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Psalm 143:10



Eric jumped into the back seat of his mom's car. He couldn't wait to get to his first soccer practice. Eric was so excited!

"You know the rule: Buckle your seat belt," Eric's mom said, before she started the car.

"Yeah," Eric's older sister, Jessie, said in a bossy voice. "It's the law. Mom will get a ticket if you don't!"

"That's not the only reason," said Eric's mother. She turned and gave Eric a smile. "I want you to be safe. That's why we have the rule."

Eric smiled back, buckling his seat belt with a loud click.

- Why did Eric's mom have a rule about safety belts?
- What are some rules that your family has?
- How do rules show our love for one another?

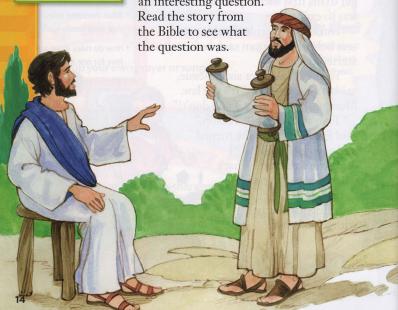
What Must I Do?

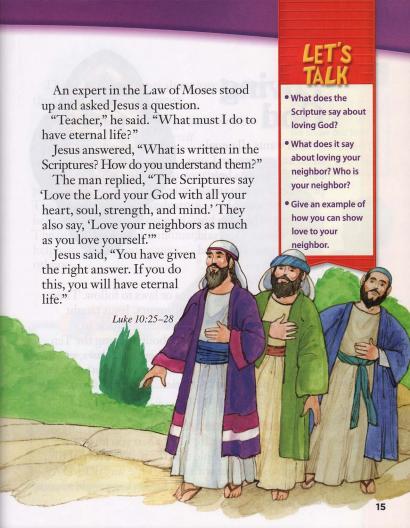
Word of God

Lord, you give peace of mind to all who love your Law.

Psalm 119:165

Following rules is not always easy to do. Sometimes it seems like there are too many rules. A man who lived in the time of Jesus must have felt that way. One day, as Jesus was traveling to Jerusalem and teaching along the way, he met a man who asked him an interesting question.





Loving God

God wants all people to be happy forever. Long ago, God made a holy promise or **covenant** with his people. He promised to be with his people always. God said, "I will be your God, and you shall be my people." (From *Leviticus 26:12*)



God gave his people rules or laws to follow. These laws are the **Ten Commandments**. Jesus taught people how to live up to the promises made to God. Jesus reminded people about obeying the Ten Commandments. When you obey God's laws, you are showing your love for God and for one another.

Turn to page 85 in "A Little Catechism" for a review of the Ten Commandments.

The Great Commandment

You show your love for God when you love other people. Jesus told people that the way to **eternal life**, or happiness forever with God, is the way of love. As a follower of Jesus, you are to love other people as you love yourself.

This teaching of Jesus about love is called the **Great Commandment**:

Love God above all things, and love your neighbor as you love yourself.

You do what the Great
Commandment tells you to do when
you live the Ten Commandments.
The first three commandments
help you to love and respect God.
The other seven commandments
help you to love and respect
others.

THIS WE BELIEVE

God has made a covenant with us. We show our love and thankfulness by following God's law.

- Cunnin

You are a follower of Jesus Christ. You listen to his words. What is one thing you can do to show your love for God? What is one way you can show love for other people?

Draw or write your answers in the hearts.



LOVE

Walking the Way of Love

Remember the words of the Great Commandment:
Follow the path that takes you down the path of love.

Parish Connections

When you go to Mass on Sunday, you are obeying the third commandment.

CATHOLIC PRACTICES

Many Catholics bow their heads when they say the name of Jesus in prayer. This honors the second commandment.



What happens when you do not follow the way of love?





Family Note

Dear Family,

I learned that long ago God made a covenant, or holy promise. God gave his people the Ten Commandments. I learned that God wants me to love him and to love other people. This is the Great Commandment. I can show my love by obeying the Ten Commandments and following the teachings of Jesus. If I show my love in this way, God promises I will be happy with him forever.

ON YOUR OWN

Make a calendar for the week. At the end of each day, draw one heart on the calendar for each loving action you did for God or for others.

Try to fill your calendar with hearts!

Family Chat

Talk about ways family members follow the Great Commandment every day.

WITH YOUR FAMILY

Make up a list of family commandments that will help you show love for God and for one another. Decorate the list, and display it where family members can see it.

