 9

In these lessons, you learn about special days and times of the Church year that celebrate Jesus and honor Mary and the Saints.

Ordinary Time

Queen of the Holy Rosary 9

Scripture The Son of God *Luke 1:35-38*

Fruit of the Holy Spirit: Goodness

Advent

Get Ready! 17

Scripture I Give Thanks *1 Corinthians 1:4-9*

Fruit of the Holy Spirit: Patience

Christmas

Season of Love 23

Scripture Put on Love *Colossians 3:12-14*

Fruit of the Holy Spirit: Generosity

Lent

Time for Change 31

Scripture He Learned Obedience *Hebrews 5:8-9*

Fruit of the Holy Spirit: Self-Control

Easter

Triduum 37

Scripture You Should Also Do *John 13:3-4, 12-15*

Fruit of the Holy Spirit: Charity

He Lives 43

Scripture Love In Deed and Truth *1 John 3:18-20, 24*

Fruit of the Holy Spirit: Joy

Ascension 51

Scripture Go, Therefore *Matthew 28:16-20*

Fruit of the Holy Spirit: Faithfulness



Pentecost 59

Scripture He has Sent Me *Isalah 61:1*
Fruit of the Holy Spirit: Peace



UNIT 1: Revelation

Unit 1 Preview 68

Chapter 1: God’s Plan for All Creation 69

Scripture Let Us Sing Joyfully *Psalm 95:1-2, 6-7*
The Coming of God *Psalm 98:4-9*

- Divine Revelation is the process by which God makes himself, and his plans for humans, known to us.
- Humans share in the Creator’s loving plan by caring for creation.
- When you care for God’s creation and share your time and talent, you share in God’s plan and give him glory.

Chapter 2: Made to Be with God 81

Scripture You Are My God *Psalm 63:2, 4-5* Martha and Mary
Luke 10:38-42 The Samaritan Woman *John 4:7-29*

- True happiness can come only through communion with God.
- Religion expresses our relationship with God through beliefs, prayers, and practices.
- Wherever we pray or read the Bible—in church, outdoors, home—we get better at listening to God.

Chapter 3: Signs of God’s Presence 93

Scripture Temple of the Living God *2 Corinthians 6:16*
The Burning Bush *Exodus 3:1-15*

- One way God communicates his love is through signs.
- Through the visible signs and Divine actions in each Sacrament, we receive grace and are helped to share in God’s work.
- Through practice, we can become attentive to signs of God’s will and presence.

Unit 1 Review 105



UNIT 2: Trinity

Unit 2 Preview 108

Chapter 4: The Mystery of the Trinity 109

Scripture The Baptism of Jesus *Mark 1:9-11*
John the Baptist’s Testimony to Jesus *John 1:32-34*

- The Trinity is the central mystery of Christian faith and life.
- Virtue is the habit of doing good. The Theological Virtues of faith, hope, and charity are gifts from God.
- In response to God’s love, we should practice the Theological Virtues of faith, hope and charity each day.



Chapter 5: Prayer and Worship 121

Scripture Rejoice in the Lord *Philippians 4:4-7* The Ark Brought to Jerusalem *2 Samuel 6:1-15* The Early Church Gathers *Acts 2:46-47a*

- Prayer and worship are ways to show love for God and to thank him for his blessings.
- When we pray and worship, God fills us with joy, strength, and hope.
- We worship God with our minds and our bodies.

Chapter 6: A Life of Virtue 133

Scripture Walk Humbly *Micah 6:8*
The Greatest Commandment *Mark 12:28-34*

- The Great Commandment states that you should love the Lord, your God, with all your heart, soul, and mind.
- The Cardinal Virtues—prudence, temperance, justice, and fortitude—play a central role in helping people lead morally good lives.
- We can turn to Jesus’ teachings and the Church to help us make choices.

Unit 2 Review 145



UNIT 3: Jesus Christ

Unit 3 Preview 148

Chapter 7: Living Image of Christ. 149

Scripture God Created Mankind *Genesis 1:26-27*
The Visit of the Magi *Matthew 2:1-12*

- The Incarnation is the mystery that the Son of God became man in order to save all people.
- God created all people in his image and likeness, with the ability to love, free will (freedom to choose), and a soul that will live on after death.
- Jesus’ different titles help us learn about him and who we are called to be.

