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God's Gift of Self

Sharing Our Gifts

When Saint Thomas Aquinas went to school, people did not think he was very smart. They even called him a “dumb ox.” He sat in his seat without talking, day after day. But he was listening carefully. That was one of his gifts.

Saint Thomas became a great teacher, a preacher and a writer. He shared his gift of wisdom with the whole world.

Ask God to help you discover the gifts that he has given to you.



Healthy Habits in the Home

All family members have gifts and talents to share. Ask God to help you discover the gifts that he has given to you. Have a family talent show to celebrate the gifts and talents of each member of your family. Talk about how each family member's gifts show how unique and special they are.

Family Blessings

Dear Jesus, give each member of our family the gifts of wisdom and courage. Help us know what is good and right. Give us the strength to be brave in choosing to do good. Amen.

Taking the Lesson Home

Share with each other something about yourself:

1. Tell something you can do well.
2. Tell about something you made by yourself.
3. Tell about something kind you did for someone.
4. Tell the nicest thing about you.
5. Tell something you did for your family.



Faith on the Fridge

God calls us
to be heroes
by using our gifts
to help others.



Who Are You?

LESSON

3

There's No One Just Like You

You are one of a kind.

In all the world, there is no one else just like you.

There will never be another you. Isn't that great?

God loves you just as you are.

God gave you your own gifts and talents to share.

God wants you to be yourself and to make the most of who you are.



Tell about one special gift that God gave you.



Gifts to Share

Each person is different.
Each person has special gifts and talents.

Jean cannot see.
She feels and hears things that
her friends never notice.

John cannot hear.
He can read lips and talk with
his hands.

Bill cannot walk.
He uses a wheelchair to go everywhere.
He can draw and sing and make
his friends laugh.

God gives everyone different gifts.
All people have gifts to share.



Catholics Believe

God gives each person
gifts to share.



Tell about yourself.

All About Me

My name is _____.

I can _____.

I like to _____.

Sharing My Special Gifts

Feel proud of who you are.

God made you special.

God gave you special gifts.

What is one special gift that you have?

How can you use that gift to help someone in your family?

Activity

Draw yourself using your special gift to help someone in your family.

You Are Growing

Every day you grow and change.
It happens very slowly.
Maybe you don't feel it.
Maybe you don't think about it.
But it is happening all the time.

Your body changes.
You learn new things.
You see new things.



How have you grown this year?



Changes



As you grow up, your body changes.

It will get bigger.

It will look and feel different.

You will have new feelings and ideas.

You will have new friends.

You will learn new things about yourself and God.

You will decide more things by yourself.

Growing up is not always easy. Making good choices is not always easy.

But God always helps you.

You can be brave and happy.

Life can be more exciting with each new day.

Growing in Virtue

I can be brave with
God's help.



When I Was a Baby I Could

Now I Can

Making Good Choices

To help you make good and brave choices, remember WALT.



Watch what others do.



Ask trusted adults and friends.



Listen to their good advice.



Think before you act.



Think about making a good choice.

Who will you WATCH? _____

Who will you ASK? _____

Who will you LISTEN TO? _____

What will you do next? _____

Name _____

Summary

We have learned about God's Gift of Self.

LESSON 3: Who Are You?

- God loves me just as I am.
- God has given everyone gifts to share
- I am proud of who God made me to be.

LESSON 4: I Can Be Brave

- As I grow, my body, mind and feelings change.
- I can be brave with God's help.
- I can make good decisions.

Content Review

Complete each sentence using one word from the word bank.

act

brave

gifts

grow

1. God gives everyone unique and talents to share.
2. As I , my body changes.
3. With God's help, I can be in making good choices.
4. Before I make a choice, I should think before I

Circle the T if the statement is true.

Circle the F if the statement is false.

- | | | |
|---|---|---|
| 1. Many other people are exactly like you. | T | F |
| 2. Sometimes it is difficult to make good choices. | T | F |
| 3. A person who cannot see has gifts to share too. | T | F |
| 4. You must be an adult before you can use your gifts. | T | F |
| 5. Some people do not have any special gifts and talents. | T | F |

Name _____

Thinking It Through

Read each question. Then write a short response.
Share your answers.

1. What gifts has God given me to share with others?

2. How does God help me to use my gifts well?

3. How can I tell that I am growing?

Working Together

Write a letter to yourself about some of the things that you have learned. Be sure to put your name, age and today's date on the letter. Seal it in an envelope and write your name on it. Open the envelope after you have completed the last lesson in this book.