

# Faith First Legacy Edition At Home Family Guide

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# The Death and Resurrection of Jesus

*From the beginning of his public ministry Jesus challenged the religious leaders of his day to think about the true meaning of the Covenant that God had made with his people. Jesus expelled demons and forgave sins. Jesus healed on the Sabbath. He challenged the triviality of the endless number of man-made laws by preaching the Law of Love.*

*Jesus' teachings and actions eventually led to his Passion and death. The suffering of Jesus was not without purpose. Though Jesus was without sin, he suffered willingly for all of us. In accepting his death on a cross, Jesus placed his life in complete conformity with the divine plan. His Resurrection opened the way for us to new life. Joined to Christ and his death and Resurrection through our Baptism, we share in the Paschal Mystery and are empowered to live our new life in Christ.*



## Using Our Faith First Legacy Edition Books

Use the following chapters to teach this lesson:

Grade 1 • Chapter 5

Grade 2 • Chapter 7

Grade 3 • Chapter 6

Grade 4 • Chapter 7

Grade 5 • Chapter 7

Grade 6 • Chapter 5, pages 48–49

### Kindergarten Connection

**Faith First Kindergarten** Chapter 13

### Junior High Connection

**Faith First Legacy Edition Junior High**

*Mystery of God* Chapters 8, 9, 10, and 11

## What We Will Learn

Through this lesson your family will learn that:

- Jesus suffered and died.
- Jesus was raised from the dead and ascended to his Father.
- The Paschal Mystery is the mystery of Jesus' Passion, death, Resurrection, and Ascension.
- We live our faith in the Paschal Mystery.

## Looking for More?

- [www.FaithFirst.com](http://www.FaithFirst.com)
- **Faith First Legacy Edition**  
*Additional Activities* booklet for appropriate age level
- **Faith First** videos (Grade 3—segment 6; Grade 5—segment 8; Grade 6—segment 8; Junior High *Creed and Prayer*—segment 6; *Liturgy and Morality*—segment 6)
- **Faith First Legacy Edition** *Called to Prayer* booklet for appropriate age level
- Books to read, see pages 16 and 17

## Family Blessing

God our loving Father,  
we ask you to bless and be with  
our family as we learn more  
about the death and Resurrection  
of your Son, our Lord Jesus Christ.  
Amen.

## PART 1



### What We Already Know

Talk with your children to find out what they already know about Jesus' suffering, death, Resurrection, and Ascension. You can begin the discussion by using the example below or your own words.

*We believe that Jesus died on a cross, was raised to new life, and returned to his Father in heaven. What do you already know about these events?*



### What We Will Discover

Provide time for the children to read and complete the activities.

- Grade 1** Read pages 45–48 to discover what the Paschal Mystery of Jesus is.
- Grade 2** Read pages 62–67 to discover what the Resurrection is.
- Grade 3** Read pages 53–56 to discover what the Paschal Mystery tells us about God's love.
- Grade 4** Read pages 61–64 to discover what happened at Jesus' trial and death.
- Grade 5** Read pages 61–64 to discover what the Paschal Mystery of Jesus is.
- Grade 6** Read pages 45–48 to discover why the death and Resurrection of Jesus is so important.

### Kindergarten Connection

**Faith First Kindergarten** Chapter 13

### Junior High Connection

**Faith First Legacy Edition Junior High** *Mystery of God* Chapters 8, 9, 10, and 11

## PART 2



### Sharing Together

You can use the following questions to discuss what the children have read. Be sure to answer any questions the children may have. Remember that the responses given below are simply one way to express the main idea underlying the response to each question, so be sure to affirm all appropriate responses.

- *What happened at Jesus' trial and death?*  
(Pilate sentenced Jesus to death by crucifixion. Jesus was nailed to the cross and died on the cross.)
- *What happened three days after Jesus died?*  
(The tomb was empty. Jesus was raised from the dead. This is the Resurrection.)
- *What is the Resurrection?*  
(The Resurrection is Jesus rising from the dead on the third day after his death and burial.)
- *How does the crucifix remind us of Jesus?*  
(A crucifix has an image of Jesus' body on it. It reminds us that Jesus died on a cross.)
- *What is the Ascension?*  
(The Ascension is the return of the Risen Jesus to his Father in heaven.)

**All Grades** Ask the children to share one or two things that they learned from their reading.



### Working Together

Choose one of the following activities to do together or design a similar activity of your own.

- Visit your church and pray the Stations of the Cross. Afterward, talk about how the Stations of the Cross tell the story of Jesus' Passion and death.
- Visit a few Catholic churches in your area and look at the Stations of the Cross. Compare the sacred art. Talk about how each set of Stations tells the story in a unique manner.
- The next time you take part in Mass, notice all the words and symbols of Jesus' death and Resurrection. After Mass share what you noticed with one another to discover the ways we remember Jesus' death and Resurrection during Mass.
- At Mass we pray aloud or sing the memorial acclamation "Christ has died, Christ is risen, Christ will come again." Throughout the week, sing together a memorial acclamation whenever you pray together as a family. You can use an acclamation melody sung by your parish or put the words to your own melody.