Chapter 8: Proclaim the Kingdom 161

Scripture Around Galilee *Matthew 4:23*
The Parable of the Sower *Luke 8:5-8*

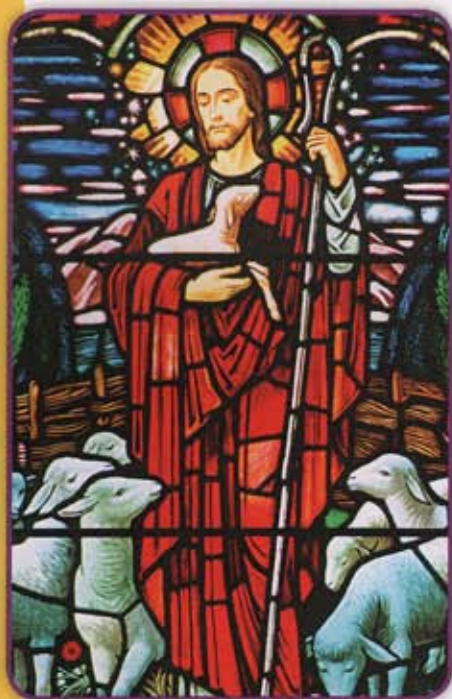
- God’s Kingdom is present and grows in the Church and her Sacraments until God’s Reign comes in fullness at the end of time.
- Jesus proclaimed the Kingdom of God through his actions and parables.
- Jesus’ parables help us understand more about God’s Kingdom.

Chapter 9: Celebrating the Paschal Mystery 173

Scripture They Will Be His People *Revelation 21:3-6*
The Resurrection of Jesus *Luke 24:5b-9*

- Through the Sacraments, Christ unites his followers to his Paschal Mystery—Passion, Death, Resurrection, and Ascension.
- Through his sacrifice, Jesus Christ is the Redeemer of the human race.
- The Seven Sacraments strengthen us to live a moral life and draw us even closer to God.

Unit 3 Review 185





UNIT 4: The Church

Unit 4 Preview 188

Chapter 10: The Church's Message 189

Scripture Live in a Manner Worthy *Ephesians 4:1-6*
God's House and People *1 Peter 2:4-5*

- As members of the Church, we are all united in living out the mission of Christ.
- The Church's unity is expressed in the images of the Body of Christ and the People of God.
- When we live our faith and witness to the Kingdom of God we bring the Body of Christ, the Church, to the world.

Chapter 11: The Teaching Church. 201

Scripture I Am with You Always *Matthew 28:18-20*
Peter's Confession about Jesus *Matthew 16:15-19*

- The Apostles proclaimed Christ's Good News and spread the Reign of God as Jesus commanded.
- Under the guidance of the Holy Spirit, the Pope and the bishops continue the Apostles' mission to teach.
- When we need guidance, the Church, our teacher, faithfully passes on what God has revealed through his Son, Jesus.

Chapter 12: Lives of Holiness. 213

Scripture Every Spiritual Blessing *Ephesians 1:3-5*
The Handmaid of the Lord *Luke 1:30-31, 38*

- Mary and the Saints provide the Church with models of heroic virtue.
- Canonization declares that a model Christian is enjoying eternity with God.
- When we pray the Rosary we honor Mary, who leads us to Jesus, her Son

Unit 4 Review 225



UNIT 5: Morality

Unit 5 Preview 228

Chapter 13: Evil in the World. 229

Scripture God Proves His Love *Romans 5:8, 19*
Dependence on God *Matthew 6:25-30a*

- Evil is the result of humans' turning away from God's goodness.
- God sent his Son to redeem people from the power of sin and evil.
- We can bring our feelings of anger and sorrow to God in prayer. This helps us place our trust and hope in him.



Chapter 14: New Life in Christ 241

Scripture We Too Might Live *Romans 6:3-5*

Freedom from Sin; Life in God *Romans 6:10-11*

- Through the Sacraments of Initiation—Baptism, Confirmation, and Eucharist—we enter into a relationship with Christ and celebrate membership in the Church.
- Confirmation seals us with the Gift of the Holy Spirit and deepens the grace of Baptism.
- Participating in Mass, relying on our parish community, and focusing on God are practices that help us live a life-long journey of faith which begun in Baptism.

Chapter 15: Forgiveness and Healing 253

Scripture Repentance for Sinners *Luke 5:30-32*

The Parable of the Lost Son *Luke 15:11-32*

- The Church receives God’s forgiveness through the Sacraments of Healing.
- The Sacrament of Reconciliation includes contrition, confession, penance, and absolution.
- Examining our conscience every day helps us to grow in holiness.

