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# prayer

## Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful.

And kindle in them the fire of your love.

Send forth your Spirit and they shall be created.

And you shall renew the face of the earth.

Let us pray:

O God, by the light of the Holy Spirit you have taught the hearts of your faithful. In the same Spirit, help us to know what is truly right and always to rejoice in your consolation.

We ask this through Christ, Our Lord.

Amen.

# identity



# identity

My favorite quote, saying, or music lyric is . . .

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I find it significant because . . .

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Five things I like about myself are . . .

1. ....
2. ....
3. ....
4. ....
5. ....

When I need help and support, I . . .

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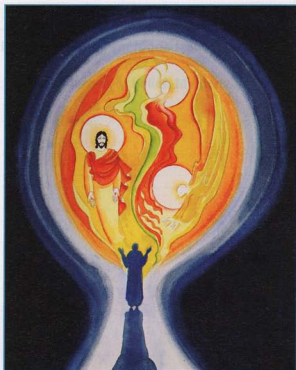
Describe some simple ways you find God in your daily life.

My vision of a perfect world is one where everyone is united in love and peace, and where everyone is able to live their lives to the fullest.

My vision of a perfect world is one where everyone is united in love and peace, and where everyone is able to live their lives to the fullest.

A creed or motto is a guiding principle. A creed is...

*Jesus our High Priest, through the Holy Spirit, draws us into the Father's love, Elizabeth Wang, 2010.*





# identity

Values or beliefs I have learned from my family are . . .

My favorite quote, saying, or music lyric is . . .

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What I admire most about my parents or guardians is . . .

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bond. What are some of his or her special qualities?

A creed or motto is a guiding principle or statement of belief. My personal creed is . . .

We can find small acts in our everyday lives that we want to applaud. A recent event that made me want to stand up and cheer was when . . .

What I admire most about my parents or guardians is . . .

A friend or family member who . . .



Think about your brother or sister, or if you do not have siblings, a relative with whom you share a close bond. What are some of his or her special qualities?



# Prayer

Think about your core values, what matters most to you. Five statements that reflect what I believe at this moment in my life are . . .

What are some of the special qualities of the people who matter most to you?

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What are some of the special qualities of the people who matter most to you?

## My reflections

Think about what matters most to you. What reflections you reflect what I believe at this moment in my life are

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