### This week we will . . .

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## What Difference Does Faith Make?

Provide time for the children to read the "Our Church Makes a Difference" and the "What Difference Does Faith Make in My Life?" pages in their **Faith First Legacy Edition** books and complete the activities on those pages.

**Grade 1** Read pages 49 and 50 and ask first graders to share one thing that they learned about the Church's use of candles. Have the children share their work and their faith choice on page 50.

**Grade 2** Read pages 65 and 66 and ask second graders to share two things that they learned about the Easter candle. Have the children share their work and their faith choice on page 66.

**Grade 3** Read pages 57 and 58 and ask third graders to share two things that they learned about the Way of the Cross, or the Stations of the Cross. Have the children share their work and their faith choice on page 58.

**Grade 4** Read pages 65 and 66 and ask fourth graders to share two things that they learned about Saint Helena. Have the children share their work and their faith decision on page 66.

**Grade 5** Read pages 65 and 66 and ask fifth graders to share two things that they learned about the Stations of the Cross. Have the children share their work and their faith decision on page 66.

**Grade 6** Read pages 49 and 50 and ask sixth graders to share two things that they learned about Saint Paul of the Cross and the Passionists. Have the children share their work and their faith decision on page 50.

**All Grades** Discuss ways family members can help one another keep their faith choice or faith decision.

### Kindergarten Connection

Ask the children to share what they learned this week.

### Junior High Connection

Ask the children to share two things that they learned about the death and Resurrection of Jesus. Have the children share their faith decisions.

## Praying Together

Ask each child to read and share the prayer page for this chapter of the child's book.

Find a crucifix to use during your family prayer time. If you do not have one available, create a cross out of paper. Then gather your family for prayer.



Light a candle and pray.

**Leader:** God our Creator,  
we are thankful for the time  
we have shared today.  
Be with us as we pray together.

**Reader:** (Read aloud Luke 24:1-12.)



Pass the cross or crucifix from person to person and invite each person as they hold it to say, "Jesus is with me."

After each statement, invite the whole family to respond, "Alleluia!"



**Leader:** Jesus, the depth of your love for us is overwhelming. You gave your life for us. May our lives lead others to discover your love for them. In your name we pray.

**All:** Amen.



Be sure to review the "With My Family" page in the child's book. "With My Family" is the last page of each chapter.

# The Holy Spirit

*The Scriptures tell us that Jesus' followers were filled with the Holy Spirit when they were gathered in the upper room in Jerusalem fifty days after the Ascension on the Jewish feast of Pentecost. That event, which includes the manifestation of the Holy Spirit in a strong wind and tongues of fire, empowered the disciples to proclaim the Good News. Inspired by the Holy Spirit, the disciples followed Jesus' command to take his mission into the world.*

*The Holy Spirit sparks faith in the hearts of all who believe in Jesus Christ. We come to know and believe in Christ through the power of the Holy Spirit. The Holy Spirit is our guide, our teacher, our advocate, our helper. The Holy Spirit blesses us with gifts and empowers us to live as followers of Jesus.*



## Using Our Faith First Legacy Edition Books

Use the following chapters to teach this lesson:

Grade 1 - Chapter 7

Grade 2 - Chapter 9

Grade 3 - Chapter 7

Grade 4 - Chapter 8

Grade 5 - Chapter 8,  
see also chapters 9 and 13

Grade 6 - Chapter 7

### Kindergarten Connection

**Faith First Kindergarten** Chapter 18

### Junior High Connection

**Faith First Legacy Edition Junior High**

*Mystery of God* Chapter 12, and *Morality:*

*Life in Christ* Chapter 6

## What We Will Learn

Through this lesson your family will learn that:

- The Holy Trinity is God the Father, God the Son, and God the Holy Spirit.
- Jesus, the Son of God, promised that God the Father and he would send the Holy Spirit.
- The Holy Spirit came to Jesus' followers on Pentecost.
- The Holy Spirit helps us live as followers of Jesus Christ.

## Looking for More?

- [www.FaithFirst.com](http://www.FaithFirst.com)
- **Faith First Legacy Edition** *Additional Activities* booklet for appropriate age level
- **Faith First** videos (Grade 3—segment 1; Grade 5—segment 2; Junior High *Liturgy and Morality*—segment 2)
- **Faith First Legacy Edition** *Called to Prayer* booklet for appropriate age level
- Books to read, see pages 16 and 17

## Family Blessing

Spirit of God,  
who came in wind and fire,  
fill our hearts with courage  
and strength.  
Help us grow closer to you.  
Amen.