Unit 5 Review 265



UNIT 6: Sacraments

Unit 6 Preview 268

Chapter 16: Gathered as One 269

Scripture Gather the People *Joel 2:15b-16*

Communal Life *Acts 2:46-47*

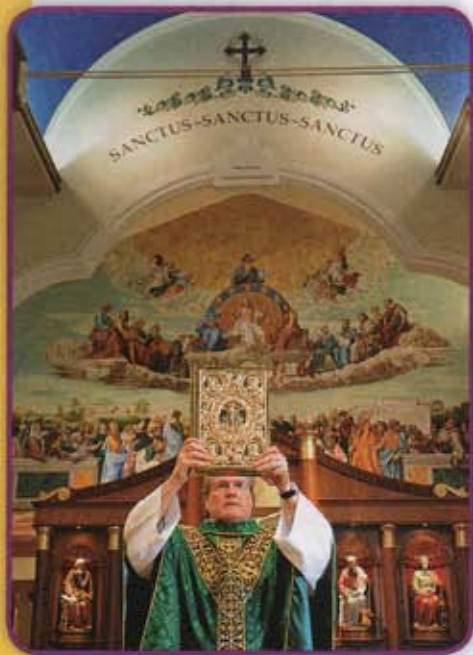
- The wheat bread and grape wine become the Body and Blood of Christ in the Sacrament of the Eucharist.
- Participation in the Mass is a duty and privilege.
- Participating fully in the Mass, or serving in one of the many ministries at Mass, helps us to open our hearts to the Real Presence of Christ in the Eucharist.

Chapter 17: Liturgy of the Word 281

Scripture Hear and Observe the Word of the Lord *Luke 11:27-28*

Gratitude in Your Hearts *Colossians 3:16*

- Sacred Scripture is the Word of God written by humans.
- The Word of God is proclaimed and preached in the first of two main parts of the Mass: the Liturgy of the Word.
- *Lectio Divina*, “divine reading,” is a reflective way of reading Scripture that leads us to prayer.



Chapter 18: Liturgy of the Eucharist 293

Scripture Participation in the Body of Christ *1 Corinthians 10:16*
The Return of the Twelve and the Feeding of the Five Thousand
Luke 9:12-17 The Lord's Supper *Matthew 26:26-28*

- In Sunday worship and daily living, we show that the Eucharist is the source and the summit of the Catholic Church.
- The power of the Holy Spirit and the words of the priest transform the bread and wine into the Body and Blood of Jesus.
- Through the Eucharist you live in Christ and Christ lives in you.

Unit 6 Review 305



UNIT 7: Kingdom of God

Unit 7 Preview 308

Chapter 19: The Call to Serve 309

Scripture Whoever Serves Me *John 12:26; 13:4-5, 12-15*
The Compassion of Jesus *Matthew 9:35-38*

- Through Baptism, all of us are called to spread the Gospel and build up the Body of Christ.
- The Sacraments at the Service of Communion are Holy Orders and Matrimony.
- Every Catholic has a responsibility to answer his or her call from God to choose a vocation.

Chapter 20: The Last Things 321

Scripture God of the Living *Luke 20:37-38*
The Judgment of the Nations *Matthew 25:31-40*

- Faith in the Resurrection is the source of hope in eternal life and happiness with God in Heaven.
- The Church cares for the dying through prayer and celebration of last Eucharist, known as viaticum.
- Attending the Mass of Christian Burial for someone who has died helps us remember Jesus' promise of eternal life.

Chapter 21: Bring the Good News 333

Scripture Hope Is in the Lord *Psalms 146:5-10*
Fulfilled in Your Hearing *Luke 4:16-21*

- The Church's mission is to bring the Good News to all people.
- The Corporal and Spiritual Works of Mercy are actions that address the physical and spiritual needs of others.
- We participate in the mission of the Church when we practice the Corporal Works of Mercy.

Unit 7 Review 345



Catholic Social Teaching *Live Your Faith*

These pages introduce you to important teachings of Jesus and the Church that help us live Jesus' New Commandment to love as he loved.

Life and Dignity of the Human Person	348
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Rights and Responsibilities of the Human Person	352
Option for the Poor	354
Dignity of Work and Rights of Workers	356
Solidarity of the Human Family	358
Care for God's Creation	360

Our Catholic Tradition *Faith Basics* 362

This reference section presents information on our Creeds, Sacraments, prayers and practices of our Catholic faith.

