

## SACRAMENTS

REVIEW

1) BAPTISM
2) $\operatorname{SIN}$
3) RECONCILIATION

Love is very important to us. All of us want to have someone who will love us. We are very lucky to have people who care about us and show us that they love us.

Who are some of the people who love you?

How do you know that they love you?

People who love you do nice things for you. They help you. They show that they care about you.

If someone loves you, what do you do?

## DISCUSSION QUESTIONS:

1. Tell ways that show "I am loved."
2. Name some people who love you.
3. How do you show that you love them?

## SACRAMENTS

Because Jesus loves us, He gave us the sacraments. The sacraments are holy signs which give us grace (a share in God's life).

The sacraments give us new life as children of God, help us grow in God's life, and heal God's life in us.

There are seven sacraments. They are: Baptism, Reconciliation, Holy Eucharist, Confirmation, Marriage, Holy Orders, and Anointing of the Sick.


Which of the sacraments have you received?

## DISCUSSION QUESTIONS:

1. What is a sacrament?
2. Why did Jesus give us the sacraments?
3. How do the sacraments help us?
4. What is grace?

ACTIVITY: Fill in the missing blanks with the correct answers.

1. A sacrament is a holy $\qquad$ which gives me $\qquad$ .
2. God's life in me is called $\qquad$ .
3. I have received the Sacrament of and $\qquad$ .

## PRAYER:

Thank you, Jesus, for giving us the sacraments as signs of Your love for us. Help us to grow in God's grace.


## THE MULTIPLICATION OF THE LOAVES AND FISHES

## THE SACRAMENT OF THE HOLY EUCHARIST

THE LAST SUPPER

## THE MULTIPLICATION OF THE LOAVES AND FISHES

One time Jesus was in the desert. 5000 people came to Him. He told them the good news from His Father. In the evening, the people were hungry. Jesus told them to sit down. The apostles found a boy who had 5 loaves of bread and 2 fish. Jesus took the bread and fish. Jesus blessed the food. He broke the bread. He gave it to the people. He gave them the fish too. Everyone had enough to eat! (Jesus had blessed the 5 loaves and 2 fish and had made enough for 5000 people.) Then He went away to pray.
The next day, the people wanted more bread. They looked for Jesus. They met Him by the lake. Jesus loved these people. He told them, "I am the Bread of Life. Eat of this Bread. You will live forever."

## DISCUSSION QUESTIONS:

1. Why were the people in the desert?
2. How many people were with Jesus that day?
3. What did Jesus tell the people?

## SACRAMENT OF THE HOLY EUCHARIST

Jesus told the people, "I am the Bread of Life. Eat of this Bread. You will live forever."

We can eat of the Bread of Life when we receive Jesus in the Sacrament of the Holy Eucharist. The Holy Eucharist is the Body and Blood of Jesus Christ. It is the food for God's life in us.

When we eat ordinary bread, we become stronger. When we receive the Sacrament of the Holy Eucharist, we become stronger in another way. The Holy Eucharist strengthens grace (God's life) in us. It helps us to live and grow as children of God.

## DISCUSSION QUESTIONS:

## 1. Who is the Bread of Life?

2. When can we eat of the Bread of Life?
3. What is the Holy Eucharist?

## ACTIVITY: Complete the puzzle.



1. At the Last Jesus shared a meal with His friends.
2. He took some $\qquad$ .
3. He $\qquad$ it.
4. He said, "This is My $\qquad$ "
5. Then He took a chalice of $\qquad$ .
6. He said, "This is the chalice of My $\qquad$ " ${ }^{37}$
7. The bread and wine is really


SACRIFICE

## JESUS' DEATH ON THE CROSS

THE SACRIFICE OF THE HOLY MASS

## SACRIFICE

A sacrifice is a religious action in which someone or something is offered to God.

## JESUS' DEATH ON THE CROSS

Jesus Christ's death on the cross was a sacrifice because He offered Himself to God the Father. He did this so that we would be saved from original sin, all other sins we may commit, and be able to live with God forever in heaven.

## DISCUSSION QUESTIONS:

1. What is a sacrifice?
2. Who died on the cross for us?
3. Why did Jesus Christ die on the cross for us?
4. To whom did Jesus Christ offer Himself?
5. For whom did Jesus Christ offer Himself?

## PRAYER

Thank you, dear Jesus, for dying on the cross for us.


## THE SACRIFICE OF THE HOLY MASS

At the Sacrifice of the Holy Mass:

1. We participate in Jesus Christ's sacrifice - His death on the cross.
2. God gives us His Son, Jesus Christ, in Holy Communion.
3. We give thanks for everything God has given us, especially His Son, Jesus Christ.


RECEPTION OF HOLY COMMUNION

## BEFORE WE RECEIVE HOLY COMMUNION:

1. We ask God's forgiveness for our sins. We say "Lord Have Mercy. Christ Have Mercy. Lord Have Mercy."
2. We ask for one another's forgiveness. The priest says, "The peace of the Lord be with you always." We say, "And with your spirit." Then, if appropriate, the priest adds: "Let us offer each other the sign of peace." We then give one another the sign of peace.
3. Before Communion, the priest says, "Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb." We answer, "Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed."

## DISCUSSION QUESTIONS:

1. What do we say to God when we ask for forgiveness of our sins?
2. What do we say to each other when we ask for forgiveness?

## MY STORY

My name is $\qquad$
In my family, there are $\qquad$ other people.
Their names are $\qquad$ ,

My Birthday is $\qquad$ .

I also belong to the Family of God.
I became a member of God's Family when I received the Sacrament of $\qquad$ .

Soon, I will be receiving another Sacrament. It is the Sacrament of the $\qquad$ , $\qquad$ .
I will receive this Sacrament for the first time on
$\qquad$ .

I can receive the Sacrament of the Holy Eucharist whenever I attend $\qquad$ .

At Mass, we remember that Jesus Christ died and rose for us. At Mass, we give thanks for everything God has given us, especially His Son, Jesus Christ.