## PART 1



### What We Already Know

Talk with your children to find out what they already know about the Holy Spirit. You can begin the discussion by using the example below or your own words.

*We believe that God the Holy Spirit is our helper and guide. What do you know about the Holy Spirit?*



### What We Will Discover

Provide time for the children to read and complete the activities.

- Grade 1** Read pages 61–64 to discover how the Holy Spirit helps us.
- Grade 2** Read pages 77–80 to discover why God the Father and Jesus, God the Son, sent us the Holy Spirit.
- Grade 3** Read pages 61–64 to discover how the Holy Spirit helped the disciples who were gathered in the upper room.
- Grade 4** Read pages 69–72 to discover what happened on Pentecost.
- Grade 5** Read pages 69–72 to discover how the Holy Spirit helps us.
- Grade 6** Read pages 61–64 to discover what the four marks of the Church tell about the Church.

### Kindergarten Connection

**Faith First Kindergarten** Chapter 18

### Junior High Connection

**Faith First Legacy Edition Junior High** *Mystery of God* Chapter 12 and *Morality: Life in Christ* Chapter 6



## PART 2



### Sharing Together

You can use the following questions to discuss what the children have read. Be sure to answer any questions the children may have. Remember that the responses given below are simply one way to express the main idea underlying the response to each question, so be sure to affirm all appropriate responses.

- *Who is the Holy Trinity?*  
(The Holy Trinity is the mystery of the one God in three divine Persons: God the Father, God the Son, God the Holy Spirit.)
- *Who did God the Father and Jesus, God the Son, send to help us?* (Jesus promised that he and the Father would send the Holy Spirit.)
- *Why was the Holy Spirit sent to us?*  
(The Holy Spirit was sent to be our helper and guide.)
- *How does the Holy Spirit help us?*  
(The Holy Spirit helps us keep Jesus' memory alive and understand what Jesus taught and did. The Holy Spirit helps us live as followers of Jesus.)
- *What happened on Pentecost?*  
(The Holy Spirit came to Jesus' followers. The Holy Spirit helped the disciples to continue Jesus' mission and to spread the Good News.)

**All Grades** Ask the children to share one or two things that they learned from their reading.



### Working Together

Choose one of the following activities to do together or design a similar activity of your own.

- The Holy Spirit is our helper. Make a list of ways you can help one another. Invite each person to put a star by one thing that they will do this week.
- Read John 14:15–30. Discuss how the Holy Spirit helps your family live as a Christian family.
- List ways the Holy Spirit helps your family. Post the list on the refrigerator or in a place where everyone will see it. Mark a check next to the things on the list as they occur this week.
- Read aloud the definition of the word *advocate* from a dictionary. Create a list of family members and friends whom you see as being advocates in some way. Identify how the Holy Spirit might be helping these people be advocates to help others live as followers of Jesus.

### This week we will . . .

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## What Difference Does Faith Make?

Provide time for the children to read the "Our Church Makes a Difference" and the "What Difference Does Faith Make in My Life?" pages in their **Faith First Legacy Edition** books and complete the activities on those pages.

**Grade 1** Read pages 65 and 66 and ask first graders to share one thing that they learned about signs of the Holy Spirit. Have the children share their work and their faith choice on page 66.

**Grade 2** Read pages 81 and 82 and ask second graders to share two things that they learned about Pentecost. Have the children share their work and their faith choice on page 82.

**Grade 3** Read pages 65 and 66 and ask third graders to share two things that they learned about signs of the Holy Spirit. Have the children share their work and their faith choice on page 66.

**Grade 4** Read pages 73 and 74 and ask fourth graders to share two things that they learned about missionaries. Have the children share their work and their faith decision on page 74.

**Grade 5** Read pages 73 and 74 and ask fifth graders to share two things that they learned about hymns. Have the children share their work and their faith decision on page 74.

**Grade 6** Read pages 65 and 66 and ask sixth graders to share two things that they learned about letters from the Church. Have the children share their work and their faith decision on page 66.

**All Grades** Discuss ways family members can help one another keep their faith choice or faith decision.

### Kindergarten Connection

Ask the children to share what they learned this week.

### Junior High Connection

Ask the children to share two things that they learned about the Holy Spirit. Have the children share their faith decisions.

## Praying Together

Ask each child to read and share the prayer page for this chapter of the child's book.

For prayer today, use a candle that can be passed safely from person to person. Then gather your family for prayer.



Light a candle and pray.

**Leader:** Loving God,  
we are thankful for the time  
we have shared today.  
Be with us as we pray together.



Pass a candle from person to person. As each person holds the candle everyone else says together, "*(Name)*, the Holy Spirit is your helper and guide." The person holding the candle responds, "Amen."