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The Mystery of the Trinity

Let Us Pray

Leader: Almighty God, we can scarcely imagine the wonder that is you.

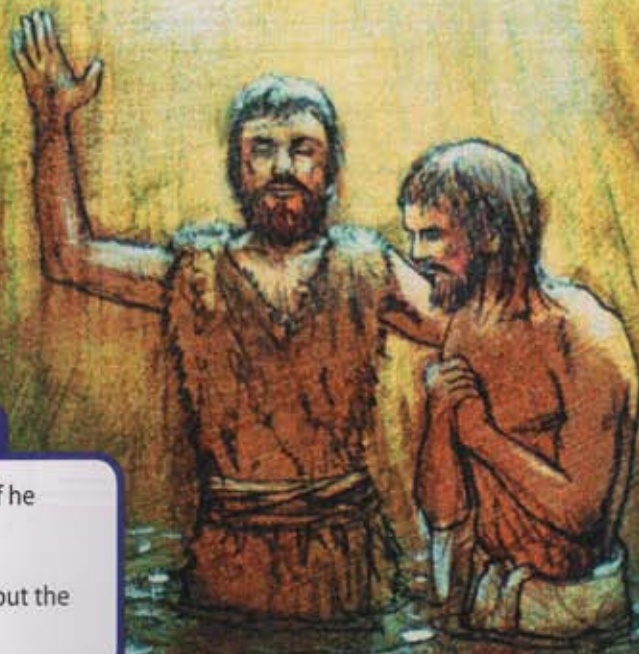
“Who has gone up to heaven and come down again—
who has cupped the wind in the hollow of the hand?
Who has bound up the waters in a cloak—
who has established all the ends of the earth?”

Proverbs 30:4

All: God of signs and wonders, help us to adore the wonder that is you. Amen.

Scripture

“...Jesus came from Nazareth of Galilee and was baptized in the Jordan by John. On coming up out of the water he saw the heavens being torn open and the Spirit, like a dove, descending upon him. And a voice came from the heavens, ‘You are my beloved Son; with you I am well pleased.’” **Mark 1:9–11**



What Do You Wonder?

- Why did Jesus go to be baptized if he knew that he was God?
- What does this passage reveal about the mystery of God?

Getting Started

In this chapter you will learn that our Catholic understanding of God is a mystery we can discover. We call that mystery the Holy Trinity—one God in three Divine Persons, Father, Son, and Holy Spirit. Those who are baptized enter into the very life of the Holy Trinity, who is love.

Use the boxes below to show what you know about the Holy Trinity.



Write one thing you know about each of the three Divine Persons of the Holy Trinity.



Catholic Faith Words

Here are the vocabulary words for this chapter:

- mystery
- virtues
- Holy Trinity

Activity

Explaining a Mystery A mystery is something you are not easily able to understand, explain, or get information about.

Think of something hard to explain that you've had to explain to someone else. What was it?

Write about how you communicated and helped others to understand it.



More Than Can Be Known

What gift did Saint Patrick bring to the Irish people?

We can't always see God's plan for us. Blessings often come in the form of hardships. The story of Saint Patrick is a good example of finding blessing in hardship.

Saint Patrick

Patrick, the son of a Roman official, lived on the western coast of Britain. While working on his father's farm one day, he was seized by a group of raiders and sold as a slave.

Patrick was taken to Ireland, a place completely new to him. Again he worked on a farm, but now he had no warm clothing to wear and almost nothing to eat. He had no family and no friends. Angry with God, Patrick thought only of his misery. Why had God allowed this terrible thing to happen?

➔ What is a word or symbol that describes what you would think or feel if you were Patrick?

Catholic Faith Words

mystery a spiritual truth that is difficult to perceive or understand with our senses, but is known through faith and through signs

Our Catholic Tradition

For more, go to page
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The Mystery Unfolds

As time went by, Patrick began to realize that despite his harsh life, the lives of his Irish masters were even harder because they did not know Jesus. They did not know the Christian faith, which is full of hope and love. Patrick prayed with all his heart, turning his life and his future over to God. After six years, he escaped and made the long, hard journey home. His parents were overjoyed. They hoped that he would never leave them again.

But Patrick kept thinking about the Irish people he had left. He never stopped wondering about the mystery of his life and what good might come from his time among those people. One night he dreamed that they were calling him. All at once it became clear to him that because he knew their language, he could bring them the Christian faith. Although the studies were hard for him, Patrick prepared to become a priest. In time, he became

a bishop and returned to Ireland. When the Irish people heard Patrick speak, great numbers of them asked to be baptized. Because of his great holiness and love for God, the Church made Patrick a Saint.