**Leader:** Come, Holy Spirit; fill the hearts of  
your faithful ones. Help us remember  
to look to you for guidance. Bless us  
with your many gifts. We ask this  
through Christ our Lord.

**All:** Amen.



Be sure to review the "With My Family" page in the child's book. "With My Family" is the last page of each chapter.

# The Church, the People of God

*The Church is the People of God and the Body of Christ. The Church is the Communion of Saints—the faithful alive on earth and the faithful who have died, the community of the followers of Jesus who are in relationship with one another.*

*We, the Church, make Christ visible, continue his mission, and are signs of Christ in the world. Through the community of the Church our faith is nurtured and flourishes. As members of the Church we give witness to Christ by our love, kindness, and unity. Together as a community, we strive for a deepening of faith and conversion so that our lives will be clearer images of Christ as we serve God's plan, continue Jesus' work in the world, and prepare for the coming of the kingdom of God.*



## Using Our Faith First Legacy Edition Books

Use the following chapters to teach this lesson:

- Grade 1 · Chapter 8
- Grade 2 · Chapter 10
- Grade 3 · Chapter 8
- Grade 4 · Chapter 10
- Grade 5 · Chapter 10
- Grade 6 · Chapter 8,  
see also chapter 14

### Kindergarten Connection

#### Faith First Kindergarten

Chapters 9 and 17

### Junior High Connection

#### Faith First Legacy Edition Junior High

*Church and Sacraments* Chapters 1 and 2

## What We Will Learn

Through this lesson your family will learn that:

- The Church is the People of God.
- As members of the Church, the Body of Christ, we are one with Jesus and with one another.
- We belong to the Catholic Church and to the Communion of Saints.
- We work together as members of the Church.

## Looking for More?

- [www.FaithFirst.com](http://www.FaithFirst.com)
- **Faith First Legacy Edition**  
*Additional Activities* booklet for appropriate age level
- **Faith First** videos (Grade 2—segment 6; Grade 5—segment 2; Junior High *Creed and Prayer*—segment 7; *Liturgy and Morality*—segment 2)
- **Faith First Legacy Edition** *Called to Prayer* booklet for appropriate age level
- Books to read, see pages 16 and 17

## Family Blessing

God of all people,  
bless us and be with us  
as we learn how to live  
as the People of God.

Amen.

## PART 1



### What We Already Know

Talk with your children to find out what they already know about the Church as the People of God. You can begin the discussion by using the example below or your own words.

*We believe that the Church is the People of God. What do you think it means to be the People of God?*



### What We Will Discover

Provide time for the children to read and complete the activities.

- Grade 1** Read pages 69–72 to discover how the saints help us.
- Grade 2** Read pages 85–88 to discover how we live as members of the Church.
- Grade 3** Read pages 69–72 to discover how the early Christians followed Jesus' example.
- Grade 4** Read pages 85–88 to discover what the kingdom of God is.
- Grade 5** Read pages 85–88 to discover what it means to live as members of the Church.
- Grade 6** Read pages 69–72 to discover why the kingdom of God is so important to the teachings of Jesus.

### Kindergarten Connection

**Faith First Kindergarten** Chapters 9 and 17

### Junior High Connection

**Faith First Legacy Edition Junior High** *Church and Sacraments* Chapters 1 and 2



## PART 2



### Sharing Together

You can use the following questions to discuss what the children have read. Be sure to answer any questions the children may have. Remember that the responses given below are simply one way to express the main idea underlying the response to each question, so be sure to affirm all appropriate responses.

- *Who is the Church?*  
(The Church is everyone who is baptized and believes in and follows Jesus. The Church is the People of God. The Church is the Body of Christ.)
- *What do the members of the Church do?*  
(Faithful members of the Church believe in Jesus and follow his teachings. We use our gifts to build up the Church.)
- *Why do we call the Church the People of God?*  
(Members of the Church belong to God. Through Baptism we are joined to Christ and become members of the Church.)
- *In what ways is your family like the Church?*  
(Responses will vary.)
- *In what ways does your parish follow Jesus' example?*  
(Responses will vary.)

**All Grades** Ask the children to share one or two things that they learned from their reading.



### Working Together

Choose one of the following activities to do together or design a similar activity of your own.

- List ways your parish follows Jesus' example. Use a parish bulletin as a reference to help you come up with your list.
- List all of the people that take part in the celebration of Mass in your parish. Be sure to include the priest, music ministers, altar servers, greeters, ushers, readers, extraordinary ministers of Holy Communion, sacristans, liturgists, and everyone gathered. Notice that everyone has an important role in the celebration of Mass.
- Research when and how your parish began. Find the answers to these and similar questions: Who were the first parishioners? Who was the first priest? How did the parishioners raise the money for the church to be built?
- Make a poster explaining that the Church is the People of God. Write at the top of the poster "You can tell we are the People of God because . . ." Complete the statement, using drawings, words, and pictures from magazines or newspapers.

### This week we will . . .

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## What Difference Does Faith Make?

Provide time for the children to read the "Our Church Makes a Difference" and the "What Difference Does Faith Make in My Life?" pages in their **Faith First Legacy Edition** books and complete the activities on those pages.

- Grade 1** Read pages 73 and 74 and ask first graders to share one thing that they learned about the Church community. Have the children share their work and their faith choice on page 74.
- Grade 2** Read pages 89 and 90 and ask second graders to share two things that they learned about Mary. Have the children share their work and their faith choice on page 90.
- Grade 3** Read pages 73 and 74 and ask third graders to share two things that they learned about the Church. Have the children share their work and their faith choice on page 74.
- Grade 4** Read pages 89 and 90 and ask fourth graders to share two things that they learned about the Communion of Saints. Have the children share their work and their faith decision on page 90.
- Grade 5** Read pages 89 and 90 and ask fifth graders to share two things that they learned about devotion to Mary. Have the children share their work and their faith decision on page 90.
- Grade 6** Read pages 73 and 74 and ask sixth graders to share two things that they learned about Saint Scholastica and Saint Benedict. Have the children share their work and their faith decision on page 74.
- All Grades** Discuss ways family members can help one another keep their faith choice or faith decision.

### Kindergarten Connection

Ask the children to share what they learned this week.

### Junior High Connection

Ask the children to share two things that they learned about the Church. Have the children share their faith decisions.

## Praying Together

Ask each child to read and share the prayer page for this chapter of the child's book.

Have your family form a circle for prayer.



Light a candle and pray.

**Leader:** God of all people,  
we are thankful for the time  
we have shared today.  
Be with us as we pray together.

**Reader:** (Read aloud 1 Corinthians 12:12-13.)



One at a time, ask each person to stand in the center of the circle. As each person stands in the circle, the other family members say together, "Lord, help \_\_\_\_\_ to use his (her) gifts for the good of the Church."

The person in the circle responds, "We are the People of God."



Conclude by praying the Apostles' Creed or the Nicene Creed together. Or sing these lyrics to the melody of "The Farmer in the Dell":

The people are the Church.  
The people are the Church.  
Alleluia.  
The people are the Church.



Be sure to review the "With My Family" page in the child's book. "With My Family" is the last page of each chapter.

# Baptism and Confirmation

*Baptism is the first sacrament we celebrate and is closely related to Confirmation. Baptism is the entry door to life in the Church and is one of the three Sacraments of Christian Initiation. Through Baptism we are joined to Christ and become part of the Body of Christ, the Church.*

*At Baptism we make promises that we are to live out the rest of our lives. The Holy Spirit, whom we receive at Baptism, helps us live out the promises that we make. Confirmation completes the grace of Baptism by a special outpouring of the gifts of the Holy Spirit. The Holy Spirit is always with us as our companion and guide.*



## Using Our Faith First Legacy Edition Books

Use the following chapters to teach this lesson:

- Grade 1 · Chapter 11
- Grade 2 · Chapter 12
- Grade 3 · Chapter 12
- Grade 4 · Chapter 12
- Grade 5 · Chapter 12
- Grade 6 · Chapter 13

### Kindergarten Connection

**Faith First Kindergarten** Chapter 15

### Junior High Connection

**Faith First Legacy Edition Junior High Church and Sacraments** Chapter 8

## What We Will Learn

Through this lesson your family will learn that:

- Through the sacraments we share in the life and love of God.
- Through Baptism we become members of the Church and followers of Jesus Christ.
- In the celebration of Baptism we use specific words and actions.
- In the celebration of Confirmation we use specific words and actions.

## Looking for More?

- [www.FaithFirst.com](http://www.FaithFirst.com)
- **Faith First Legacy Edition Additional Activities** booklet for appropriate age level
- **Faith First** videos (Grade 5—segment 2; Junior High *Liturgy and Morality*—segment 7)
- **Faith First Legacy Edition Called to Prayer** booklet for appropriate age level
- Books to read, see pages 16 and 17

## Family Blessing

God our Father and Creator,  
through the waters of Baptism  
we are joined to Christ, your Son.

Send the Holy Spirit to  
be with us and bless us  
as we learn to live as your children.  
Amen.

## PART 1



## What We Already Know

Talk with your children to find out what they already know about Baptism and Confirmation. You can begin the discussion by using the example below or your own words.

*In this lesson we are going to learn more about the sacraments of Baptism and Confirmation. What can you remember about Baptism and Confirmation? What happens at a celebration of Baptism? Who is there?*



## What We Will Discover

Provide time for the children to read and complete the activities.