Experience taught Saint Patrick that the mysteries in human life draw people toward the **mystery**, or spiritual truth, of God, who is so much more than they can ever grasp.

Activity

Reflect What are some things about your own life experiences that cause you to wonder about the mystery of God?

Share Share your thoughts with a classmate.

One God in Three Divine Persons

Who is the Holy Trinity?

Like Saint Patrick, people today wonder about the mystery of God and the way God works in their lives. God wants to be known, yet he is greater than anyone can tell or understand. From earliest Old Testament times, the Israelites learned through revelation that God is one, unfailing in truth and love.

Jesus revealed a deeper level of this mystery, showing that the one God is three Divine Persons: Father, Son, and Holy Spirit—the **Holy Trinity**. Patrick emphasized and honored the Trinity in all his teaching. Jesus and his followers invite you into a deeper understanding of the mystery of the God you cannot see.

Catholic Faith Words

Holy Trinity the mystery of one God in three Divine Persons: Father, Son, and Holy Spirit

virtues good spiritual habits that strengthen you and enable you to do what is right and good. They develop over time with our practice and openness to God's grace.



Underline how God the Father made himself known during Jesus' baptism.



Scripture

John the Baptist's Testimony to Jesus

John the Baptist testified that Jesus was the Son of God, sent by the Father and filled with the Holy Spirit:

"I saw the Spirit come down like a dove from the sky and remain upon him. I did not know him, but the one who sent me to baptize with water told me, 'On whomever you see the Spirit come down and remain, he is the one who will baptize with the holy Spirit.' Now I have seen and testified that he is the Son of God." **John 1:32-34**

Whenever the Church baptizes, she does so using the names of the three Divine Persons of the Holy Trinity. Those who are baptized enter into the very life of God, who is love. Every time we make the Sign of the Cross, we are reminded of our Baptism and our participation in the life of the Holy Trinity.

All of the Sacraments offer a share in God's life and into the divine mystery that is God—Father, Son, and Holy Spirit. In the Sacraments and personal prayer, we profess our belief in the Trinity when we pray the Apostles' and Nicene Creeds.



Living Your Faith

The Sign of the Cross helps you recall that the Trinity is with you, protecting and guiding you to live as Jesus did. When you renew your baptismal promises, you are reminded that the Trinity gives you new life that never ends.

The First Commandment is this: I am the Lord your God; you shall not have other gods before me. This commandment calls you to believe in God, to hope in him, and to love him above everything else. In obeying this commandment, you live in relationship with the Trinity.

Virtues are good spiritual habits that strengthen you and enable you to do what is right and good. The virtues of faith, hope, and charity (love) are called Theological Virtues because they are gifts from God.

All people are made in the image of God because they are created by God.

The Theological Virtues

Faith	The virtue that makes it possible for us to believe in God and the things that he has revealed
Hope	The virtue that helps us trust in the true happiness God wants us to have and in Jesus' promise of eternal , and to rely on the help of the Holy Spirit
Charity (Love)	The virtue that directs us to love God above all things and our neighbor as ourselves, for the love of God

If you try, you can see traces of the Trinity reflected in every person. When people love one another, they reflect the communion of the three Divine Persons in one God.

➔ **How do some of the people you know reflect the image of God?**

Activity

Symbols of the Trinity Legend says that Saint Patrick used the shamrock as an image for the Trinity. How could the shamrock be useful in explaining the Trinity? What other images would help explain the Trinity? Draw one or more of them in this space.

Our Catholic Life

How do you respond to the love God shows you?

The Theological Virtues of faith, hope, and charity are actions that people do and see others doing every day. Here are some everyday examples.



In the space below each virtue, explain how you have responded to God in faith, hope, and charity.

Virtues in Action

Faith

- Peter goes through the process of becoming a Catholic.
- Amanda makes the Sign of the Cross each day when she wakes up.
- Carlos attends a Bible study.

- _____
- _____
- _____

Hope

- Elena goes to Mass with her family on the anniversary of her grandfather's death.
- Tony gathers with other people of his parish to pray for peace.
- Shannon asks God to show her how to deal with her temper.

- _____
- _____
- _____

Charity

- Meg helps the teacher of a first-grade religion class every Saturday.
- Andrew helps serve dinner at a homeless shelter.
- José volunteers at a nursing home after school.