- Grade 1** Read pages 97–100 to discover why we celebrate Baptism.
- Grade 2** Read pages 105–108 to discover the words and actions of Confirmation.
- Grade 3** Read pages 105–108 to discover how the sacraments bring us closer to Jesus.
- Grade 4** Read pages 105–108 to discover the names of all seven sacraments.
- Grade 5** Read pages 105–108 to discover the effects of Baptism and Confirmation.
- Grade 6** Read pages 113–116 to discover what the Church requires of those seeking Confirmation.

### Kindergarten Connection

**Faith First Kindergarten** Chapter 15

### Junior High Connection

**Faith First Legacy Edition Junior High Church and Sacraments** Chapter 8



## PART 2



### Sharing Together

You can use the following questions to discuss what the children have read. Be sure to answer any questions the children may have. Remember that the responses given below are simply one way to express the main idea underlying the response to each question, so be sure to affirm all appropriate responses.

- *What do the sacraments celebrate?*  
(The sacraments celebrate God's love for us. The sacraments are celebrations of faith. Through the work of the Holy Spirit the sacraments make us sharers in the life of God and the work of Jesus Christ.)
- *Why do we celebrate Baptism?*  
(Through Baptism we are joined to Christ and become members of the Church. We receive the gift of the Holy Spirit. Original sin and our personal sins are forgiven. We are reborn as children of God.)
- *What are the words for Baptism?*  
("I baptize you in the name of the Father, and of the Son, and of the Holy Spirit.")
- *What does the sacrament of Confirmation celebrate?*  
(Confirmation celebrates the Holy Spirit strengthening us to live as Christians.)
- *What are the words for Confirmation?*  
("Be sealed with the Gift of the Holy Spirit.")

**All Grades** Ask the children to share one or two things that they learned from their reading.



### Working Together

Choose one of the following activities to do together or design a similar activity of your own.

- Locate family photo albums, baby books, and other mementos from the Baptism of family members. Share stories about each person's Baptism. Be sure to tell why the day was so special for everyone present.
- Make cards for your godparents. Thank your godparents for helping you grow in a life of faith.
- Find videos your family may have of the Baptism and Confirmation of family members. Watch the videos and point out the words and actions of the sacraments.
- Make a calendar to help your family remember the days on which family members were baptized, confirmed, or celebrated First Eucharist. Decide how you will celebrate these special days.

### This week we will . . .

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## What Difference Does Faith Make?

Provide time for the children to read the "Our Church Makes a Difference" and the "What Difference Does Faith Make in My Life?" pages in their **Faith First Legacy Edition** books and complete the activities on those pages.

**Grade 1** Read pages 101 and 102 and ask first graders to share one thing that they learned about Project Star Fish. Have the children share their work and their faith choice on page 102.

**Grade 2** Read pages 109 and 110 and ask second graders to share two things that they learned about Fiesta Grande. Have the children share their work and their faith choice on page 110.

**Grade 3** Read pages 109 and 110 and ask third graders to share two things that they learned about sacramentals. Have the children share their work and their faith choice on page 110.

**Grade 4** Read pages 109 and 110 and ask fourth graders to share two things that they learned about Bread for the World. Have the children share their work and their faith decision on page 110.

**Grade 5** Read pages 109 and 110 and ask fifth graders to share two things that they learned about religious communities. Have the children share their work and their faith decision on page 110.

**Grade 6** Read pages 117 and 118 and ask sixth graders to share two things that they learned about Saint Maximilian Kolbe. Have the children share their work and their faith decision on page 118.

**All Grades** Discuss ways family members can help one another keep their faith choice or faith decision.

### Kindergarten Connection

Ask the children to share what they learned this week.

### Junior High Connection

Ask the children to share two things that they learned about Baptism and Confirmation. Have the children share their faith decisions.

## Praying Together

Ask each child to read and share the prayer page for this chapter of the child's book.

Put a small amount of water in a glass bowl. Then have your family form a circle for prayer.



Light a candle and pray.

**Leader:** Loving God,  
we are thankful for the time  
we have shared today.  
Be with us as we pray together.



Pass the bowl of water from one person to another. As each person holds the bowl, the rest of the family says, "(Name), be blessed by this water and remember the gift of your Baptism, in the name of the Father, and of the Son, and of the Holy Spirit."

The person with the bowl dips the fingers of their right hand into the water, makes the sign of the cross, and says aloud, "Amen."



**Leader:** God, Father of us all, at Baptism and Confirmation we celebrate the gift of the Holy Spirit. Help us remember to rely on the Holy Spirit so that we can live as your children. We ask this through Christ our Lord.

**All:** Amen.



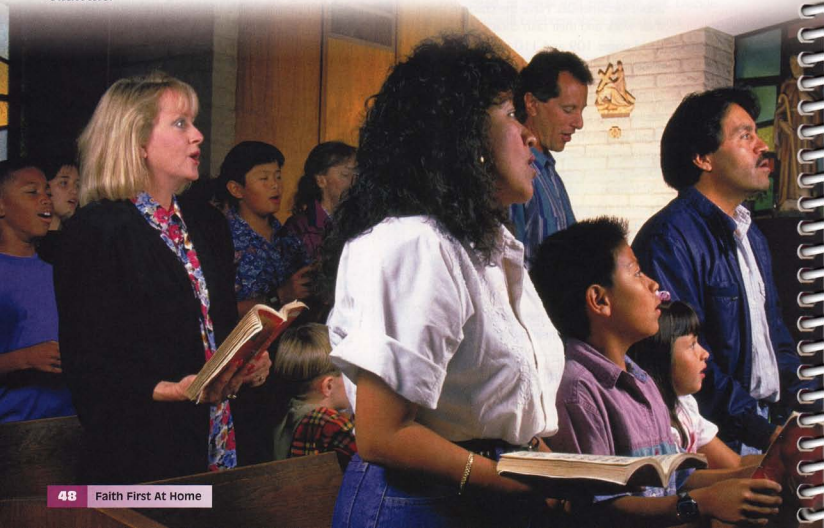
Be sure to review the "With My Family" page in the child's book. "With My Family" is the last page of each chapter.

# Eucharist and the Mass

*The Second Vatican Council teaches that the Eucharist is the source and summit of the Christian life. In celebrating the Eucharist we share in the Paschal Mystery of the Passion, death, and Resurrection of Jesus Christ.*

*At Mass we celebrate both the Liturgy of the Word and the Liturgy of the Eucharist. These two parts of the Mass are closely linked. In listening to and reflecting on the Scriptures, we are fed by God's word. In remembering the Last Supper, in participating in Jesus' loving self-sacrifice, and in sharing Holy Communion and being nourished by the Body and Blood of Christ, we are joined more fully to Christ and to one another and strengthened to live the Gospel. God's power through the Holy Spirit makes Jesus truly present for us under the appearances of bread and wine. The bread and wine become the Body and Blood of Christ.*

*Celebrating the Eucharist each week with understanding and enthusiasm is an essential part of being Catholic. It is both a celebration of mystery and a source of unity among all Catholics.*



## Using Our Faith First Legacy Edition Books

Use the following chapters to teach this lesson:

Grade 1 • Chapter 13

Grade 2 • Chapter 15,  
see also chapters 16 and 17

Grade 3 • Chapter 13

Grade 4 • Chapter 12,  
see also chapter 13

Grade 5 • Chapter 14

Grade 6 • Chapter 15,  
see also chapter 12

### Kindergarten Connection

**Faith First Kindergarten** Chapter 16

### Junior High Connection

**Faith First Legacy Edition Junior High Church and Sacraments** Chapters 6 and 9

## What We Will Learn

Through this lesson your family will learn that:

- At Mass we praise and thank God.
- At Mass stories from the Bible are read during the Liturgy of the Word.
- We share the Body and Blood of Christ in the Eucharist.
- Our participation in Mass and our reverence for the Eucharist are at the heart of our life in Christ.

## Looking for More?

- [www.FaithFirst.com](http://www.FaithFirst.com)
- **Faith First Legacy Edition Additional Activities** booklet for appropriate age level
- **Faith First** videos (Gr. 2—segment 7; Gr. 3—segment 6; Gr. 5—segment 8; Gr. 6—segment 8; Junior High *Creed and Prayer*—segment 6; *Liturgy and Morality*—segment 6)
- **Faith First Legacy Edition Called to Prayer** booklet for appropriate age level
- Books to read, see pages 16 and 17

## Family Blessing

Loving God,  
be with our family  
as we reflect upon  
the great mystery of the  
Eucharist.  
Amen.

## PART 1



### What We Already Know

Talk with your children to find out what they already know about the Eucharist and the Mass. You can begin the discussion by using the example below or your own words.

*As Catholics, we gather for Mass to celebrate the Eucharist. Let's share with one another some of the things that we see, hear, and do when we take part in the celebration of Mass.*



### What We Will Discover

Provide time for the children to read and complete the activities.

- Grade 1** Read pages 113–116 to discover why we gather for Mass.
- Grade 2** Read pages 129–132 to discover what we do during the Liturgy of the Word.
- Grade 3** Read pages 113–116 to discover the meaning of the Blessed Sacrament.
- Grade 4** Read pages 105–108 to discover the ways that Jesus is present with us in every celebration of the Eucharist.
- Grade 5** Read pages 121–124 to discover how we celebrate the Mass.
- Grade 6** Read pages 129–132 to discover how the Old Testament helps us understand the meaning of the Eucharist.