- _____
- _____
- _____



People of Faith

May 2

Saint Athanasius, c. 295–373

Saint Athanasius was a bishop in Egypt. He lived at a time when some people said that Jesus was not really the Son of God. Athanasius taught that Jesus was both God and man. He also defended the doctrine of the Trinity. He helped people understand that there are three Divine Persons in one God. He suffered many hardships because of his faith. He was even sent far away from his home—not once, but five times! When he was alone, he spent his time writing, praying, and encouraging other Christians.



Discuss: How do you show your faith in the Holy Trinity?



Learn more about Saint Athanasius at aliveinchrist.osv.com

Activity

Name one way you can live each of the Theological Virtues: faith, hope, and charity.



Faith



Hope



Charity

Role-play a short scene that shows one of these virtues in action.

Let Us Pray

The Apostles' Creed

Gather and begin with the Sign of the Cross.

Leader: Let us affirm what we believe.
After each reader, say: I do believe!

Reader 1: I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
At the words that follow, up to and including *the Virgin Mary*, all bow.

Reader 2: who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;

Reader 3: he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.

Reader 4: I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.



Sing "Holy, Holy, Holy"



Chapter 4 Review

A Work with Words Fill in the circle next to the choice that best completes the sentence.

1. A virtue is a _____.
 prayer prayed during Mass
 spiritual habit
 symbol
2. The Theological Virtue that expresses your expectation that God will grant you eternal life is _____.
 patience
 charity
 hope
3. A truth of faith that God has shown in Sacred Scripture, in the life of Jesus, or in the teaching of the Church is called a _____.
 stewardship
 covenant
 mystery
4. The divine likeness in each person, the result of being created by God, is known as _____.
 the image of God
 virtue
 faith
5. The mystery beyond words is _____.
 the Trinity
 virtue
 creation

B Check Understanding Circle True if a statement is true, and circle False if a statement is false. Correct any false statements.

6. Faith in God means that God is not a mystery. **True/False**

7. The mystery of one God in three Divine Persons is called the image of God. **True/False**

8. Jesus reveals to people the God they cannot see. **True/False**

9. Those who are baptized are baptized into the very life of God. **True/False**

10. The Theological Virtues are feelings that give us comfort. **True/False**



Go to aliveinchrist.osv.com for an interactive review.

YOUR CHILD LEARNED >>>

This chapter addresses the mystery of the Holy Trinity—God the Father, God the Son, and God the Holy Spirit—and defines faith, hope, and charity as the Theological Virtues.

Scripture



Read **Mark 1:9–11** to find out about the baptism of Jesus.

Catholics Believe

- The Trinity is the central mystery of Christian faith and life.
- Virtue is the habit of doing good. The Theological Virtues of faith, hope, and charity are gifts from God.

To learn more, go to the *Catechism of the Catholic Church* #234, 1812, 1813 at usccb.org.

People of Faith

In this chapter, your child learned about Saint Athanasius. He is known for his courage to speak out about the Holy Trinity and his defense of Jesus as the true Son of God.

CHILDREN AT THIS AGE >>>

How They Understand God as Trinity The central mystery of our faith is also the most mysterious—how can God be Three and also One? Some theologians explain this mystery in terms of relationship. God, in his very nature, is a communion of Divine Persons, and he wants to be in communion with us. Relationships, especially “best friend”-ships, are increasingly important to children this age, and consequently they can identify with this relational nature of God in a way they could not when they were younger.



CONSIDER THIS >>>

Has someone ever taught you how to stretch before participating in physical activities?

We need to warm up and stretch our muscles before we begin physical activity. Then our muscles perform better and we decrease risk of injury. God gives us the Theological Virtues to help strengthen our lives. As Catholics, we understand that “the Theological Virtues of faith, hope, and charity (love)... are not acquired through human effort but, beginning with Baptism, they are infused within us as gifts from God. They dispose us to live in relationship with the Holy Trinity. Faith, hope, and charity influence human virtues by increasing their stability and strength for our lives” (USCCA, p. 317).

LET’S TALK >>>

- Ask your child to explain virtue as the habit of doing God’s will.
- Share how your family lives the Theological Virtues of faith, hope, and charity (or love).

LET’S PRAY >>>



Saint Athanasius, pray for us that we may know and love the Father, Son, and Holy Spirit as you did. May we always keep our faith even when it is difficult to do so. Amen.



For a multimedia glossary of Catholic Faith Words, Sunday readings, seasonal and Saint resources, and chapter activities go to aliveinchrist.osv.com.