### Kindergarten Connection

**Faith First Kindergarten** Chapter 16

### Junior High Connection

**Faith First Legacy Edition Junior High Church and Sacraments** Chapters 6 and 9



## PART 2



### Sharing Together

You can use the following questions to discuss what the children have read. Be sure to answer any questions the children may have. Remember that the responses given below are simply one way to express the main idea underlying the response to each question, so be sure to affirm all appropriate responses.

- *Why do we gather for Mass?*  
(We gather as the Church community for the celebration of Mass to listen to God's word and to praise and thank God.)
- *What do we do during the Liturgy of the Word?*  
(During the Liturgy of the Word, we listen to stories from the Bible: usually an Old Testament reading, a psalm, a New Testament reading, and a Gospel reading.)
- *What happens during the Liturgy of the Eucharist?*  
(We share in the Paschal Mystery of Christ, his Passion, death, Resurrection, and Ascension. The bread and wine become the Body and Blood of Christ. We receive the Body and Blood of Christ in Holy Communion.)
- *How do we participate in the celebration of Mass?*  
(We participate in Mass when we sing and say the responses. We stand or kneel. We pray. Joined to Christ, we offer ourselves to God. We share a sign of peace. We receive the Eucharist.)

**All Grades** Ask the children to share one or two things that they learned from their reading.



### Working Together

Choose one of the following activities to do together or design a similar activity of your own.

- Saint Pius X had a special devotion to the Eucharist. Search your parish library, a public library, or the Internet to see if you can find out more about Saint Pius X.
- Before you take part in the celebration of Mass next weekend, together read the Gospel selection assigned for that Sunday. Talk about what this reading means for your family.
- Go together to see the tabernacle at your church. Explain that we believe that Christ is present in the Eucharist. We call the consecrated bread, or the Eucharist, the Blessed Sacrament. We keep, or reserve, the Blessed Sacrament in a tabernacle to show our reverence and respect for the Eucharist and to be able to bring Holy Communion to those who are ill or elderly and cannot get to church for the celebration of Mass. Notice the lit candle near the tabernacle. It is called a sanctuary lamp. It tells us that the Blessed Sacrament is in the tabernacle.
- See how many of the liturgical ministers at Mass you can list. Your list might include priest, altar servers, readers or lectors, extraordinary ministers of Holy Communion, greeters, ushers, sacristan, musicians, singers, and so on. Your parish might even have a liturgy planning team, a group that prepares the environment or a volunteer cleaning crew.

**This week we will . . .**

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## What Difference Does Faith Make?

Provide time for the children to read the "Our Church Makes a Difference" and the "What Difference Does Faith Make in My Life?" pages in their **Faith First Legacy Edition** books and complete the activities on those pages.

**Grade 1** Read pages 117 and 118 and ask first graders to share one thing they learned about how the Mass helps us live as disciples. Have the children share their work and their faith choice on page 118.

**Grade 2** Read pages 133 and 134 and ask second graders to share two things that they learned about processions. Have the children share their work and their faith choice on page 134.

**Grade 3** Read pages 117 and 118 and ask third graders to share two things that they learned about the holy days of obligation. Have the children share their work and their faith choice on page 118.

**Grade 4** Read pages 109 and 110 and ask fourth graders to share two things that they learned about Bread for the World. Have the children share their work and their faith decision on page 110.

**Grade 5** Read pages 125 and 126 and ask fifth graders to share two things that they learned about Blessed Teresa of Calcutta. Have the children share their work and their faith decision on page 126.

**Grade 6** Read pages 133 and 134 and ask sixth graders to share two things that they learned about Archbishop Oscar Romero. Have the children share their work and their faith decision on page 134.

**All Grades** Discuss ways family members can help one another keep their faith choice or faith decision.

### Kindergarten Connection

Ask the children to share what they learned this week.

### Junior High Connection

Ask the children to share two things that they learned about Bread for the World. Have the children share their faith decisions.

## Praying Together

Ask each child to read and share the prayer page for this chapter of the child's book.

Give everyone a few minutes to write petitions for a prayer similar to the petitions that are part of the Prayer of the Faithful we pray at Mass. Remind everyone to conclude their petitions, "We pray to the Lord." You might have older children help younger children. Then gather the group for prayer.



Light a candle and pray.

**Leader:** God our Creator,  
we are thankful for the time  
we have shared today.  
Be with us as we pray together.

**Reader:** (Read aloud the story of the Last Supper, Matthew 26:26–30.)



Ask each person to pray their petitions aloud. After each person prays aloud, the rest of the family responds, "Lord, hear our prayer."



**Leader:** As a sign of our unity as Catholics,  
let us pray as Jesus taught us.

**All:** Our Father . . .



Be sure to review the "With My Family" page in the child's book. "With My Family" is the last page of each chapter.